

*Center for Women's Health and Wellness*  
*and*  
*Carolina Global Breastfeeding Institute*

*13<sup>th</sup> Breastfeeding and Feminism*  
*International Conference*

*The Dance of Nurture in a Complex World:*

*How biology, gender, and social context shape how we  
nourish our children*

**Wednesday, March 21<sup>st</sup> - Friday, March 23<sup>rd</sup> 2018**

**The Sheraton Hotel, Chapel Hill, NC**



THE UNIVERSITY of NORTH CAROLINA  
**GREENSBORO**  
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# Welcome to the 13<sup>th</sup> Breastfeeding and Feminism International Conference

## TABLE OF CONTENTS

1. WELCOME.....	2
2. BFIC 2018 THEME.....	4
3. NURSING ROOM AND RESTROOMS.....	5
4. CONTINUING EDUCATION CREDITS.....	5
5. EXHIBITORS.....	6
6. ADVERTISERS.....	7-9
a. Health e-learning.....	7
b. Mother to Baby.....	8
c. Step 2 Education.....	9
7. CONFERENCE BEST PRACTICES.....	10
8. BEST PRACTICES for LIVE TWEETING.....	11
9. MIRIAM LABBOK AWARD FOR EXCELLENCE.....	12-13
10. BFIC CONNECTS WITH the JOURNAL OF HUMAN LACTATION.....	14
11. BFIC SCHOLARSHIP AND DONATIONS .....	14
12. SPECIAL EVENTS.....	15-17
a. Photography Exhibition: The Invisible Breasts.....	15
b. Film: <i>The Milky Way: Witness the Nature of Nurture</i> .....	16
c. Film: <i>Chocolate Milk: The Documentary</i> .....	17
13. AGENDA.....	18-26
14. PRESENTER INFORMATION.....	27-51
15. NOTES.....	52

## Welcome to the 13th Breastfeeding and Feminism International Conference

### *The Dance of Nurture in a Complex World: How biology, gender, and social context shape how we nourish our children*

We are pleased to welcome back those of you who have attended this conference in the past as well as those of you who are coming for the first time. This conference continues to attract a wide diversity of presenters and attendees: established scholars, emerging and new scholars, students, health practitioners, lay advocates and supporters, and policy makers. BFIC is the highlight of our year – the ideas and discussions are stimulating and we enjoy the opportunity to reconnect with old friends and make new ones, and we hope you feel the same.

Organizing this conference annually is a labor...of love of course! It takes many people and still more are welcome. We want to acknowledge the various people who have helped pull this conference together this year.

***Our Planning team:*** These dedicated partners helped to shape our theme, our call for papers, managed social media, reviewed abstracts and helped plan the program. Please join us in thanking the following women for their service and being generous with their time and talents:

- **Erica Anstey**, Health Scientist, Nutrition Branch, Division of Nutrition, Physical Activity, and Obesity, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention
- **Jodine Chase**, Human Milk News
- **Aimee Eden**, Medical anthropologist and qualitative researcher, American Board of Family Medicine
- **Jane Grassley**, Professor and Jody DeMeyer Endowed Chair for Nursing, School of Nursing, Boise State University
- **Jeanette McCulloch**, IBCLC, BirthSwell
- **Aunchalee Palmquist**, Assistant Professor, University of North Carolina at Chapel Hill, CGBI
- **Tina Sherman**, Campaign Director for the Breastfeeding and Paid Leave Campaigns, MomsRising

***Our students:*** We want to acknowledge Stephanie Sistare Hill, CWHW Graduate Assistant and 2<sup>nd</sup> year MPH student in the Department of Public Health Education. She had her hands in most every aspect of the conference. This is her second year with us and we will be sad to see her go. We are pleased to welcome Peace Okpala, first year MPH student, and Danielle LaPlace, first year student in Women's and Gender Studies, to our team. Say "howdy" as you see them buzzing about.

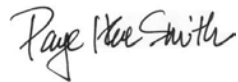
***Our Scholarship Committee:*** For several years, we have been able to provide a few scholarships to domestic and international presenters. More information is on page 14. We would like to thank Becky Spencer, who served as our chair again, and members Clifton Kenon, Erin O'Reilly and Emily Blacken. If you would like to be on this committee please contact Becky Spencer @bspencer@twu.edu

***Our Outreach Action Team:*** We formed a new committee this year to help us with outreach. Many thanks to members Tina Sherman, Harumi Reis-Reilly, Stacy Davis and Sara Goomis for stepping up to be our inaugural team. If you are interested in being on this team please contact Tina Sherman, at [tina@momsrising.org](mailto:tina@momsrising.org)

***Continuing Education and Registration:*** We want to thank the staff of UNCG Online for their work ---communicating with our authors to collect all the paperwork needed for CERPS and managing registration. Thanks to De Fuller, Bruce Loving and David Mitchell. We also want to thank Thea Calhoun, with the Carolina Global Breastfeeding Institute for handling CERPs.

***Hotel and Conference Space:*** We would like to thank the Sheraton Chapel Hill Hotel for our partner for many years in a row now.

**Welcome to the 13<sup>th</sup> BFIC! We are looking forward to your active participation and contributions,**



Paige Hall Smith, MPSH, PhD  
Director, Center for Women's Health & Wellness  
Professor, Public Health Education  
School of Health and Human Sciences  
University of North Carolina at Greensboro



Catherine Sposito Sullivan, MPH, RD, LDN,  
IBCLC, FAND  
Director, Carolina Global Breastfeeding Institute  
Clinical Assistant Professor  
Gillings Global School of Public Health,  
University of North Carolina at Chapel Hill

## **Overview of BFIC 2018 Conference Theme**

### ***The Dance of Nurture in a Complex World: How biology, gender, and social context shape how we nourish our children***

Our everyday infant and child feeding and nurturing activities are shaped by gender, customs, the sociopolitical environment, and by how lactation, the body, and culture relate. The interaction of all these factors leads to different ways of nourishing and nurturing across cultures, communities and populations. Breastfeeding, chestfeeding, pumping and human milk expression, use, donation, sharing, and selling are all activities that expand the diversity of infant feeding practices that we see in the world today. These practices carry multiple meanings across context, entailing different negotiations and compromises. Some of us are challenged by the pain, pleasures, and difficulties of using our bodies to care for another. Some are challenged by trying to breastfeed in a context shaped by systems of gender inequality that ignore the complexity of embodied, gendered nurture. Some experience challenges related to negotiating feeding and nurturing in a context of systemic racism, homophobia, classism, ableism, and other forms of prejudice and discrimination.

Our invited speakers were selected to address different aspects of this theme. Penny Van Esterik, a truly groundbreaking mother in our field, continues to impress as a retired professor. She wrote what was probably the first article entitled “Breastfeeding and Feminism” in 1994, and she just released a new book on “the dance of nurture” —which gave rise to our conference theme. We have two special panels this year to explore how breastfeeding, race, and racism continue to interact—we very much appreciate the contributions by the National Association of Professional and Peer Lactation Supporters of Color and SisterSong to help us examine this important subject. We are also pleased to welcome Trevor MacDonald, whose experiences giving birth and chestfeeding two children as a transgender man position him to help us learn more about nursing in a context that is both biologically and socially challenging, and to examine the experiences of LGBTQ+ parents through a social justice lens. Dixie Weber, Administrator for Women’s and Urology, St. Luke’s Medical Center in Boise, Idaho, will share her experiences developing health care services that are welcoming for diverse families and patients. Jennifer Yourkavitch, with IFC International, and Aunchalee Palmquist, Assistant Professor with the Carolina Global Breastfeeding Institute, focus on the nurturing practices of pumping and human milk sharing—and their associated challenges and pleasures. We are delighted to offer two other special panels that will stimulate our thinking on important topics of our time: conflicts of interest in funding for research (Penny Van Esterik, Joan Dodgson and Kimberly Seals Allers), and combatting misleading narratives around breastfeeding (Adrianna Logalbo and Kimberly Seals Allers). These folks will be joined by photographer Elizabeth Ubbe, filmmaker Elizabeth Bayne (Chocolate Milk), and film producers Chantal Molnar and Jennifer Davidson (The Milky Way)—these artists can perhaps help us see with a different side of our brain.

In addition, we will have conversations on topics that over 60 of you bring to the table: water insecurity; disaster response; women’s lived experiences; addressing inequities in communities; law and policy; health care responses; workplace innovations; medical reimbursement of lactation services; breastfeeding pain; and social media. Finally, we are fortunate to have contributors speaking about breastfeeding and practices in many regions, territories, and countries including Appalachia, Australia, Canada, Ghana, Guatemala, Indonesia, New Zealand, Nigeria, Poland, Puerto Rico, South Africa, Sweden, Switzerland, the United Kingdom; and other parts of the United States.

Let’s explore together the diversity of infant feeding practices and identify exciting approaches to supporting all those who feed and nurture infants and young children.

## NURSING ROOM AND RESTROOMS

### Nursing Room

The **Board Room** is available for those seeking a private space to nurse or pump  
There is a mini refrigerator in this room  
The door does not lock but there is a sign on the door asking people to knock before entering.

### RESTROOMS

People are free to use the restroom they believe best corresponds to their gender identity

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## CONTINUING EDUCATION CREDITS

IBLCE: 17.75 L CERPS

Carolina Global Breastfeeding Institute is providing CERPS.  
For more information contact Thea Calhoun  
dorothea\_calhoun@unc.edu

To receive credit, you need to sign in each day of the conference and you complete the electronic evaluation (mailed later)

**PLEASE VISIT OUR EXHIBITORS**

**THEY WILL BE HERE FOR THE DURATION OF THE CONFERENCE**

**Carolina Global Breastfeeding Institute**  
Department of Maternal and Child Health  
Gillings Global School of Public Health  
UNC Chapel Hill  
<http://breastfeeding.sph.unc.edu/>

**iLactation**  
231 Were St  
Brighton East VIC 3187  
Australia  
<http://ilactation.com/>

**Lactation Education Resources**  
6329 Genoa Road  
Tracys Landing, MD 20779  
[www.lactationtraining.com](http://www.lactationtraining.com)

**Step 2 Education International Inc.**  
5890 Monkland Avenue, #16  
Montreal, Quebec, Canada H4A 1G2  
<https://step2education.com/>

**Union Institute & University**  
440 East McMillan Street  
Cincinnati, Ohio 45206  
<https://myunion.edu/>

**WakeMed Mother's Milk Bank**  
1900 Kildaire Farm Road  
Cary, NC 27518  
<http://www.wakemed.org/mothers-milk-bank>

**Health e-Learning**  
International Institute of Human Lactation Inc.  
5890 Monkland Avenue, Suite 16  
Montreal, Quebec, Canada H4A 1G2  
<https://www.health-e-learning.com/>

**La Leche League USA**  
**La Leche League Canada**  
65 Vernon Street, Sewaren  
New Jersey, 07077, United States  
<https://www.llusa.org/> <https://www.llc.ca/>

**SafelyFed Canada**  
9351 Cameron Ave NW  
Edmonton AB T5H 3R5  
<http://www.safelyfed.ca>

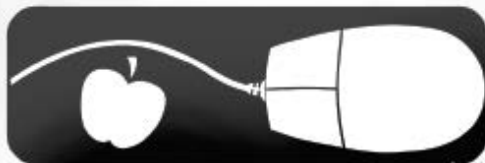
**UNCG Center for Women's Health & Wellness**  
PO BOX 26170  
Greensboro, NC 27412  
<https://hhs.uncg.edu/wordpress/cwhw/>  
**STOP BY FOR BOOKS!**

**World Alliance for Breastfeeding Action**  
PO Box 1200, 10850 Penang, Malaysia  
<http://waba.org.my/>

Online  
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## Need CERPs? Sitting the IBLCE Exam?

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[info@step2education.com](mailto:info@step2education.com)

## **Breastfeeding and Feminism International Conference Best Practices**

The Breastfeeding and Feminism International Conference (BFIC) brings together top researchers with on-the-ground practitioners in policy, programs, advocacy, and communications to identify and respond to the social, economic, and political contexts that affect and shape infant feeding practices and experiences that enhance breastfeeding equity across populations and communities.

The diversity of disciplines, professions, experiences, backgrounds, and cultures represented by our presenters and attendees is a strength of this conference. This breadth expands our individual and collective networks and opportunities for collaboration, exposes us to new ideas, and creates synergies and excitement. It could also lead to conflict and tension related to our different perspectives/backgrounds and strategies for addressing our critical work.

*To ensure that we create an inclusive environment for sharing our ideas and practices we invite everyone to:*

- Interact in ways that reflect the inherent worth and dignity of each person
- Value diversity
- Honor the contributions and needs of those who have been historically marginalized and strive to be welcoming
- Assume good intentions by others and have good intentions ourselves
- Be curious, appreciative and informed about perspectives that differ from our own
- Communicate with and about each other openly, kindly and respectfully
- Describe our own opinions and experiences using the word “I,” mindful that our views may not be shared by others
- Encourage and support the participation of everyone in the way that feels most comfortable for them

### *Social media practices:*

If you choose to take part in social media engagement related to the conference, please be clear, use quotation marks if quoting directly, and do not give away too much information regarding another’s research. Please be respectful, supportive, and have fun!

*For further information regarding best practices pertaining to social media engagement, please see the next page.*

## **Best Practices for Live-Tweeting (and other Social Media Engagement) at BFIC**

1. Do not tweet while you are on the dais or a part of the group presenting (unless it is part of the presentation and then please make that clear to the audience)
2. Attribution: make sure people know the main speaker or what the tweeting is about. For conferences, you often see the tweet prefaced by the speaker's last name. Use the conference hashtag or include the event's twitter handle so that people know where you are receiving your information. Try to link back to original works of the individual or the associated websites.
3. Be clear in your tweets about who is saying what. If you don't attribute and/or use quotation marks when reporting what has been said, people can (and rightly will) assume it's you saying it. If the speaker is on Twitter, find out what they are called on Twitter in advance, as their 'handle' will often be shorter than their name.
4. If you are quoting directly, use quotation marks. Think direct and indirect reported speech. Never assume anything you read online is from the public domain. Attribute other people's ideas or anything else you quote. It's not just good manners; it's professional ethics.
5. Don't share too much: it's hard to reveal too much in 140 characters, but you still need to be careful. The goal of live-tweeting is to share and engage, not give details. You don't want to jeopardize someone's research.
6. Be a good colleague by being positive and supportive of your peers. If there is something you want to critique, do it in a constructive not destructive manner. Approach peers in person if you want to have a more extended discussion. Also, respect the wishes of the individual if they ask that you don't share information online.
7. If you are going to take photos, whether you intend to post them online or not, always ask if it's OK first, even if it's impractical to do so. It's better not to take photos of large groups (i.e. the audience) unless you have permission from all of them to do so.
8. If you will be in charge of live-tweeting the whole event or individual sessions, take it seriously. It's a cliché but with great power comes great responsibility.
9. If you are live-tweeting an event, assume that people outside the conference will be interested and/or will read your tweets. This includes people who don't follow you directly. Explain frequently what that obscure hashtag means, so the hashtag achieves the purpose of promoting the event and ideas outside the walls of the event.
10. Link liberally. Search for references as speakers present. Share with your followers the resources the presenters are showing in the room – unless you are not meant to and one should expect speakers and/or organizers to indicate this in advance.
11. Enjoy it. Live-tweeting should be fun, empowering and inspiring. It should create positive opportunities. It's all about engagement, community building and widening participation.

## In remembrance of Dr. Miriam Harriett Labbok, 1949-2016



Dr. Miriam H. Labbok was legendary in the global breastfeeding community. She was present when what became the Innocenti Declaration was written on a napkin. She helped convene what was probably the first conference on “woman and breastfeeding” in the U.S. She was a pediatrician and an International Board Certified Lactation Consultant who dedicated her life to enhancing the lives of families across the globe. Over her career she worked for Georgetown, WHO, USAID, and UNICEF;

she was the North American Representative to the Steering Committee of the World Alliance for Breastfeeding Action and a founding member of the Academy of Breastfeeding Medicine. In 2006 was recruited to be the Founding Director of the Carolina Global Breastfeeding Institute (CGBI). And she was co-director of the Breastfeeding and Feminism International Conference from 2007-2016: she really put *International* into our name.

She is well known for her early research in the Lactational Amenorrhea Method of birth control and in the area of Breastfeeding Friendly Healthcare. She was a strong and vocal advocate for women’s rights around birth and breastfeeding. She believed to her core that breastfeeding was not just a child nutrition issue, that it was the basis for maternal and child health, well-being, and mortality. While Miriam advocated for evidence-based protection and promotion of breastfeeding, she particularly recognized the importance of providing material and structural support for breastfeeding mothers. She was an avid supporter of collaborations between researchers and practitioners to advance evidence-based practice and meaningful, practice relevant, research.

Her accolades are many -- most recently she received, in 2016, the US Breastfeeding Committee’s Legacy Award, the Crystal Rose from Reaching Our Sisters Everywhere and the Pat Martens Award for Excellence in Research from the Journal of Human Lactation. Also, in 2016 she was the first recipient of the BFIC’s Miriam H. Labbok Award for Excellences.

Of Miriam, Catherine Sullivan, now CGBI Director, writes “She was a bright, opinionated woman that was moving this work forward when breastfeeding rates were dismal and women did not have voices that were being heard, nor did they have support to meet their goals. She was often the loudest voice in the room and was tenacious in her approach. Miriam really opened herself to seeing changes in the fields of nutrition and lactation. She believed that it truly takes a village to help mothers and families realize their breastfeeding, birth and family planning goals. She felt there was a place at the table for everyone and that all kinds of families need all kinds of support.

Paige Smith, BFIC founder and co-director recalls, “Miriam was a friend to many of us and always mentoring those who came along the many trails she blazed. BFIC was not her only legacy but it was one of which she was proud – the four books we published together from this conference attest to the value we placed on providing a space for people from different backgrounds, professions, life experiences and viewpoints to come together with the shared goal of creating a world where breastfeeding is seen as essential aspect of health, nutrition, women’s and human rights.”

## MIRIAM H. LABBOK AWARD FOR EXCELLENCE

Each year we remember Miriam by offering the Miriam H. Labbok Award for Excellence to a person in their early or mid-career whose work reflects Miriam’s legacy. Our goal with the award is to honor emerging scholars and practitioners who are continuing her work and her legacy.

### PLEASE HELP US CONGRATULATE THE 2018 AWARDEE

#### **Lourdes Santaballa Mora**

Choosing the awardee for the Miriam Labbok Award for Excellence this year was a difficult task. Among the candidates were many who champion causes across the reproductive health continuum from breastfeeding to birth spacing. This challenge speaks to the wonderful work being done around the world by people who bring energy, integrity, intelligence, and creativity to their work, honoring and building on the foundation that is Miriam’s legacy.

Among the candidates, the selection committee sought to choose someone who was in the middle of their career; who had demonstrated initiative, and who had a future that could benefit from the recognition of the award.

*Lourdes Santaballa Mora* was selected because her work is vibrant, groundbreaking, and powerful. Lourdes, who is Puerto Rican, was living in Puerto Rico when it was hit by two hurricanes: first Irma, and then Maria. She took this moment of crisis and turned it into one of action. As she said, she “literally felt like the universe was talking to me in the middle of the apocalypse.” She founded Alimentacion Segura Infantil (ASI) to bring support to families with young children who could not make their way to help because of the chaos left in the wake of the storms.

As noted by Agustina Vidal in her letter of support, “I have no doubt that the lesson from ASI will have a long-lasting imprinting in the field of infant feeding during emergencies. In true Miriam fashion, Lourdes’ work is groundbreaking and trailblazing. When the emergency has passed, we will have a roadmap on what knowledge and skills communities need to keep the babies safe, a solid roadmap on how they can organize themselves and put themselves at the service of families and babies.”

This award recognizes Lourdes’ application of the concepts of safe infant and young child feeding in emergencies to a difficult situation while maintaining the vision to grow her organization -- beyond the natural crisis in which it was formed to one that will train peer counselors and lactation consultants for Puerto Rico in more stable times. Both Lourdes and ASI have the potential to continue to have tremendous impact.

#### **Past Recipients**

- ✓ 2016—Miriam H. Labbok
- ✓ 2017—Brooke Bauer

## BFIC CONNECTS WITH THE JOURNAL OF HUMAN LACTATION

We are pleased to announce **that abstracts from this year's BFIC will be published in the November issue of the *Journal of Human Lactation*.** All presenters -- including keynotes, plenaries, discussion sessions, and poster presenters -- are invited to submit an abstract for inclusion. More details on format and deadline will be provided at the conference and following. For more information please talk to Paige Hall Smith ([phsmith@uncg.edu](mailto:phsmith@uncg.edu)).

The abstracts for the 2017 conference are in the Journal of Human Lactation, Vol 33, No 4, November 2017 Issue.

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## BFIC SCHOLARSHIP AND DONATIONS

We are pleased this year to have awarded scholarships again this year. Our plan was to fund one full time scholarship for someone coming from within the United States and on full time scholarship for someone coming from outside the United States. Ten people applied for these scholarships. Our scholarship committee evaluated the applicants considering the importance of using the scholarships to support presenters whose "voices were not usually heard", add diversity to the conference, and provide support to those who otherwise did not have support.

**We are pleased to note that last year we received a donation from The Chicago Community Trust: Twelve Baskets Fund** to provide a scholarship to someone from the Chicago Area. We will be able to offer this for two years (2018 and 2019).

- ✓ This year we provided full or partial scholarships to 4 people from outside the United States, one person from the Chicago area, and one other from the United States.
- ✓ Many thanks to the scholarship committee who managed the application and selection process.
- ✓ If you or your organization would be interested in donating to the Breastfeeding and Feminism International Conference, please contact **Paige Hall Smith at [phsmith@uncg.edu](mailto:phsmith@uncg.edu)**



## SPECIAL EVENTS AT BFIC 2018

### PHOTOGRAPHY EXHIBITION: *The Invisible Breasts*

*The Invisible Breasts: A talk and exhibition by Elisabeth Ubbe, an award-winning photojournalist whose work focuses on women's issues, equality and sustainable development*

*Photographer – Elisabeth Ubbe*

**Wednesday, March 21 at the Reception starting around 8:15pm**

**THE INVISIBLE BREASTS**  
by photographer Elisabeth Ubbe

Visitors are welcome to become a part of the exhibition and have their own breastfeeding- or breast picture taken.

**Venue** Zurich Room  
**Wednesday** from 3.40 to 5 and during the reception  
**Thursday** from 8 to 9

**Become part of the exhibition by having your own breastfeeding or breast picture taken.**

**Venue: Zurich Room**

**Time: Wednesday (3:40pm-5:00pm, and during the reception) & Thursday (8am-9am)**

The pictures taken are added to the "The Invisible Breasts" collection. Elisabeth's goal is to make another book with ten times as many pictures as in the first book. Her dream is that The Invisible Breasts will be one part in changing how breastfeeding mothers are looked upon and treated. And also a change of how we look at women's bodies. Her idea is that participating can be a way for mothers to claim their space in the public space during the breastfeeding period and for women to claim their right to look the way they look instead of trying to fulfill an unrealistic ideal image. After photographing she will print one copy on the spot to add to the exhibition and one copy to give to the photographed person.



**FILM: *The Milky Way: Witness the Nature of Nurture***

*Discussion following the film with producers - Chantal Molnar and Jennifer Davidson*

**Thursday, March 22 at 8:30pm at the Sheraton Hotel**



“The Milky Way is a documentary exposé about breastfeeding in the United States. We show how women can reclaim their birthright and restore the nursing mother archetype. More than a breastfeeding promotion film, this is a film by, for, and about women. It is about the knowledge that inherently resides in every woman, how to access that knowledge and how to trust what we already know. It is a film that inspires women to say, ‘I can do that! I want to do that!’”

**FILM: *Chocolate Milk: The Documentary***

*Director/Producer - Elizabeth Bayne*

**Friday, March 23 at 10:55am-11:30am & 12:30pm-2:30pm**



## **Chocolate Milk: The Documentary**

*"a frank look at breastfeeding and the lucrative business of feeding black babies"*

Chocolate Milk is a feature length documentary that explores disparities in breastfeeding within the African American community through the stories of three women. The film covers themes of reproductive rights, access to affordable healthcare, and the need for more community support for mothers who choose to breastfeed. Chocolate Milk began as a web series featuring interviews with mothers and experts from the breastfeeding community.

Elizabeth Bayne is an award-winning producer, director and public health communications strategist. Elizabeth is committed to using film to promote health and social issues in underserved populations. Her production company, graybayne film/media, specializes in designing health communication tools for nonprofits and health organizations.

## AGENDA

### Tuesday evening, March 20

Registration 5-8pm

Exhibits 5pm+

Social media and Just Social meet-up, Sheraton Bar, Coaches Room: 7:30-until

### Wednesday, March 21

Time	Session and Speakers
8:00-all day	<ul style="list-style-type: none"> <li>• Registration</li> <li>• Exhibits</li> <li>• Coffee and tea</li> </ul>
8:30-10:00	<b>Mingling in the lobby w/coffee, tea and breakfast</b>
10:00-10:15 MAIN RM.	<p><b>Opening welcome and overview of the conference</b></p> <ul style="list-style-type: none"> <li>• Paige Hall Smith, Center for Women’s Health and Wellness</li> <li>• Catherine Sullivan, Carolina Global Breastfeeding Institute</li> </ul>
10:20-11:20 MAIN RM.  <u>Moderator:</u> Paige Smith	<p><b>Keynote Address: Dance of Nurture</b></p> <ul style="list-style-type: none"> <li>• Penny Van Esterik</li> </ul>
11:25-12:25 MAIN RM.  <u>Moderator:</u> Clifton Kenon	<p><b>Racism: Impact on Racial/Ethnic Disparities in Breastfeeding</b></p> <ul style="list-style-type: none"> <li>• Erica Anstey <ul style="list-style-type: none"> <li>○ <i>Racial and Ethnic Disparities in Breastfeeding by Income in the United States, 2013 Births</i></li> </ul> </li> <li>• Michelle Griswold <ul style="list-style-type: none"> <li>○ <i>Experiences of racism and breastfeeding initiation and duration among first-time mothers of the Black Women’s Health Study</i></li> </ul> </li> <li>• Laurel Wilson <ul style="list-style-type: none"> <li>○ <i>Weathering, Human Milk Feeding, and the Epigenome: The Implications of Race, Equity, and Prenatal Nutrition and Breastfeeding</i></li> </ul> </li> </ul>
12:30-1:30	<b>Lunch – 3<sup>RD</sup> Floor, Venetian Room</b>

Time	Session and Speakers
<p>1:35-2:35</p> <p>MAIN RM.</p> <p><b>Moderator:</b> Jeanette McCulloch</p>	<p><b>Racial Equity: A Call to Action</b> <i>A panel organized by the National Association of Professional and Peer Lactation Supporters of Color</i></p> <ul style="list-style-type: none"> <li>• Stacy Davis,</li> <li>• Felisha Floyd,</li> <li>• Mona Liza Hamlin</li> </ul>
<p>2:40-3:30</p> <p>MAIN RM.</p> <p><b>Moderator:</b> Becky Spencer</p>	<p><b>Black Women and Breastfeeding: A Reproductive Justice Story</b> <i>A panel organized by SisterSong</i></p> <ul style="list-style-type: none"> <li>• Omisade Burney-Scott</li> <li>• Monica Raye Simpson</li> </ul>
<p>3:40-4:00</p>	<p><b>Break</b></p>
<p>4:00-5:00</p> <p>BRUSSELS/ VIENNA</p>	<p><b>Learning with each other: Innovations in Practices and Programs Extravaganza</b></p> <ul style="list-style-type: none"> <li>• Maryam Alhabas <ul style="list-style-type: none"> <li>○ <i>The Effect of Workplace Breastfeeding Supporting Policy on Breastfeeding Duration in Riyadh, KSA</i></li> </ul> </li> <li>• Sarah Margaret Christy <ul style="list-style-type: none"> <li>○ <i>The Effects of Peer Support on Maternal Experiences and Breastfeeding Outcomes: An Evaluation of UNC's M.O.M. Networking Group</i></li> </ul> </li> <li>• Alena Clark <ul style="list-style-type: none"> <li>○ <i>Establishing, Maintaining, Marketing and Evaluating a University Lactation Support Program: A Collaborative and Inclusive Approach</i></li> </ul> </li> <li>• Kelli Damstra <ul style="list-style-type: none"> <li>○ <i>Moms Helping Moms Breastfeed Peer Mentor Project</i></li> </ul> </li> <li>• Jill Demirci <ul style="list-style-type: none"> <li>○ <i>Acceptability of an Antenatal Milk Expression Protocol among First-Time Mothers in the U.S.</i></li> </ul> </li> <li>• Carolina Maria de Sa Guimaraes <ul style="list-style-type: none"> <li>○ <i>Breastfeeding among Brazilian adolescent mothers: a longitudinal study</i></li> </ul> </li> <li>• Zara Jillani <ul style="list-style-type: none"> <li>○ <i>An Examination of the Relationship between Breastfeeding Initiation and Duration in the Workplace</i></li> </ul> </li> <li>• Deborah Lang <ul style="list-style-type: none"> <li>○ <i>Cultivating a Caritas Lactation Curriculum</i></li> </ul> </li> <li>• Ana Maria Linares <ul style="list-style-type: none"> <li>○ <i>Community-based Intervention to Enhance Exclusive Breastfeeding in Hispanic Women</i></li> </ul> </li> <li>• Juliana Cristina dos Santos Monteiro <ul style="list-style-type: none"> <li>○ <i>Breastfeeding images on the Internet: iconographic analysis</i></li> </ul> </li> </ul>

Time	Session and Speakers
5:05-6:05 MAIN RM. <u>Moderator:</u> Aimee Eden	<b>Global Challenges</b> <ul style="list-style-type: none"> <li>• Margaret Butler <ul style="list-style-type: none"> <li>○ <i>“Unbreasted”</i>: The far-reaching consequences of water insecurity for infant feeding</li> </ul> </li> <li>• Robyn Lee <ul style="list-style-type: none"> <li>○ <i>Mothers on the Market: Human Milk Exchange and Blurring the Boundaries Between Love and Work</i></li> </ul> </li> <li>• Hirut Melaku &amp; Lourdes Santaballa Mora <ul style="list-style-type: none"> <li>○ <i>Unpacking Emergency Response from 2017: Infant Feeding &amp; Maternal Health in Canada and Puerto Rico</i></li> </ul> </li> </ul>
6:10-6:25 MAIN RM.	<b>Presentation of the Miriam H. Labbok Award for Excellence and remarks by recipient</b>
6:30-7:30 MAIN RM.	<b>Conflicting interests, conflict of interest: How do real and perceived conflicts of interest impact our ability to fund academic research while ensuring families are protected from predatory marketing?</b> <i>Facilitators: Catherine Sullivan and Paige Hall Smith</i> <i>Remarks followed by discussion</i> <ul style="list-style-type: none"> <li>• Joan Dodgson, Kimberly Seals Allers, Penny Van Esterik</li> </ul>
VENETIAN 3 <sup>rd</sup> Floor	<ul style="list-style-type: none"> <li>• <b>Reception: heavy hors d'oeuvres + Cash bar</b></li> <li>• <b>The Invisible Breasts: A talk and exhibition by Elizabeth Ubbe, an award-winning photojournalist whose work focuses on women's issues, equality and sustainable development.</b></li> </ul>

Thursday, March 22

Time	Session and Speakers
8:00 – 9:00	<b>Registration &amp; Breakfast in the lobby</b>
9:00-9:15 MAIN RM.	<b>Opening welcome</b> Jane Grassley, BFIC Planning Team
9:15-10:15 MAIN RM. <u>Moderator:</u> Jeanette McCulloch	<b>Erasure or Inclusion? Finding Space for Chestfeeding in the Breastfeeding World</b> <ul style="list-style-type: none"> <li>• Trevor MacDonald</li> </ul>

Time	Session and Speakers
<p>10:20-11:20</p> <p>MAIN RM.</p> <p><u>Moderator:</u> Jane Grassley</p>	<p><b>Unique Families Program and Maximizing Neutral Compassionate Care</b></p> <ul style="list-style-type: none"> <li>• Dixie Weber</li> </ul>
<p>11:20-11:35</p>	<p><b>Break and exhibitor crawl</b></p>
<p>11:40-12:40</p> <p><b>BRUSSELS/ VIENNA</b></p>	<p><b>Learning with each other: Advances in Research Extravaganza</b></p> <ul style="list-style-type: none"> <li>• Saada Al-Barwani <ul style="list-style-type: none"> <li>○ <i>Arabic Translation and Linguistic Validation of the Revised Breastfeeding Attrition Prediction Tool</i></li> </ul> </li> <li>• Edith Amponsah <ul style="list-style-type: none"> <li>○ <i>Demographics of Donor Applicants to a Nonprofit Human Milk Bank</i></li> </ul> </li> <li>• Carolina Maria de Sa Guimaraes <ul style="list-style-type: none"> <li>○ <i>Breastfeeding self-efficacy between adolescent and adult mothers: analyses from the perspective of women's right</i></li> </ul> </li> <li>• Irma Hidayana <ul style="list-style-type: none"> <li>○ <i>The Role of the Church in Supporting Breastfeeding: A Case Study in Indonesia</i></li> </ul> </li> <li>• Melanie Miller <ul style="list-style-type: none"> <li>○ <i>Implicit Bias and Clinical Breastfeeding Care</i></li> </ul> </li> <li>• Juliana Cristina dos Santos Monteiro <ul style="list-style-type: none"> <li>○ <i>Breastfeeding self-efficacy and breastfeeding whiting an hour of birth among Brazilian adolescent mothers</i></li> </ul> </li> <li>• Amy Mullan <ul style="list-style-type: none"> <li>○ <i>Newcomers and Nursing: Infant Feeding Beliefs and Practices of Resettled Refugees in North Carolina</i></li> </ul> </li> <li>• Cecilia Obeng <ul style="list-style-type: none"> <li>○ <i>Cultural Strategies for Increasing Breast -milk Production by Nursing Mothers in Ghana</i></li> </ul> </li> <li>• Shirley Payne <ul style="list-style-type: none"> <li>○ <i>Breastfeeding Experiences of Mothers Who Have Children with Special Health Care Needs: A Case Study</i></li> </ul> </li> <li>• Bertrand Tambe <ul style="list-style-type: none"> <li>○ <i>The Constraints of Exclusive Breastfeeding in Sub-Saharan Africa: A cross-sectional study conducted in Efoulan Health District of Yaoundé-Cameroon</i></li> </ul> </li> <li>• Kristin Tully <ul style="list-style-type: none"> <li>○ <i>Shared infant-adult sleep surfaces on US postnatal units while rooming-in</i></li> </ul> </li> <li>• Kathryn Wouk <ul style="list-style-type: none"> <li>○ <i>The relationship between maternal positive emotions during feeding and breastfeeding outcomes</i></li> </ul> </li> </ul>

Time	Session and Speakers
12:40-1:40	<b>Lunch –Venetian Room</b>
1:45-2:30  <b>MAIN RM.</b>  <b>Moderator:</b> <b>Aunchalee Palmquist</b>	<b>Lived experiences in Context</b> <ul style="list-style-type: none"> <li>• Cheryl Benn &amp; Narges Alianmoghaddam <ul style="list-style-type: none"> <li>○ <i>Six Months Exclusive Breastfeeding: Socially Constructed Behaviour Influenced by Social Relationships and Social Interactions</i></li> </ul> </li> <li>• Sofia Rubertsson <ul style="list-style-type: none"> <li>○ <i>Go With the (Milk) Flow</i></li> </ul> </li> </ul>
2:40-3:25	<b>Concurrent Session #1 -- Choose 1</b> <ul style="list-style-type: none"> <li>• Tiffany (Tipper) Gallagher—Back room behind Main room <ul style="list-style-type: none"> <li>○ <i>Killing the Lactivist Public Relations Problem with Kindness</i></li> </ul> </li> <li>• Deborah Lang – Vienna B <ul style="list-style-type: none"> <li>○ <i>Cultivating a Caritas Lactation Curriculum</i></li> </ul> </li> <li>• Julianne McGuire – Brussels <ul style="list-style-type: none"> <li>○ <i>Strategies for implementing the Infant feeding guidelines in child care settings: National policy implications from the Australian LEAPS project</i></li> </ul> </li> <li>• Kathy Parry – Main Room <ul style="list-style-type: none"> <li>○ <i>Reaching the Rural Indigenous Mothers of Guatemala through Care Groups</i></li> </ul> </li> <li>• Nikia Sankofa -- Venetian Foyer (3<sup>rd</sup> Floor) <ul style="list-style-type: none"> <li>○ <i>Breastfeeding in the Community: Addressing Inequities through Micro-Level Policy, System and Environmental Changes</i></li> </ul> </li> <li>• Victoria Scott – Zurich <ul style="list-style-type: none"> <li>○ <i>Mobilizing a large integrated healthcare system toward improved workplace breastfeeding support</i></li> </ul> </li> <li>• Amanda Watkins &amp; Joan Dodgson –Paris 1 <ul style="list-style-type: none"> <li>○ <i>Timely topics addressed in the literature: What are the elephants in the room?</i></li> </ul> </li> <li>• Zainab Yate– Paris II <ul style="list-style-type: none"> <li>○ <i>“My body, your milk” : Why does body autonomy and consentmatter in those struggling with breastfeeding/ nursing aversion and agitation (BAA)</i></li> </ul> </li> </ul>
3:25-3:50	<b>Break</b>
3:50-4:50  <b>MAIN RM.</b>  <b>Moderator:</b> <b>Aunchalee Palmquist</b>	<b>Social Context: Policy and Law</b> <ul style="list-style-type: none"> <li>• Meghan Boone <ul style="list-style-type: none"> <li>○ <i>Lactation Law</i></li> </ul> </li> <li>• Sarah Gonzalez-Nahm <ul style="list-style-type: none"> <li>○ <i>Are state laws and regulations supportive of equity in breastfeeding?</i></li> </ul> </li> <li>• Alison Stuebe <ul style="list-style-type: none"> <li>○ <i>Health Policy and Law</i></li> </ul> </li> </ul>

Time	Session and Speakers
<p>5:00-5:45</p> <p>MAIN RM.</p> <p><u>Moderator:</u> Aunchalee Palmquist</p>	<p><b>Carolina Global Breastfeeding Institute: <i>Updates on initiatives to expand BFHI, Breastfeeding Friendly Communities, and increase the representation of women and men of color employed and serving as certified lactation consultants.</i></b></p> <ul style="list-style-type: none"> <li>• Catherine Sullivan</li> <li>• Kathy Parry</li> </ul>
<p>5:55-6:40</p>	<p><b>Concurrent Session #2 -- Choose 1</b></p> <ul style="list-style-type: none"> <li>• Stephanie Carroll – Back Room, Behind Main <ul style="list-style-type: none"> <li>○ <i>Barriers to Nourishing Babies in Appalachia: A Sociocultural Perspective</i></li> </ul> </li> <li>• Anna Brauch – Vienna B <ul style="list-style-type: none"> <li>○ <i>Supporting Dyads Facing Nursing Aversion, Past Trauma, and Gender Dysphoria</i></li> </ul> </li> <li>• Beth Olson -- Brussels <ul style="list-style-type: none"> <li>○ <i>BREASTfeeding and the Workplace: Integrating Frameworks into Action</i></li> </ul> </li> <li>• Martha Paynter – Zurich <ul style="list-style-type: none"> <li>○ <i>Addiction, Mental Health and Race: Breastfeeding and Incarcerated Women</i></li> </ul> </li> <li>• Amy Barron Smolinski – Paris 1 <ul style="list-style-type: none"> <li>○ <i>Lies and Lactation Cookies: Raising the Bar for Breastfeeding Support Groups Online</i></li> </ul> </li> <li>• Jennifer Weaver &amp; Jane Grassley –Paris II <ul style="list-style-type: none"> <li>○ <i>Cultural Attitudes, Women’s Experiences, and Breastfeeding Beyond the First Year</i></li> </ul> </li> <li>• Aimee Eden – Venetian Foyer (Upstairs) <ul style="list-style-type: none"> <li>○ <i>Physician (lack of) training in breastfeeding and human lactation</i></li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li>• <b>Dinner on your own in Chapel Hill</b></li> <li>• <b>8:30PM, <i>The Milky Way Movie-witness the nature of nurture</i> will be shown in the hotel in the main room. Conversation with producers, Chantal Molnar and Jennifer Davidson, following the show in the hotel bar.</b></li> </ul>	



Friday, March 23

Time	Session and Speakers
8:00-9:00	<b>Registration &amp; Breakfast in the lobby</b>
9:00-9:15  MAIN RM.	<b>Opening</b> Tina Sherman, BFIC Planning Team
9:15-10:00  MAIN RM.  <u>Moderator:</u> Jodine Chase	<b>Breast pumping and breast milk feeding cessation</b> <ul style="list-style-type: none"> <li>• Jennifer Yourkavitch</li> </ul>
10:05-10:50  MAIN RM.  <u>Moderator:</u> Jodine Chase	<b>Expressions of Care: Milk Sharing, Interembodiment, and the Senses</b> <ul style="list-style-type: none"> <li>• Aunchalee Palmquist</li> </ul>
10:55-11:30  MAIN RM.  <u>Moderator:</u> Tina Sherman	<b>Chocolate Milk</b> Elizabeth Gray Bayne filmmaker discusses her film and shows the first 10 minutes
11:35-12:20 (45 min)	<b>Lunch – Boxed Lunch – Venetian Room</b>

Time	Session and Speakers
12:30-1:30	<p><b>Concurrent Session #3 -- Choose 1</b></p> <ul style="list-style-type: none"> <li>• Elizabeth Grey Bayne -- Main Room <ul style="list-style-type: none"> <li>○ <i>Chocolate Milk--the rest of the film</i></li> </ul> </li> <li>• Paulina Erices—Back room, behind Main <ul style="list-style-type: none"> <li>○ <i>From the NICU to Home: Parents experiences</i></li> </ul> </li> <li>• Irma Hidayana—Vienna B <ul style="list-style-type: none"> <li>○ <i>Using Human Milk for Artwork &amp; Food: Is It Ethically Acceptable?</i></li> </ul> </li> <li>• Beatrice Ogbunda –Brussels <ul style="list-style-type: none"> <li>○ <i>Influence of grandmothers beliefs, knowledge, and attitudes on breastfeeding practices in Southwestern Nigeria</i></li> </ul> </li> <li>• Christine Rubertsson &amp; Karin Cato -- Zurich <ul style="list-style-type: none"> <li>○ <i>Swedish women’s thoughts about breastfeeding during late pregnancy</i></li> </ul> </li> <li>• Johanna Sargeant – Paris 1 <ul style="list-style-type: none"> <li>○ <i>Surprise! It’s Not About the Milk</i></li> </ul> </li> <li>• Lilian Scott – Paris II <ul style="list-style-type: none"> <li>○ <i>Breastfeeding, Chestfeeding, Lactation, &amp; LBGTQ+</i></li> </ul> </li> <li>• Hannah Tello - Venetian Foyer (3<sup>rd</sup> Floor) <ul style="list-style-type: none"> <li>○ <i>Sexual Trauma Survivors and Breastfeeding: Biopsychosocial Mechanisms to Prevent Retraumatization and Promote Post-Traumatic Growth</i></li> </ul> </li> </ul>
1:35-2:35	<p><b>Workshops -- Choose 1. (DESCRIPTION FOLLOWING AGENDA)</b>  <b><i>Choose a cookie on the way to your workshop</i></b></p> <ul style="list-style-type: none"> <li>• Ellen Chetwynd – Back Room, Behind Main <ul style="list-style-type: none"> <li>○ <i>The Journey to Medicaid Reimbursement of Medical Lactation Services in North Carolina</i></li> </ul> </li> <li>• Norma Escobar – Vienna B <ul style="list-style-type: none"> <li>○ <i>Disruptive Innovation in Mentorships: #DontLetLactationDie</i></li> </ul> </li> <li>• Martelle Esposito—Brussels <ul style="list-style-type: none"> <li>○ <i>Connecting with Patients/Clients Through Storytelling</i></li> </ul> </li> <li>• Linda Kopecky – Zurich <ul style="list-style-type: none"> <li>○ <i>Can Family Friendly Policies Increase Breastfeeding and Equity in a Diverse Workforce?</i></li> </ul> </li> <li>• Renada Lewis—Paris I <ul style="list-style-type: none"> <li>○ <i>Healthy Hearts Plus II –Mommies, Bellies, Babies &amp; Daddies –C.B.S. Approach to Sacrificial Zones</i></li> </ul> </li> <li>• Trevor MacDonald –Paris II <ul style="list-style-type: none"> <li>○ <i>“What Can I Do?” Practical, Positive Steps Toward Gender Inclusion</i></li> </ul> </li> <li>• Amber Valentine -- Venetian Foyer (3<sup>rd</sup> floor) <ul style="list-style-type: none"> <li>○ <i>Multidisciplinary Approach to Diagnosis and Treatment of Breastfeeding Pain</i></li> </ul> </li> </ul>
2:35-2:50	<b>BREAK</b>

Time	Session and Speakers
<p>3:55-3:55</p> <p>MAIN RM.</p> <p><u>Moderator:</u> Jeanette McCulloch</p>	<p><b>Social context: Social media</b></p> <ul style="list-style-type: none"> <li>• Spring-Serenity Duvall <ul style="list-style-type: none"> <li>○ <i>Discursive formations of white feminism, privilege, and visibility in the #freethenipple campaign to change social media nudity policies</i></li> </ul> </li> <li>• Katherine Foss <ul style="list-style-type: none"> <li>○ <i>Breastfeeding and Media: Exploring 200 Years of Conflicting Discourses</i></li> </ul> </li> <li>• Lula Mecinska <ul style="list-style-type: none"> <li>○ <i>Patching the gaps: how online support shapes breastfeeding practices in Poland</i></li> </ul> </li> </ul>
<p>4:00-5:00</p> <p>MAIN RM.</p> <p><u>Moderator:</u> Jeanette McCulloch</p>	<p><b>Fact Vs. Fib: Combating Misleading Narratives Around Breastfeeding</b></p> <ul style="list-style-type: none"> <li>• Adriana Logalbo</li> <li>• Kimberly Seals Allers</li> </ul>
<p>5:00-5:30</p>	<p><b>Final discussion</b> <i>Final thoughts by keynotes and participants</i></p>
<p><b>Post conference conversation in the bar (Dutch treat!)</b></p>	
<p><b>Group Dinner for those interested (Dutch treat!) – Time TBD but possibly 7:30 or 8 at Mint on Franklin Street</b></p>	

**PRESENTER BIOGRAPHIES**  
*In alphabetical order by first name*

**Adrianna Logalbo, Managing Director, 1,000 Days**

Adrianna Logalbo is Managing Director of 1,000 Days, providing strategic leadership across 1,000 Days' initiatives including U.S. policy and advocacy, communications and public engagement. Adrianna brings over a decade of experience in engaging communities “outside the beltway” on some of the world’s most pressing global challenges, from malaria to malnutrition. Prior to joining 1,000 Days, Adrianna led the UN Foundation’s Nothing But Nets campaign, serving as the Executive Director of the global, grassroots campaign to raise awareness and mobilize resources to prevent malaria in Africa. Adrianna led the successful campaign to over \$35 million dollars raised, managing over 20 national partners and more than 100,000 supporters. Most recently, Adrianna worked at the Global Alliance for Improved Nutrition (GAIN) to provide innovative and easy ways for individuals, businesses and organizations to take action to address the global nutrition challenge. Adrianna is a graduate from Middlebury College with a joint degree in Sociology-Anthropology and Geography.

**Aimee R. Eden, PhD, MPH**

Aimee Eden, PhD, MPH, is a medical anthropologist and qualitative researcher at the American Board of Family Medicine (the ABFM). Dr. Eden also holds a master’s degree in international development and is a returned Peace Corps volunteer (Kazakhstan 2000-2002). Her research areas include reproductive and maternal and child health, breastfeeding, healthcare workforce issues (particularly around breastfeeding support, primary care, and family medicine), health inequities/disparities, and global medical migration. She served as Treasurer and Research Committee Chair while on the Board of Directors of the International Board of Lactation Consultant Examiners (IBLCE) from 2010-2016 and is currently a board member of the Monetary Investment for Lactation Consultant Certification (MILCC). She is on the editorial board of the Journal of Human Lactation.

**Alena Clark, PhD, MPH, RD, CLC; Yvette Lucero-Nguyen, MPH**

Alena Clark is currently the Program Coordinator and an Associate Professor in the Nutrition and Dietetics Program at the University of Northern Colorado in Greeley, Colorado. Dr. Clark’s current research focuses on developing and evaluating programs that support breastfeeding working parents. She serves as a lactation counselor for her community. She earned a Ph.D. in Human Nutrition at Colorado State University, a M.P.H. in Public Health Nutrition at the University of Minnesota and a B.A. in Nutrition and Dietetics at Concordia College. Dr. Clark is a registered dietitian and has worked in various settings including hospitals, public health agencies and academia. She is involved in many organizations that advocate the need to promote healthy lifestyles for women, children and infants including advisory boards for preconception health and breastfeeding coalitions. In addition, she enjoys traveling and exploring the outdoors with her family.

**Alison M. Stuebe, MD, MSc**

Dr. Stuebe completed her Obstetrics and Gynecology residency at Brigham and Women’s Hospital and Massachusetts General Hospital in Boston. She completed fellowship training in Maternal Fetal Medicine at Brigham and Women’s, and she earned a Masters in Epidemiology from the Harvard School of Public Health. She has published more than 100 peer-reviewed articles. She is currently Distinguished Scholar in Infant and Young Child Feeding and associate professor of maternal-fetal medicine at the University of North Carolina. In the clinical arena, she is Medical Director of

Lactation Services at UNC Health Care, and she works with an interdisciplinary team of faculty and staff to enable women to achieve their infant feeding goals. She is also a member of the ACOG Breastfeeding Expert Working Group. Her current research focuses the role of oxytocin in women's health, as well as developing novel approaches to caring for families during the Fourth Trimester.

**Amanda L. Watkins, PhD, RD, LDN, IBCLC**

Dr. Watkins is the Executive Director for Global Lactation Education Associates, an organization dedicated to changing health professionals' lactation practices through education and research. Her passion for teaching academic and professional breastfeeding courses stems from over 20 years of experience working as a Registered Dietitian and International Board Certified Lactation Consultant; she has worked in public health and taught college-level professional lactation courses. Recently, she was appointed to the Lactation Education Accreditation and Approval Review Committee's (LEAARC) Board of Directors. Dr. Watkins has published numerous research articles; her research interests include breastfeeding educational interventions for health professionals and community-based breastfeeding decisions.

**Amber Valentine, MS, CCC-SLP, BCS-S, IBCLC, CNT**

Amber Valentine is a Speech-Language Pathologist who graduated from the University of Kentucky with her MS in Communication Disorders. She is a Board Certified Specialist in Swallowing and Swallowing Disorders and an International Board Certified Lactation Consultant. She recently completed her credentials to become a Certified Neonatal Therapist. She worked for Baptist Health Systems, Inc for 8 years before moving to Florida where she worked for Wolfsons Children's Hospital and Mayo Florida. She is now back in Kentucky working for Baptist Health Lexington. She has experience in adults and pediatrics with feeding and swallowing difficulties including: bedside swallow evaluations, Modified Barium Swallow studies, FEES, and pediatric feeding evaluations including NICU. She has provided guest lectures for the University of Kentucky and the University of Louisville on feeding and swallowing topics. She has presented at the hospital level, local, state, national, and international levels on pediatric feeding/swallowing and breastfeeding.

**Amy Mullan**

Amy Mullan is a senior at Elon University, majoring in Public Health and Policy Studies and minoring in Environmental Studies. In 2016, Amy received Elon University's Lumen Prize, a \$15,000 scholarship to support undergraduate researchers and their projects. With the support of the Lumen Prize, Amy completed a qualitative research project which investigated the infant feeding beliefs and practices of resettled refugee families living in North Carolina. As Student Director of Campus Kitchen at Elon University, Amy works in conjunction with Elon's Loy Farm and Elon Dining, and coordinates the work of volunteers who address food insecurity and food waste. Amy and other Campus Kitchen volunteers prepare and deliver 200 meals with organic produce they grow at Loy Farm to local hunger-relief organizations. Amy is a Certified Breastfeeding Specialist and was named a Truman Scholarship Finalist in 2017.

**Ana Maria Linares, DNS, RN, IBCLC; Mary Kay Rayens, PhD; Mark Dignan, PhD, MPH.**

Ana Maria Linares graduated and received her degree in midwifery from the University of Chile. She earned a Doctor of Nursing Science degree in 2006 from the University of Nuevo Leon in Monterrey, Mexico. She obtained her RN license in Kentucky in 2009 and 2012 the credential as International Board Certified Lactation Consultant (IBCLC). Dr. Linares previously worked as Associate Professor in Chile, where she served as a Dean of the College of Midwifery and as a professor of obstetrics and neonatology to undergraduate nurse midwifery students. Dr. Linares has

recently been promoted as an Associate Professor at the College of Nursing, University of Kentucky, where she teaches obstetric nursing in the undergraduate program. Dr. Linares has a program of research on health disparities with an emphasis on the promotion of breastfeeding. She is conducting several studies on breastfeeding in KY including a randomized controlled trial among Hispanic women and their family support person to assess the effectiveness of an innovative and community-based family-centered intervention that seeks to enhance exclusive breastfeeding. Additionally, she is leading a multisite international study to define the cultural determinants of exclusive breastfeeding in Latino America countries. Dr. Linares has disseminated findings in peer-reviewed publications and through oral/poster presentations at national and international conferences. Dr. Linares has been awarded the Breastfeeding Champion Award from the Breastfeeding Improvement Network Kentucky Lactation in 2014, and with the Terry Jo Curtis 2016 Award, by the US Breastfeeding Consultants Association (USLCA), which is delivered to relevant national researchers working with vulnerable populations.

### **Anna Brauch, BA, CBS, LLLL**

Anna Brauch became a nursing parent in 2013 and entered the lactation support field two years later. They are a La Leche League Leader, Certified Breastfeeding Specialist and IBCLC candidate preparing to sit for the exam this year. With a passion for advancing equity in lactation and infant feeding support, Anna also acts as Equity Advocate for La Leche League of Minnesota and the Dakotas, and works as a parenting group facilitator and breastfeeding/chestfeeding educator for the Queer Birth Project. Anna holds a BA in Gender, Women and Sexuality Studies from the University of Minnesota. They have presented on topics related to feminism and queer cultural studies for the National Femme Conference, the Experimental College of the Twin Cities, the Midwest BLGTA College Conference, La Leche League, and the Queer Birth Project. Anna lives in Minneapolis with their two preschoolers and their partner.

### **Aunchalee E.L. Palmquist, PhD, IBCLC**

Dr. Palmquist is an Assistant Professor in the Dept. of Maternal and Child Health and the Carolina Global Breastfeeding Institute, Gillings School of Global Public Health, University of North Carolina-Chapel Hill. She is a medical anthropologist and an International Board Certified Lactation Consultant (IBCLC). Dr. Palmquist has served as an International Lactation Consultants Association (ILCA) liaison to the United Nations advocating for global breastfeeding policy, and represents CGBI in the WHO/UNICEF Global Breastfeeding Collective. Her research focuses on the critical biocultural contexts of human lactation, global perinatal maternal-infant health disparities, human milk sharing and milk banking, and infant and young child feeding in emergencies.

### **Beatrice O. Ogbunda, PhD**

Beatrice Olubukola Ogunba is a Nutritionist specializing in Maternal and Child Nutrition. Her area of research has been in breastfeeding and complementary feeding practices. She is a Reader in the Department of Family, Nutrition and Consumer Sciences, Faculty of Agriculture, Obafemi Awolowo University, Ile-Ife, Nigeria. She had her PhD Degree in Public Health Nutrition from the University of Ibadan, Nigeria in 2007 and she is being working in the University as an academic staff from 1995 to date. Dr. Ogunba has 32 published journal articles and 6 conference proceedings. She is the Chief Executive officer of Maternal and Child Resource initiative on Breastfeeding (MaCRIB) from 2016, a Non-Governmental Organization (NGO) that promote exclusive breastfeeding for six month and continued breastfeeding to 2 years especially in rural communities. She achieved this by working with community health workers, educational outreaches to mothers in antenatal clinics and communities. She is a member of 8 professional associations.

**Beth H. Olson, PhD & Madeleine Sigman-Grant, PhD, RD**

Dr. Olson is an Associate Professor & Extension Specialist in Nutrition at UW Madison. She has many years of experience working in community-based nutrition and breastfeeding support, integrating research and evidence-based practices into the development of on-going nutrition education programming. She has been funded by USDA to investigate the workplace climate for breastfeeding support, resulting in instruments to measure employee perceptions, manager attitudes, and company supports, and exploratory work in the relationship among these components to employee breastfeeding support. Another focus of Dr. Olson's work has been evaluation of a peer-counseling breastfeeding support program. Publications include the views of peers and participants on the program, analysis of characteristics associated with program success, and feasibility of a program model with closer WIC integration and standardized nutrition education. Dr. Olson also teamed with economists to conduct a quasi-experimental study of breastfeeding outcomes for women enrolled in the program compared to those referred and not enrolled. Making use of Medicaid data, the team published some of the first data on health outcomes of such a program. Dr. Olson's current research seeks to determine the best options for involving health professionals with public health to support families of infants. Her lab has conducted focus groups with health care professionals, and worked closely with these providers (physicians, nurses, lactation consultants) to provide information to low income parents which is not only evidence based, but includes tenets of health behavior theory and adult-centered learning, important to successful implementation of healthy behavior change. Through research and collaborations with Cooperative Extension, she has gained considerable expertise in the development and testing of instruments for research and evaluation purposes, the provision of nutrition education to low-income families, and the factors associated with families' choices in making infant feeding decisions. Dr. Olson has used this body of work to author supplemental lessons (Feeding infants 0-6 and 6-12 months), as well as a nutrition education lesson for pregnant women, for a widely used EFNEP curriculum "Eating Smart, Being Active": <http://www.ext.colostate.edu/esba/>, and to contribute to the preschooler Food Guide Pyramid, She has just become chair-elect of the Maternal, Perinatal and Pediatric Research Interest Section of the American Society for Nutrition. She is also a member of the Society for Research in Human Milk and Lactation, The Society of Nutrition Education and Behavior, and The Work and Family Researchers Network.

**Carolina Maria de Sá Guimarães, RN, IBCLC, Ms**

I'm an obstetric nurse and graduated from University of Sao Paulo Ribeirao Preto College of Nursing (EERP/USP). I'm an International Certified Lactation Consultant (IBCLC/USA) and I work with families during pregnancy and postpartum period, supporting breastfeeding at home. Also, I train health professionals about maternal and child health, and about breastfeeding promotion and support too. I earned a master's in public health degree from University of Sao Paulo Ribeirao Preto College of Nursing, and my research was about women's breastfeeding and self-efficacy. Currently, I'm a Doctoral Student at this University and I'm researching about breastfeeding and mHealth technologies and a member of the Nursing, Women and Health Research Group.

**Catherine Sullivan, MPH, RD, LDN, IBCLC, FAND**

Catherine Sullivan, MPH, RD, LDN, IBCLC, FAND is Director of the Carolina Global Breastfeeding Institute and a clinical assistant professor in the Department of MCH at the Gillings School of Public Health, UNC-Chapel Hill. She is a registered/licensed dietitian and a board certified lactation consultant with over 20 years of public health nutrition and breastfeeding

experience. Catherine serves as course coordinator for the Mary Rose Tully Training Initiative, facilitates the National Collaborative for Advancing the Ten Steps, and serves as breastfeeding expert on CDC's EMPOWER Breastfeeding Initiatives. Catherine is an Elected Director to the US Breastfeeding Committee, Co-Chair of the North Carolina Lactation Consultant Association and Immediate Past Chair of the Women's Health Dietetic Practice Group for the Academy of Nutrition and Dietetics.

### **Cecilia Obeng, PhD**

Dr. Cecilia Obeng is an Associate Professor of Public Health within the Applied Health Service Department at the Indiana University School of Public Health. Her research interests include breastfeeding and child health, pre-school children's health, the role of the family in the development of the child, immigrant families' health, and culture and health. She has taught breastfeeding and children's health as a college course at Indiana University. She serves as an academic advisor to both master and doctoral level students. She is the past Chair of the Early Childhood Health Education and Service Council of the American School Health Association.

### **Cheryl Benn, RM, PhD, IBCLC**

Cheryl Benn is a LMC midwife doing home and hospital births, midwifery advisor to Whanganui and MidCentral District Health Boards. Cheryl has been a IBCLC since 1992 and works with women and babies for whom she provides midwifery care. She was a LEAARC Board member from 2009-2017 and continues to do doctoral supervision and examinations for candidates completing degrees with a focus on midwifery practice, breastfeeding and women's health. Her passion is to support women to become strong and confident through their birthing and breastfeeding experiences. Cheryl is married to Ken. They have 2 adult children, James and Ceridwen.

### **Deborah Lang, MSN, RN, IBCLC**

The key to breastfeeding practices is continued day to day support for the breastfeeding mother within her home and community." (1993) WHO. This has been the scope of Ms. Lang's practice over the last forty decades as a nurse and lactation consultant. Ms. Lang has developed three lactation consultant practices at Howard County General Hospital, Johns Hopkins Hospital and currently at Johns Hopkins Bayview Medical Center. A result of this program Howard County General Hospital and Johns Hopkins have been designated Baby Friendly Hospitals. In her role as lactation consultant coordinator she has written, taught and developed lactation training for student nurses, medical students at Johns Hopkins Hospital, fellow nurses. In addition, she has developed prenatal breastfeeding classes, outpatient clinic visits, mother support groups. Her community outreach includes working to develop the Maryland Breastfeeding Coalition and she continues to serve on the board of directors. In addition, she represents Maryland Breastfeeding Coalition at the United States Breastfeeding Coalition. Her other outreach activities include as a liaison representative to the United Nations and participating in the United Nations Women at the yearly conference Committee on the Status of Women. Currently she is working with Johns Hopkins Bayview, Healthy Baby Start and city of Baltimore to establish a clinic outreach for the city of Baltimore.

### **Dixie K. Weber MS, RN**

Dixie Weber is the Administrator for Women's and Urological Services at the St. Luke's Health System in Boise, Idaho. She is a frequent speaker at nursing, leadership and AWHONN conferences. Dixie currently serves as the Idaho AWHONN Section Leader. For the past 15 years,



Dixie has specialized in Maternal-Child Healthcare and has held numerous leadership and programmatic positions within the specialty. She also taught hands-on clinical care at the university level. Dixie completed her undergraduate degree at the Washington State Intercollegiate College of Nursing. Additionally, she holds a Master's Degree in Nursing Leadership, as well as, a post-graduate certificate in Adult Learning Theory. She is a natural educator and loves to share her passion and knowledge around nursing leadership, management and quality improvement with others. She has developed numerous innovative programs and has spoken across the country on topics including Generational Workforce Management, Adoption and Surrogacy, and Leadership Development. Her current focus is on the development of a Substance Abuse during Pregnancy program, Utilization of integrative therapies in the in-patient setting for women, outreach and perinatal education programs for the female prisoner population, and the development of a perinatal patient education smart phone APP. Dixie currently resides in Boise, Idaho with her husband of 18 years and her two energetic school age boys. Her personal hobbies include golf, playing in the mountains with her kids, and spending time with her friends.

### **Edith Amponsah**

Edith Amponsah is a current first year graduate student at the Gillings School of Global Public Health at UNC-Chapel Hill. She is a Master of Public Health candidate in Maternal and Child Health. Before coming to North Carolina, she graduated from the College of William and Mary in 2016 where she studied public health and anthropology. After graduation, she ventured into public health research at Eastern Virginia Medical School and the Children's Hospital of The King's Daughters studying the 'Demographics of Donor Applicants to a Nonprofit Human Milk Bank' which is being presented today as a poster. Her interests in Maternal and Child Health include: breastfeeding medicine, maternal mental health, family planning and conception, and research around the life course model.

### **Ellen Chetwynd, PhD MPH BSN IBCLC**

Ellen Chetwynd is a researcher, writer, senior lactation consultant, and breastfeeding advocate. She will be presenting on the work she did with the North Carolina Child Fatality Task Force to advocate for, support, and consult on the Medicaid policy for reimbursement of lactation services. In her clinic practice she specializes in breastfeeding pain and dysfunctional suck using a series of techniques she created using a broad range of modalities, including cranio-sacral therapy, that access infant reflexes and learning, guiding babies to think their way to better nursing. These techniques push lactation consultants to integrate infant body dynamics and learning into problem solving at the breast rather than leaning on the more traditional approach that assesses latch and positioning in the context of infant and maternal physiology. Her work is a balance between research, clinical practice, and breastfeeding advocacy with each area of focus informing the others. Her research focuses on the craft of lactation consulting. Current projects include a study on the effect of incorporating therapeutic breast massage in lactation (TBML) on the rate of antibiotic use for mastitis, a protocol implemented in an out of hospital birth center to reduce the rate of slow weight gain at 2 weeks postpartum, and a qualitative study on how clinical practitioners in lactation have learned about managing ankyloglossia. She has also published a number of papers on the topic of integration of the International Board Certified Lactation Consultants into the healthcare system, which has also been the basis of her advocacy work. Ellen is a Research Scientist of Clinical Lactation at North Carolina State University in the MILK Lab (Maternal and Infant Lactation Knowledge) and a lactation consultant at the Women's Birth and Wellness Center, an out of hospital birth center and full scope lactation service. She is a founding member of two businesses: Next Level Lactation LLC, which provides advanced education in clinical lactation, and Teaching Babies

to Nurse LLC, which promotes new techniques in lactation consulting focused on infant behavior and learning. She serves as the Chair of the North Carolina Breastfeeding Coalition and is a member of the Perinatal Health Committee of the Child Fatality Task Force. Websites: [nextlevellactation.com](http://nextlevellactation.com), [ellenchetwynd.com](http://ellenchetwynd.com), [ncbirthcenter.org](http://ncbirthcenter.org) and [breastfeeding.cals.ncsu.edu](http://breastfeeding.cals.ncsu.edu)

### **Elizabeth Bayne, MPH, MFA**

Elizabeth Bayne is an award-winning producer, director and public health communicator. Earning her MPH from the Yale School of Public Health and MFA from the Art Center College of Design, Elizabeth is committed to working at the intersection of social impact and film. She is currently producing *Chocolate Milk*, her first feature documentary.

### **Erica H. Anstey, PhD, CLC**

Erica Hesch Anstey works for McKing Consulting Corporation in the Nutrition Branch of the Centers for Disease Control and Prevention (CDC) where she works with the Infant Feeding Team on translating research into guidance. She received her PhD in public health from the University of South Florida in Tampa. She also has an MA in women's studies and is a certified lactation counselor (CLC). Erica has a longstanding interest in maternal and child health. Her research interests include breastfeeding management issues, maternity care practices that support breastfeeding, breastfeeding disparities, and family-centered care. Her dissertation focused on International Board Certified Lactation Consultants' (IBCLCs') perceived professional barriers to managing early breastfeeding problems. At CDC she is a subject matter expert in breastfeeding, works on the Maternity Practices in Infant Nutrition and Care (mPINC) survey, and studies surveillance data to track breastfeeding disparities, among other things. Erica also serves as the Nutrition Branch liaison for CDC's Division of Nutrition, Physical Activity, and Obesity Health Equity Workgroup.

### **Felisha Floyd, BS, CLC, IBCLC**

Felisha Floyd, BS, CLC, IBCLC is currently Lactation Coordinator for Hospital Corporations of America system in Florida. She also offers infant feeding support, mentorship, and education to her local community via her private practice, *Beyond Breastfeeding*. Felisha is affectionately known as the social media guru "Blactavist!" (Black Lactation Activist). This online community consists of approximately 38,000 supporters on Twitter, Facebook and Instagram, and is dedicated to empowering African American families to breastfeed. In addition to these roles, Felisha is one of the founding mothers and current President of the non-profit The National Association of Professional and Peer Lactation Supporters of Color, affectionately known as "NAPPLSC". She is also a Center for Social Inclusion First Food Equity Cohort member. She is the co-author of Clinical Internships for the Next Generation of IBCLCs, an article featured in *The Journal of Human Lactation*. Felisha also serves with high honor as a member of the Global Board of Directors for Mom2Mom Global, the Advocacy Chair for the State of Florida Breastfeeding Coalition, and Secretary of the Board of Directors for the United States Breastfeeding Committee (USBC).

### **Hannah Tello, MA, Med**

Hannah Tello is a PhD student in Applied Psychology and Prevention Science at the University of Massachusetts Lowell. Her research explores the perinatal experiences of sexual assault survivors, particularly in the context of infant feeding and care-seeking experiences. She is also a breastfeeding counselor and served as a La Leche League Leader, as well as founded the Greater Lowell Health Alliance Subcommittee on Breastfeeding. She has worked as a comprehensive sexual education teacher in both public schools and community organizations and submitted testimony on a number

of policy issues related to equity in reproductive health access. Her prior research and action projects include the implementation of parent-friendly campus policies on university campuses and the development of a school-based health center linked to the family planning department at a local community health center. She lives in Massachusetts with her son, Pax, and her parents.

### **Hirut Melaku, B.A., IBCLC**

Hirut Melaku, B.A., IBCLC, is a birth worker and reproductive justice advocate who applies early intervention strategies and preventative care models into her work using an anti-oppression framework. The investigative and reporting work that she has done in the last 20 years has been used by many, including the United Nations, to determine humanitarian aid, and by local players to develop initiatives, programs and interventions in the area of mental health, and parental and infant health. She contributes to repairing the world as a healer, nurturer, and as a speaker of truth. Hirut credits her ancestors, unique background and intersectional identities (Ethiopian-Jew, queer, mother of a gifted child with [dis]abilities, Montréalaise) for keeping her grounded and connected. She runs her own private practice specializing in inclusion and equity. She is a co-founder of the Third Eye Collective, the only survivor-led organization in Canada for Black women who have experienced gendered violence. She loves traveling as a result of having lived/studied/and worked in Africa, North America, and the Middle East.

### **Irma Hidayana, MPH**

Irma Hidayana is a breastfeeding advocate in Indonesia. She receives the Indonesian government scholarship award (LPDP) for her current doctorate study at the department of Health and Behavior Studies, Teachers College, Columbia University. Hidayana's research is focused on addressing the public health problem of aggressive marketing by multinational corporations of their commercial formula as a breast-milk substitute, which leads to many women around the globe abandoning breast-feeding and missing out on the many health benefits for the developing infant from breast-feeding. She is also interested in studying mothers' experiences in perceiving commercial formula marketing messages – including attitudes about advertising and any Maternal and Child Health program messages that multinational corporations might be involved in, and its effect on infant feeding pattern. She writes numerous Op-Ed on demarketing and counter marketing infant formula (i.e. Effort needed to counteract infant formula marketing, Breastfeeding rates: Is baby formula marketing to blame?; Demarketing infant formula, Prevent conflict of interest in reducing malnutrition; and Stop manipulation at the expense of infant nutrition), which critically evaluating the marketing of commercial formula in Indonesia. Her recent publications are included: **Hidayana, I., Februhartanty, J., & Parady, V. A. (2017). Violations of the International Code of Marketing of Breast-milk Substitutes: Indonesia context. *Public Health Nutrition*, 1-9.** She also collaborates with Indonesian artists to promote breastfeeding as well as to counter the marketing of infant formula. One of her collaborative works, Proklamasi, criticizes the industrialization of foods for babies and young children formula in Indonesia. ProklamASI (translated from proclamation and ASI = breast milk) was launched on the 2016 of Indonesia Independence Day. The video can be viewed here [https://www.youtube.com/watch?v=Ctgw2fY2\\_wc](https://www.youtube.com/watch?v=Ctgw2fY2_wc). She previously worked for Save the Children and UNICEF's offices in Indonesia as an independent consultant for the area of Infant and Young Child Nutrition. She also actively involved in numerous advocacy works on local regulations of breastfeeding. She also co-founded the Indonesian Association of Breastfeeding Counselors and co initiated the movement of mother and child health in Indonesia.

### **Jane S. Grassley, PhD, RN, IBCLC**

Jane Grassley joined the Boise State University School of Nursing faculty in 2010 after teaching at Texas Woman's University where she earned her PhD in nursing science in 2004. She is a professor of nursing and the Jody DeMeyer Endowed Chair in Nursing at Boise State. As a board certified lactation consultant (IBCLC) for 20 years, her research explores issues related to promoting and supporting breastfeeding. Her current research evaluates effective interventions for improving the breastfeeding outcomes for late preterm and early infants. She is interested in using the online environment to provide support to these vulnerable families. She also holds a joint appointment with Women's Services at St. Luke's Regional Health System to collaboratively develop research and evidence-based practice projects with the Treasure Valley hospitals' lactation consultants.

### **Jennifer M. Weaver, PhD**

Dr. Jennifer Weaver is currently an associate professor at Boise State University in the Department of Psychological Science. Prior to coming to Boise State, Dr. Weaver completed her Ph.D. in Psychology and Social Behavior (emphasis in Developmental Psychology) from the University of California, Irvine. From 2010-2012 Dr. Weaver served as a post-doctoral researcher at the University of North Carolina, Greensboro. Dr. Weaver's current research interests center around the role of parents in young children's development. She is interested in such questions as how decisions about early infant feeding may relate to the parent-child relationship, the precursors of maternal sensitivity, and how family stressors can influence parenting.

### **Jennifer Yourkavitch, MPH, CLC, PhD**

Dr. Yourkavitch is a perinatal and pediatric epidemiologist whose research and applied work documents and addresses social and structural determinants of health, particularly in relation to lactation and breastfeeding practices, maternal and child health, HIV/AIDS and other infectious diseases, gender, equity, health systems and service delivery, in the U.S. and globally. She has nearly 20 years of experience in designing, implementing, monitoring and evaluating public health programs, mostly in low- and middle-income countries. Early in her career, Dr. Yourkavitch managed a maternal and child health program in northern Zambia. Dr. Yourkavitch has authored many articles and technical publications on global health issues, including health and nutrition equity in low- and middle-income countries, and several quantitative and qualitative studies on reproductive health, including women's experiences with lactation and social and environmental influences on breastfeeding. Some of her published studies have shown that: early, regular breast pumping was associated with early breast milk feeding cessation; consumption of expressed breast milk was not associated with higher incidence of reflux compared to feeding at breast; the effect of neighborhood socio-economic status on breastfeeding practices differed by race-ethnicity; poverty and gender-related factors influenced women's participation in prevention of mother-to-child-transmission of HIV services; and, geo-spatial analysis can identify health and nutrition inequity. She recently completed a study of infant and young child nutrition in Rwanda which showed some variations in common indicators over time by region, mothers' education, and household wealth. Dr. Yourkavitch is a Senior Technical Specialist at ICF, a management consulting firm, where she has managed work for clients including the World Health Organization, the United States Agency for International Development, and the Centers for Disease Control and Prevention. She is also an Adjunct Assistant Professor in the Maternal and Child Health Department at the Gillings School of Global Public Health at the University of North Carolina, Chapel Hill. She co-chairs the Global Maternal and Child Health Network of the American Public Health Association. Dr. Yourkavitch presents her work regularly at national and international conferences and provides peer review for

several journals, including the *Journal of Human Lactation*. She is also a certified lactation counselor and provides breastfeeding support to families in her community.

### **Jill Demirci, PhD, RN, IBCLC**

Jill Demirci, PhD, RN, IBCLC is an Assistant Professor at the University of Pittsburgh School of Nursing, Department of Health Promotion & Development. She completed her PhD at the University of Pittsburgh School of Nursing in 2012 and a postdoctoral fellowship in 2016 at the University of Pittsburgh School of Medicine (Department of Pediatrics). Dr. Demirci's research focuses on breastfeeding support interventions that address barriers to extended, exclusive breastfeeding, including perceived insufficient breast milk supply. Currently working under a NIH K99/R00 career development award and several institutional and foundation grants, Dr. Demirci's current research projects involve testing a text message-based breastfeeding support system for first-time mothers, examination of the impact of antenatal milk expression on breastfeeding outcomes in several populations, and breastfeeding support in childcare centers.

### **Joan E. Dodgson, PhD, MPH, RN, FAAN**

Dr. Dodgson has been working in the lactation field since the mid-1980s, first as an IBCLC in the clinical setting and then as a researcher. She has authored numerous publications and is currently the Editor in Chief at the *Journal of Human Lactation*.

### **Johanna Sargeant, CBC, B.A. (English) / B.A.**

I'm an Australian woman who unexpectedly made Switzerland her home in 2010, after cycling and camping around Europe with my husband for six months. I have since had two beautiful boys here, now 5 and 3 years old. Fueled by my own difficult, complex breastfeeding experiences with my two children, I retrained as a Certified Breastfeeding Counsellor through Childbirth International. I am (very excitedly!) due to sit the IBCLC exam in April, 2018. My grief, tumult and anger at the early cessation of my first breastfeeding journey led to self-education throughout my second pregnancy and enabled me to nurse my youngest with an at-breast-supplementer for the first six months, weaning at 2.5 years. My experiences fueled my passion to empower new mothers with empathetic support and reliable, evidence-based information, giving them the confidence necessary to watch their babies grow with pride. This dedication ensures my continual learning, my insatiable reading and my constant questioning of breastfeeding promotion and accepted breastfeeding practices. I founded and run the 1500 member nation-wide English-speaking breastfeeding support network in Switzerland, along with the nation's informal milk-sharing network. Though I am new to this field, my early career highlights include being invited to speak as a panel member at the WHO's BFHI Conference in 2016, presenting at a Google Tech-Talk on pregnancy and early parenting, and being Google Zurich's on-site breastfeeding advisor during the planning and opening of their breastfeeding facilities. I am currently employed at Praxiszentrum Arcus, a women's centre for integrated medicine, providing breastfeeding counselling services, running a fortnightly breastfeeding education and support group, and holding prenatal breastfeeding classes. I am a regular writer for a variety of parenting magazines, as well as my breastfeeding blog, 'Milk and Motherhood'. In my past lives, I have studied English, Education, Biomedical Science and Occupational Therapy, both in Australia and Canada, obtaining a Bachelor of Arts (English) and Bachelor of Arts (Secondary Education, major in English, minor in Biological Sciences). I taught upper secondary English for a few years before leaving Australia. I am also a musician, having worked as a singer, songwriter and guitarist for many years, and have recently begun learning piano. I have played netball for Switzerland in the European Championships, spent a year both learning German and

writing a novel in increasingly bad English, love gardening in soil where tulips survive, and will forever be a passionate overthinker, overanalyser and oversharer.

### **Juliana Cristina dos Santos Monteiro (RN, PhD)**

Juliana Cristina dos Santos Monteiro is an Obstetric Nurse graduated from Universidade de São Paulo, master in Public Health Nursing at Universidade de São Paulo, PhD in Nursing in Public Health from the University of São Paulo and Postdoctoral from the University of Alberta Canada. Currently is a Professor at the Department of Maternal and Child Nursing and Public Health at EERP-USP, reviewer of Brazilian scientific papers, and a member of the Nursing, Women and Health Research Group. Has experience in the area of Nursing. Focused, mainly, in the subjects: breastfeeding, human milk, maternal and child health.

### **Julianne McGuire BA Dip Ed PhD Candidate**

Julianne (Jules) McGuire, PhD candidate, School of Exercise & Nutrition Sciences, Queensland University of Technology (QUT), BA, Dip Ed, Breastfeeding Trainer & Assessor | Project Officer researcher at QUT, Centre for Children's Health Research (CCHR) in Brisbane, Australia. Her thesis explores the implementation and evaluation of the National Healthy Eating and Physical Activity Guidelines into early childhood and care services, educator collective self-efficacy and social capital investigation to best practice with an emphasis on infant feeding.

Jules is the project coordinator for Preventative Health Curriculum, Child Nutrition education, an investigator in the ANU Gender Institute Study of best practice support in the workplace and childcare and the Mater Cohort longitudinal study. Jules is a Consumer representative on QLD State Health Maternity indicator and Patient Reported Outcome Measures (PROMS), the Mater Health services in Maternity, Neonatal & Pediatric Policy Governance, education and inpatients. Volunteer roles have included National educational programs manager, Australian Breastfeeding Association.

### **Katherine A. Foss, PhD**

Dr. Katherine Foss is an associate professor of Media Studies at Middle Tennessee State University where she teaches courses in health communication, television, and gender studies. She currently serves as the Vice-Chair of the Council of Divisions for the Association for Education in Journalism and Mass Communication and on its Board of Directors. Her research examines breastfeeding discourse in media, constructions of health responsibility, and the interplay between media and epidemics. Her past work has included studies on gender and victimization, deafness and hearing loss, television theme songs, and pioneer medicine in television. She is the author of *Breastfeeding and Media: Exploring Conflicting Discourses That Threaten Public Health* (Palgrave Macmillan, 2017) and *Television and Health Responsibility in an Age of Individualism* (Lexington Press, 2014). She also served as the editor of *Demystifying the Big House: Exploring Prison Experience and Media Representations* (Southern Illinois University Press, forthcoming), an anthology that bridges scholarship on media representation with ethnographic work on incarceration. Foss has produced more than a dozen other publications that include reviews, book chapters, encyclopedia entries, and peer-reviewed articles in *Journalism & Mass Communication Quarterly*, *Health Communication*, *Critical Studies in Media Communication*, and other journals. Although an academic, Foss is committed to improving breastfeeding accessibility and cultural attitudes. She regularly attends the Breastfeeding and Feminism International Conference and has presented six times. She wishes that all conferences could be as friendly to nursing mothers.

**Kathryn Wouk, MS, IBCLC**

Kathryn Wouk is a PhD candidate in the Maternal and Child Health Department of the Gillings School of Global Public Health at the University of North Carolina at Chapel Hill. She is an International Board Certified Lactation Consultant and works as a Graduate Research Assistant with the Carolina Global Breastfeeding Institute. Under the mentorship of Dr. Alison Stuebe, she studies breastfeeding and maternal mental health and is particularly interested in women's emotional experience of infant feeding. She currently serves on the board of the North Carolina Breastfeeding Coalition and the Global Health Foundation.

**Kathy Parry, MPH, IBCLC**

Kathy Parry, MPH, IBCLC, LMBT is a social clinical research specialist at the Carolina Global Breastfeeding Institute (CGBI) in the Department of Maternal and Child Health at the Gillings School of Public Health, UNC-Chapel Hill. At CGBI, Kathy is Project Director of Prenatal Breastfeeding Education and management team member for the EMPOWER Initiative, a CDC-funded effort to increase the number of Baby-Friendly designated maternity-care facilities in the United States. She co-facilitates global projects at CGBI and is the Communications lead for the institute. Kathy is an International Board Certified Lactation Consultant (IBCLC), a Licensed Massage and Bodywork Therapist (LMBT), a Certified Educator of Infant Massage and a former DONA-certified birth doula. She serves as the current Chair of the North Carolina Breastfeeding Coalition. Kathy spends her time in Durham, NC practicing ashtanga yoga and playing Cajun dance music.

**Kelli Damstra, DNP, MSN, RN**

Dr. Kelli Damstra has comprehensive experience in acute care and nursing academia, with a specialty in women's health/ labor and delivery. She received her BSN from the University of Michigan and her MSN from the University of Texas Health Science Center at San Antonio. She completed her DNP degree from Grand Valley State University in 2012 and is now there as an Assistant Professor, tenure-track faculty in the Kirkhof College of Nursing. Her program of scholarship is focused on the significant public health issue of improving breastfeeding outcomes for mothers, infants, and communities.

**Kimberly Seals Allers, Journalist and Author**

Kimberly Seals Allers is an award-winning journalist, author and a nationally recognized media commentator, consultant and advocate for breastfeeding and infant health. A former senior editor at ESSENCE and writer at FORTUNE magazine, Kimberly is widely considered a leading voice in the counterculture movement in infant feeding. Last year, her online commentaries on the social, structural and racial complexities of maternal and child health issues received over 10 million page views. Kimberly's fifth book, *The Big Let Down—How Medicine, Big Business and Feminism Undermine Breastfeeding*, published by St. Martin's Press, is available everywhere starting January 24th, 2017. As a consultant, Kimberly has led innovative community-based projects in New Orleans, Birmingham, Detroit and Philadelphia that explore the impact of "first food deserts"—communities that severely lack accessible resources to support mothers who choose to breastfeed—and developing community-partnered strategies to transform these areas into more breastfeeding supportive environments. She is currently the project director for The First Food Friendly Community Initiative (3FCI), a W.K. Kellogg-funded pilot project in Detroit and Philadelphia to create a national accreditation process for breastfeeding-friendly communities. Kimberly is the former editorial director of The Black Maternal Health Project of Women's eNews. In 2011, Kimberly was named an IATP Food and Community Fellow focused on reframing breastfeeding

disparities as a food systems issue. She currently leads nationwide workshops for health care professionals on cultural competency and breastfeeding and is a prominent speaker on community-based strategies to reduce the racial disparities in breastfeeding and infant mortality rates. Kimberly also provides strategic communication services to hospitals, non-profits and other public health-related organizations looking to more effectively engage communities of color. Kimberly is also the author of The Mocha Manual series of books, published by HarperCollins. The first book, The Mocha Manual to a Fabulous Pregnancy was nominated for a NAACP Image Award and turned into a DVD sold at Wal-mart. The Mocha Manual to Turning Your Passion into Profit and The Mocha Manual to Military Life round out the top-selling series. MochaManual.com is an award-winning pregnancy and parenting destination for African Americans. Kimberly has appeared on Good Morning America, CNN, Anderson Cooper, the Tom Joyner Morning Show, Fox News and has been featured in various international and national media outlets, including The Guardian (U.K.), U.S. News & World Report, Essence, Black Enterprise, Pregnancy and in various online media properties. Kimberly is a graduate of New York University and Columbia University Graduate School of Journalism. A divorced mother of two, she lives in Long Island, NY with her children.

### **Kristin Tully, PhD**

Kristin Tully, PhD is trained in Biological Anthropology and Human Development, with expertise in nighttime parenting and infant safety. She is a Research Associate at the Carolina Global Breastfeeding Institute and is the Principal Investigator of the Maternity Care Experiences survey and Couplet Care Bassinet™ development, currently supported by NC TraCS Improving Human Health Award 41602 through NCATS UL1TR001111.

### **Laurel Wilson, IBCLC, BSc, CLE, CCCE, CLD**

Laurel Wilson, IBCLC, CLE, CCCE, CLD is an author, international speaker and pregnancy and lactation expert. She served as the Executive Director of Lactation Programs for CAPP, the Childbirth and Postpartum Professional Association for 16 years and now is on the Senior Advisor Board. She is on the Board of Directors for the United States Breastfeeding Committee and also on the Advisory Board for InJoy Birth and Parenting. She owns MotherJourney, focusing on training perinatal professionals on integrative and holistic information regarding pregnancy, childbirth, and breastfeeding. She has her degree in Maternal Child Health: Lactation Consulting and is an internationally board certified lactation consultant. Wilson is the co-author of two books, The Attachment Pregnancy and The Greatest Pregnancy Ever and contributing author to Round the Circle: Doula's Talk About Themselves. She loves to blend today's recent scientific findings with the mind/body/spirit wisdom. Laurel has been joyfully married to her husband for more than two decades and has two wonderful grown sons, whose difficult births led her on a path towards helping emerging families create positive experiences. Laurel spends her free time reading piles of research, running in the mountains with her dogs, and kayaking. She believes that the journey into parenthood is a life-changing rite of passage that should be deeply honored and celebrated.

### **Lillian Scott, M.S., CCC-SLP, CLC**

Lillian Scott is a speech-language pathologist and certified lactation counselor employed by Baptist Health Lexington in Lexington, Kentucky. She received master's degree in Speech-Language Pathology from Gallaudet University. She received dual bachelor degrees in Communication Sciences and Disorders and Special Education from the University of Kentucky. She has worked with pediatrics and adults in the areas of speech, language, and swallowing. She has NICU, Mother/baby, and outpatient clinical experience working with feeding dyads of breast and bottle



feeding infants. In the area of adults and pediatrics, she has experience with clinical swallowing evaluations and Modified Barium Swallow Studies. She has experience with adult Fiberoptic Endoscopic Evaluations of swallowing (FEES). Her interest is in successful feeding by mouth for infants with complex medical histories and promoting breastfeeding equity.

### **Linda Kopecky, MPH**

Linda Kopecky coordinates the Breastfeeding Friendly Environments work for Boulder County Public Health in Colorado. She is a former La Leche League leader, has worked as a private practice IBCLC, and has a Masters of Public Health in Maternal and Child Health from the University of North Carolina, Chapel Hill. Fostering environments that eliminate barriers to reaching one's breastfeeding goals while returning to work or school taps into Linda's passions for and expertise in: policy development, community engagement, breastfeeding, and public health. Linda facilitates the Boulder County Breastfeeding Coalition and participates in the Colorado Breastfeeding Coalition as the lead for the Workplace and Child Care team.

### **Lourdes Santaballa, BA(Hons), MS, IBCLC**

Lourdes Santaballa is a community activist and organizer, having previously worked in the domestic violence, affordable housing, and economic equity movements. She has been active in the birth and breastfeeding community since the birth of her first child in 2006. A La Leche League leader since 2008, she co-founded La Leche League Puerto Rico in 2011 and has participated in the Global Leader Council as well acted as District Advisor to her area and her chapter treasurer. She is a birth and post-partum doula and prenatal educator and is a co-founder of the Colectiva Dar Vida, a birth and lactation cooperative providing services to families in Puerto Rico. An International Board Certified Lactation Consultant since 2011, she was the founder of the lactation program at sePARE, a community based municipal program in Vega Baja, providing coordinated services to low income families and helped draft its model lactation policy. Under her leadership the program was awarded the ILCA Care Award and received the Wilson-Clay Hoover Award for Research. The program was recognized for achieving a 76% exclusive breastfeeding rate among participants at six weeks. Lourdes received the notorious Drs. Ruth Lawrence and Audrey Naylor Legacy Scholarship in 2016 by the United States Breastfeeding Committee. Lourdes is a single parent to two children whom she nursed in tandem until the ages of 8 and 6 respectively and is active in online help communities both locally in Puerto Rico and globally. She is the Interim Chair to the Lactation Equity Action Committee, a joint committee committed to diversity and equitable representation in the IBCLC and lactation professions.

### **Lula Mecinska, Lancaster University, UK**

Lula Mecinska is a feminist and a lactivist. She is a mother of two children breastfed to term and a doctoral candidate at Lancaster University. Lula completed a thesis on lactivism in Poland and the UK, focusing on forms of peer support and activism and their flow between online and offline environments. Active on social networks, she cooperates with organized advocacy and ad-hoc lactivist groups in Poland and in the UK. In research terms, she focuses on the overlaps in interests and forms of action deployed by lactivists despite significant local differences between the contexts she is placed in. Her research interest in breastfeeding women's activism (lactivism) fits into broader interest in women's rights in relation to reproduction, public health, and (health) social movements. She is also interested in breastfeeding as an embodied practice and as a *technique du corps* - from questions about learning and skill to problems of conceptualization. Her goal is to be an activist academic, and with this goal in mind, she has taken part in and co-organized events which involved non-academic publics, like TEDx Polish Academy of Sciences (2013) and *Think you know*

*breastfeeding?* during Lancaster's first Campus in the City run (2014), and the ESRC Breastfeeding Seminar Series (2016).

### **Margaret S. Butler BA**

Margaret S. Butler, BA is a first year PhD student studying biological anthropology and human biology in the Department of Anthropology at Northwestern University in Evanston, Illinois. She is a member of the Young Research Group led by her advisor, Dr. Sera Young. This research group is focused on investigating the impacts of food insecurity on “the first 1,000 days”, and has recently begun to examine water insecurity's impacts on maternal-child nutrition as well. She graduated from Ithaca College in 2017 with a B.A. in Anthropology. Her honors thesis investigated breastfeeding practices among mother in Ithaca, New York. Her research interests include: biocultural anthropology; community-based partnership research; infant and child development; maternal-infant health; breastfeeding practices in the U.S.; human health disparities; inequities in resource distribution; and structural violence. She plans for her dissertation to explore the disparity in breastfeeding initiation, duration, and exclusivity among Black mothers in the Southside of Chicago, IL through social, political-economic, and biological pathways.

### **Martelle Esposito, MS, MPH**

Martelle Esposito is the founding President & CEO of Mothership, a new nonprofit organization that believes in the power of parents to create the future of the world. Mothership brings together expertise in the fields of health and user-centered design to bridge the gap between health expert and mom friend with trainings for health service providers on building strong connections with their patients/clients as well as digital tools for parents. Prior to her work at Mothership, Martelle was a consultant, providing expertise and training related to public health program implementation, service delivery experience improvement, community engagement, and government affairs. Martelle also spent 5 years at the National WIC Association (NWA) as Public Policy Nutritionist, Government Affairs Manager and the Principal Investigator for a multi-million-dollar CDC-funded community health project called Community Partnerships for Healthy Mothers and Children (CPHMC). Through CPHMC, NWA successfully supported 31 communities in 18 states to develop and implement projects aimed at improving access to healthy food and chronic disease prevention and management services, including several breastfeeding projects. In her roles, Martelle successfully lobbied Congress for annual WIC funding and positive policy changes, engaged as NWA's representative on several national coalitions and working groups, and oversaw the day to day operations of the Government Affairs Team and the CPHMC Team. She also led the Association's efforts to investigate synergies between WIC and the healthcare system as well as ways to improve the WIC experience and the program's visibility. Throughout her professional career, Martelle has also taught several undergraduate and graduate level courses on Nutrition, Food Systems, Food Policy, Advocacy, and Social Change at the Milken Institute School of Public Health at the George Washington University and as part of the Food Systems and Society Program at Marylhurst University. Martelle holds a BS in Biology from Davidson College as well as an MS in Nutrition with a concentration in Food Policy and Applied Nutrition and an MPH with a concentration in Health Services Management and Policy from Tufts University.

### **Martha J. Paynter, BA BScN MDE MSc RN**

Martha Paynter is committed to the advancement of reproductive justice in Atlantic Canada and nursing leadership in political advocacy. Paynter is a PhD Student in Nursing at Dalhousie University and a staff nurse at the IWK Health Centre Family Newborn Unit, in Halifax, NS, where she provides care to postpartum families and newborns. Paynter's research and scholarly service

focus on health equity, the right to breastfeeding and perinatal support among criminalized women, and access to human donor milk. She is the founder and chair of Women's Wellness Within (WWW), a non-profit organization that provides volunteer support to criminalized pregnant and parenting in Nova Scotia and advocates for access to health services and decarceration. As chair, Paynter coordinates direct client services, delivers workshops and presentations on the health of criminalized women across the province and the country, and acts as media spokesperson. From 2010-2017, Paynter served as Chair of the Halifax Branch of the Women's Legal Education and Action Fund, a national organization working to advance substantive equality for girls, women and trans individuals through feminist litigation, legal reform and education. Paynter contributed to bringing together the LEAF team that won abortion rights for Prince Edward Island in 2016. She organized the flagship LEAF Persons Day fundraisers from 2009-2016. Paynter serves on the Board of Directors of the Atlantic Milk Bank Coalition, a non-profit organization working to advance access to human donor milk in the region. She has produced national reports on milk banking in Canada and served as the IWK Health Centre's consultant on milk bank development. Paynter's doctoral dissertation examines health equity and access to human donor milk among the well baby population. Paynter has almost a decade of experience in health policy and management for the Departments of Health in New Brunswick and Nova Scotia in the areas of oncology, surgery and chronic pain. She holds graduate degrees and diplomas from Dalhousie, McMaster and Harvard University. Paynter is published in the *Journal of Human Lactation*, the *Canadian Journal of Nursing Research*, and the *European Journal of Human Genetics*, among others. For her dedication to activist nursing and community volunteerism, Paynter has received numerous honours including awards from Dalhousie University, the Canadian Nursing Student Association, the Canadian Nurses Foundation, and the 2017 Senate of Canada Sesquicentennial Medal for service to the country.

### **Maryam Alhabas, MSPH**

Maryam S. Alhabas is a Ph.D. student in the Health Promotion, Education, and Behavior (HPEB) department at the Arnold School of Public Health in the University of South Carolina. She is from Saudi Arabia, and in 2014 she and her daughter moved to the United States to pursue her academic education and get the credentials and knowledge to be able to help in improving the health of Arabic women and their children. Maryam completed her MSPH at the University of South Carolina and her undergraduate studies in Applied Medical Sciences at King Saud University. Her research interests lie in the area of maternal and child nutrition, primarily infant and young children feeding practices, and household food insecurity and child health. She believes that in order to approaching these issues, approaches must encompass the impact of social determine and its relation to maternal behavior because one of the major factor of deterring the delivery of health programs and services is the cultural restrictions and misconceptions. Therefore, to approach them must be culturally sensitive, and in case of her target population (Arab population), understanding both the culture and religion is essential because most of the public health issues are not easily broached in many Arabic speaking communities, and to differentiate between the influence of religion versus cultural tradition.

### **Meghan M. Boone, JD, LL.M**

Meghan M. Boone is a Visiting Assistant Professor at Wake Forest University School of Law, where she teaches classes in Civil Procedure, Family Law, and Reproductive Rights. Professor Boone's research interests include state regulation of the physical body, emerging trends in civil rights litigation, and issues of equality in the legal profession. Her work has appeared in the *Georgetown Journal of Gender and the Law*, the *Texas Journal of Civil Liberties and Civil Rights*, the *Baltimore Law Review*, and her current project is forthcoming in the *California Law Review*. Prior to her

current position, she was a Clinical Teaching Fellow at the Institute for Public Representation at the Georgetown University Law Center, where she supervised students in the clinic and litigated a wide variety of civil rights cases, including on behalf of pregnant and parenting women. She earned her LLM with Honors in Advocacy from Georgetown University, her JD, *summa cum laude*, from American University Washington College of Law, and her BA with General Honors in Women, Gender & Sexuality Studies from Trinity College. Prior to her academic work, Professor Boone was an associate at Cohen, Milstein, Sellers and Toll, PLLC, where she worked on antitrust, employment, and civil rights class action litigation. She also clerked for the Honorable Martha C. Daughtrey on the U.S. Court of Appeals for the Sixth Circuit in Nashville, Tennessee.

### **Melanie Miller MA IBCLC**

Melanie Miller MA IBCLC is a hospital- and WIC-based lactation consultant. She recently completed a Master's degree in Health and Wellness with a focus in Lactation. The topic of her thesis, Implicit Bias and Clinical Breastfeeding Care, combined her passion for breastfeeding, advocacy, and social justice. She lives with her husband and their 12-year-old daughter in northern New Jersey, but keeps her dream of returning to Colorado alive and well.

### **Michele K. Griswold, PhD, MPH, RN, IBCLC**

Michele has years of experience in grassroots coalition building and advocating for policies that protect the rights of breastfeeding women and children in the U.S. and abroad. Her experience in social activism has informed her research surrounding experiences of racism and breastfeeding outcomes among Black women in the U.S. Michele was selected as a 2016 Mind & Life Institute Summer Research Fellow for her interest in the applicability of mindfulness-based interventions for women and children who are marginalized by race as well as other social characteristics that ultimately, restrict their opportunities to health and well-being. Michele received the Connecticut Breastfeeding Coalition's Leadership Award in 2016, the 2015 Connecticut Nurse's Association Award for Public Service and the University of Massachusetts Graduate School of Nursing's Lillian R. Goodman Award (2016) which recognizes a doctoral student who exemplifies a humanitarian approach to leadership, scholarship, and a deep commitment to the development of professional practice, education and research. Other research interests include scientific understanding of the foundations of human connection and compassion as they pertain to the mother and child and also how they relate to the care that we provide as clinicians. She believes that we must be willing to change ourselves first, in order to change the world.

### **Mona Liza Hamlin, MSN, RN, IBCLC**

Mona Liza Hamlin, MSN, RN, IBCLC, is Christiana Care Health System's nurse manager for Parent Education and Lactation Services, in the Women and Children's Service Line. Previously, Hamlin built the A.I. DuPont Hospital for Children's parent education and lactation services program from 2010-2017, and managed two programs worth approximately \$250,000 in grant funding from state and national agencies while in her leadership role at Nemours. Prior to that she was a neonatal intensive care unit registered nurse. Hamlin was recognized as Delaware Healthy Mother and Infant Consortium's 2017 Kitty Esterly Health Equity Award recipient for her work in providing access to breastfeeding support to African-American mothers throughout the city of Wilmington. As a Center for Social Inclusion First Food Equity Cohort member, Hamlin has provided health equity trainings nationally. Her fundamental belief is that equitable access and high-quality care must be afforded to all families at all times.

### **Monica Raye Simpson, Executive Director**

Monica Raye Simpson is the Executive Director of SisterSong, the National Women of Color Reproductive Justice Collective. SisterSong was founded in 1997 to amplify and strengthen the collective voices of Indigenous women and women of color and to ensure reproductive justice through securing human rights. Based in the historic West End of Atlanta, GA, SisterSong serves as a national organizing center for feminists of color. Monica was born and raised in rural North Carolina and decided at a young age to dedicate her life to educating and uplifting her community. Monica has organized extensively against human rights violations, reproductive oppression, the prison industrial complex, racism and intolerance, and the systematic physical and emotional violence inflicted upon the minds, bodies and spirits of African Americans with an emphasis on African American women and the African American LGBTQ community. Monica is a proud graduate of Johnson C. Smith University, one of the country's historical black universities. Because of her decision to come out as a same-gender loving woman while attending undergrad, Monica became deeply involved in LGBTQ organizing on and off campus. Upon graduation, she was hired as the first person of color at the Lesbian & Gay Community Center in Charlotte, NC as the Operations Director. She made transition from the community center in 2005 to become the Ujamaa Coordinator for Grassroots Leadership where she trained young African Americans from the South in philanthropy, fundraising, and activism. Over the course of her five years of service to Grassroots Leadership, Monica also served as the Grassroots Fundraising Coordinator and supported organizing efforts for their national campaign to abolish for-profit prisons, jails and immigrant detention centers. She worked extensively on Black/Brown bridge building and to bring awareness to the struggles of incarcerated women and it is in this work where we introduced to the Reproductive Justice movement and made a commitment to eradicate all forms of reproductive oppression. Through her activism and organizational work, Monica has become a nationally sought-after facilitator, organizer and cultural strategist. She served as a founding board member for Charlotte NC Black Gay Pride and the African American Giving Circle of Charlotte. She currently serves as an advisor for the Fund for Southern Communities and a board member for Advocates for Youth and the legendary Highlander Research and Education Center. Monica has been featured in many publications for her advocacy efforts, and has written various articles on LGBTQ issues, philanthropy, activism and artistry. She was named a New Civil Rights Leader by Essence Magazine, and the Advocate Magazine named her one of 40 under 40 activists in the country. Monica lives by the Paul Robeson's quote, "If the artist does not create, the world suffers." She has always used her talents of singing, spoken word and acting in her local community and nationally to address social justice issues. Monica performs regularly with her band in Atlanta, and she released her first album entitled Revolutionary Love. She has also performed in various theatrical productions including, For the Love of Harlem, Words the Isms, Walk Like a Man, The Vagina Monologues and For Colored Girls.

### **Narges Alianmoghammad, RM, PhD**

Narges was born in Iran and moved to New Zealand to undertake her doctorate at Massey University. Her research work is centered on the importance of socio-cultural contexts of infant feeding behaviour in New Zealand. She considered the limitations of approaches that treat the mother-infant dyad as the main target for the promotion of exclusive breastfeeding in developed countries. Narges applied social constructionism as the epistemological framework underpinning her research as well as the work of two or more theorists including Michel Foucault to illuminate her research findings. She found that six months exclusive breastfeeding practice is not limited to the intentions or actions of the mother-infant dyad; it is socially constructed by actual and virtual social

networks around the mother as well as the other relational influences such as the historical, geographic, socioeconomic and social contexts of the mother's life.

### **Nikia Fuller-Sankofa, MPH**

Nikia Sankofa received a Master of Public Affairs, and a Master of Public Health program from Johns Hopkins, with concentration in Women's Reproductive Health. Focusing mainly on reducing racial and ethnic health disparities, Nikia's public health work encompasses multi-site project management; program design, evaluation; data analysis; advocacy; and training and technical assistance. She directed a community-based participatory research study that blended social, behavioral, and biomedical approaches to examine how stressors or resiliency factors influence biological factors affect maternal child health. As director of an infant mortality reduction initiative in Baltimore, she oversaw the provision of intensive case management s to improve the health of families. She now serves as the Breastfeeding Project Director at the National Association of County and City Health Officials (NACCHO). This program aims to increase implementation of evidence-based breastfeeding programs at the community level for mothers in African American communities. The project also supports communities in developing public health community partnerships.

### **Norma Escobar, IBCLC**

Norma Escobar has been working with breastfeeding women since 1994 as a leader with La Leche League, where she served in a multitude of roles. She became an International Board Certified Lactation Consultant in 2002. She currently serves as the breastfeeding coordinator and breastfeeding peer counselor manager for the New Hanover County WIC program, as well as the Perinatal Region V WIC Breastfeeding Coordinator. In her role as Perinatal Region V Breastfeeding Coordinator, she is the breastfeeding educator for a 14 county area here in North Carolina. She joined the International Board of Lactation Consultant Examiners in 2014 and serves on several committees. Somehow, she still finds time to volunteer with La Leche League in Wilmington, NC holding monthly support group meetings. She has mentored dozens of breastfeeding professionals and healthcare leaders within the community. She is the mother of two grown sons without whom she would have never discovered the joys and challenges of breastfeeding. Norma has been blessed with a new title in the past year, grandmother, to a sweet granddaughter, baby Penelope Alegria.

### **Omisade Burney-Scott, Director of Strategic Partnerships and Advocacy, BA**

Omisade Burney-Scott is a black, southern, feminist, mother and healer with decades of experience in nonprofit leadership, philanthropy, and social justice. Grounded in an analysis of systems of oppression; she has trained extensively in identity politics, intersectionality and liberatory organizing practices. Omisade sees herself as an Organizational Development Midwife, facilitating major transitions that social justice nonprofits and groups must make in order to remain relevant, responsive, intentional, healthy and sustainable. As a healer, she is particularly skilled in creating safe and open spaces that facilitate people to dig down deep into their own power and create their own solutions. She is currently the new Director of Strategic Partnerships and Advocacy for SisterSong, a national women of color Reproductive Justice collective. Omisade is a 1989 graduate of the University of North Carolina at Chapel and is a member of the 1999-01 class of the William C. Friday Fellows for Human Relations and a 2003 Southeastern Council on Foundation's Hull Fellow. She is a founding tribe member of SpiritHouse and a board member of The Beautiful Project, Village of Wisdom, and Working Films. Omi resides in Durham and is the proud mother of two sons, Che and Taj.

**Paige Hall Smith, MSPH, PhD**

Paige is the founder and director of the Breastfeeding and Feminism International Conference. She is Director of the Center for Women's Health and Wellness (CWHW), School of Health and Human Sciences, and professor of Public Health Education, at the University of North Carolina at Greensboro. She also holds adjunct appointments in the Gillings Global School of Public Health at UNC Chapel Hill (in both Maternal and Child Health and Health Behavior). From 2004-2006 she was the Linda Arnold Carlisle Professor of Women's and Gender Studies, which was the impetus for Breastfeeding and Feminism Symposium. Her research focuses on the relationships between breastfeeding, gender and women's status. As CWHW director she oversees and collaborates on initiatives that provide interdisciplinary, community-informed solutions to specific social issues that build on the strengths and expertise of our university, faculty, and our partners in the community, while also providing opportunities for students to develop knowledge, expertise and professional skills. CWHW currently has initiatives in four areas: breastfeeding and feminism; gender-based violence; girls and women in sport and physical activity; and LGBTQ+ health and wellness.

**Penny Van Esterik, PhD**

Penny Van Esterik is Professor Emerita of Anthropology, recently retired from York University, Toronto, where she taught nutritional anthropology, advocacy anthropology and feminist theory. Her fieldwork was primarily in Southeast Asia (Thailand and Lao PDR). She is a founding member of WABA (World Alliance for Breastfeeding Action) and has developed advocacy materials for them on breastfeeding and women's work, breastfeeding and feminism, environmental contaminants and infant feeding, and breastfeeding as infant food security. Her books include *From Virtue to Vice: Negotiating Anorexia*, *The Dance of Nurture: Negotiating Infant Feeding* (both with Richard O'Connor), *Beyond the Breast-Bottle Controversy*, *Materializing Thailand*, *Taking Refuge: Lao Buddhists in North America*, *Food Culture in Southeast Asia*, and *Food and Culture*, a reader (edited with Carole Counihan), in addition to academic articles on breastfeeding and anthropology. She is the bottle-fed mother of a breastfed daughter.

**Paulina Erices, BS, IBCLC, RLC**

Paulina Erices is a Special Projects Administrator in Maternal Child Health programs and Lactation Consultant (IBCLC) for the Jefferson County Public Health Department in Colorado. She is originally from Chile and has lived in the US for 14 years. She holds a Bachelor of Science in Psychology from The Pennsylvania State University and is currently completing her Masters of Science in Leadership and Organizations from the University of Denver. She has been a La Leche League Leader for 12 years where she has held different parent and Leaders' support roles. She participates in the Gold Lactation and Neonatal Professional Advisor Committee, ILCA Executive Professional Development Committee, Early Childhood Colorado Partnership (ECCP) Steering Committee, and Impact on Children of Caregiver Substance Use (ICCSU) Steering Committee. She volunteers in the leadership team for Special Kids, Special Care, Inc. and the NICU Consortium building transition-to-home strategies and community support systems for families with premature and medically fragile infants. She also volunteers for the Colorado Breastfeeding Coalition in different capacities organizing community events and educational opportunities. As a Lactation Consultant, Paulina has received specialized training on SOFFI (Supporting Oral Feeding in Fragile Infants) and NCAST programs to support feeding behaviors and maternal/infant relationship for medically fragile infants. Paulina lives in Littleton, Colorado with her three children and husband.

### **Renada Y. Lewis, PhD Candidate, MA, BA**

Renada Young Lewis is a Richmond, Virginia native. She holds a Bachelor of Science Degree in Business Administration, a Bachelor of Arts Degree in Health & Human Services and Health & Wellness, as well as a Masters of Arts Degree in Health Care Administration. She is currently a Doctor of Public Health Candidate with a focus in Epidemiology – Leadership & Advocacy focusing on underserve populations. She has over 15 years of experience in Business and Federal Government Service as well as over 10 years of experience in Health and Wellness. She currently serves as Director for Healthy Hearts Plus II. As Director, she coordinates all programs that involve community development as it relates to the health and wellness of the citizens who populate in urban communities. Among these programs are the Mommies, Bellies, Babies and Daddies Breastfeeding Program, Mobile Food Pantry, Diabetes Self-Management Education Program, Community Wellness Initiatives. Renada received her certification in Aerobics Instruction through the YMCA of Greater Richmond as well as the Aerobics and Fitness Association of America (AFAA). Among her special skills and training include, Cardio Vascular Low Impact Aerobics, Body Sculpting and Composition, and Interval Weight Training. She has also begun a program that focuses on techniques involving Deep Breathing for Relaxation along with Total Relaxation Therapy. These techniques are taught and used in high stress environments. Studies have shown that stress can be a direct factor in heart disease, hypertension and other chronic diseases.

### **Robyn Lee, PhD**

Robyn Lee is an Assistant Professor in the department of sociology at the University of Alberta. Her research interests include social theory, gender, sexuality, embodiment, and ethics. She has a monograph forthcoming with the University of Toronto Press entitled *The Ethics and Politics of Breastfeeding: Power, Pleasure, Poetics*, and has published in journals such as *Hypatia*, *Feminist Theory*, *Journal of Family Theory and Review*, *Environmental Politics*, and *Gender, Work, and Organization*. She holds a PhD in Social and Political Thought from York University.

### **Saada Al-Barwani RN PhD**

Dr. Saada Al-Barwani, University of North Carolina at Chapel Hill; Ministry of Health Oman. Dr. Saada is a PhD candidate at the University of North Carolina and will be graduating in December 2017. She served as a nursing tutor and head of the maternal child department at the Oman Nursing Institute in Muscat. Dr. Saada had opportunities of teaching maternal and child health to nursing students. Dr. Saada also worked on the design and implementation of continuous-education programs in Omani Hospitals focused on lactation and maternal and child health. Dr. Saada's doctoral research emphasizes using the theory of planned behavior to predict breastfeeding intention and intensity in Oman. Dr. Saada has also worked on the back translation and linguistic validation of research tools from English to Arabic.

### **Sarah Gonzalez-Nahm, PhD, MPH, RD**

Sarah Gonzalez-Nahm, PhD, MPH, RD is a postdoctoral fellow at Johns Hopkins Bloomberg School of Public Health focusing on health equity and the early origins of health and disease. She has a particular interest in childhood obesity, and is currently working on projects examining how state policies are associated with outcomes related to infant feeding and obesity, with a focus on breastfeeding. Dr. Gonzalez-Nahm has been selected as a 2017-2018 Robert Wood Johnson Foundation *New Connections* Scholar to study health equity and breastfeeding. Previously she has worked on projects examining child care regulations in relation to infant feeding and early childhood health behaviors, and has conducted research on the associations between maternal nutrition during pregnancy and potential epigenetic markers of early life obesity risk. Dr. Gonzalez-Nahm is a



Registered Dietitian by training, with a master's degree in public health nutrition, and a PhD in maternal and child health from the University of North Carolina at Chapel Hill.

**Sarah Margaret Christy, B.A., Mary Quezada, BSW, MMI**

Sarah Margaret Christy is a 2017 graduate of The University of North Carolina at Chapel Hill with a Bachelor of Arts degree in human development and family studies and minors in biology and medical anthropology. As an intern at the Women's Health Information Center at UNC Women's Hospital, she designed and conducted a research study to evaluate the center's M.O.M. (mentoring other mothers) Networking Group and to study the effects of peer support on breastfeeding outcomes. Sarah Margaret is primarily interested in child health and development, but through her time interning at the center has taken interest in maternal and infant health. She is passionate about equal access to healthcare resources and community support systems and sees breastfeeding and quality pre-and postnatal support of mothers as avenues towards more equitable health outcomes for children and families. Sarah Margaret plans to expand her research experience and exploration of academic interests and to eventually return to school for nursing.

**Shirley Payne, MPH**

Shirley Payne is a third-year doctoral candidate in the Health Behavior program at the Indiana University School of Public Health. In addition to being a student, Ms. Payne serves as the Director of the Children's Special Health Care Services (CSHCS) Division at the Indiana State Department of Health. She also serves as the state's Title V Children and Youth with Special Health Care Needs (CYSHCN) Director and is responsible for managing the CYSHCN portion of the Title V Maternal and Child Services Block Grant. Ms. Payne has been dedicated to serving the special needs population for over nine years. Prior to working with the state, she worked as a team leader with St. Vincent New Hope (now New Hope of Indiana) in Indianapolis, IN, and was instrumental in direct care coordination for individuals with intellectual and developmental disabilities on state Medicaid waivers. This experience gave her the desire to focus her career on maternal and child health, in particular working on behalf of the special needs population. Ms. Payne earned a Bachelor of Science in Biology and a Bachelor of Arts in African-American and African Diaspora Studies from Indiana University in 2007, and later earned her Master of Public Health degree from the Indiana University School of Medicine with dual concentrations in Epidemiology and Behavioral Health Science in 2011. She is currently pursuing her doctoral degree in Health Behavior from the Indiana University School of Public Health.

**Sofia Rubertsson MSc**

Sofia Rubertsson is from Sweden and holds a Master's Degree in International Development and Management focusing on gender and global health from Lund University. During her masters, she worked and conducted research at Zithulele Research and Training Center, Eastern Cape, South Africa. Her research is aiming to understand the premature introduction of solids, such as Nestum®. She focused her bachelor's in Political Science from University of California, Berkeley and Lund University. Sofia is passionate about gender issues and sexual and reproductive health rights.

**Spring-Serenity Duvall, PhD**

Dr. Spring-Serenity Duvall is an Assistant Professor of Communication at Salem College (USA). Her research on celebrity appears in the journals *Celebrity Studies*; *Communication, Culture, and Critique*; and *Feminist Media Studies*. In 2015, she was the Fulbright Visiting Research Chair in

Transnational studies at Brock University in St. Catharines, Ontario. She is the co-author of the book “Snatched: Child Abduction in U.S. News” (2015, Peter Lang publishing).

### **Stacy Davis, BA, IBCLC**

Stacy Davis is an International Board Certified Lactation Consultant with a Bachelors Degree in Health Services Administration and 17 years of healthcare experience, including clinical and community-based lactation support. Her specialty is organizing and managing grassroots, community-based lactation-related programs. Stacy is tirelessly dedicated to improving the level of equity, diversity and inclusion in lactation support; she wholeheartedly believes that community-based programs provide an invaluable service as a continuity of care that bridges the gap between the healthcare provider and community, offering families the socio-cultural support to birth, nourish and nurture healthy children and communities. Currently, Davis is the Executive Director of the National Association of Professional and Peer Lactation Supporters of Color (NAPPLSC) and a lactation consultant for Ascension Health System, where she assisted two hospitals in achieving Baby-Friendly Hospital designation and mentored aspiring IBCLCs of color. Stacy owns a private practice in her hometown of Detroit, MI, and resides there with four sons.

### **Stephanie Carroll, BS, IBCLC, CLC, CLS**

Stephanie’s career in lactation started in 2010, when she started working as a breastfeeding peer helper at Gallia County WIC, in Gallipolis, Ohio. In the first position of its kind for this clinic, Stephanie quickly innovated breastfeeding services not only in the community, but throughout the world through social media. In January of 2011, Stephanie launched her first Facebook page for WIC named “WIC Breastfeeding Peer Helper Stephanie”. While the first of its kind for WIC, the Facebook page also became the biggest for WIC – and still is, averaging almost 6 times as many followers as National WIC Association itself. Beyond social media, Stephanie holds many positions and has received many awards within her clinic and the breastfeeding community. In 2011, her county received the “Breastfeeding Peer Implementation Award” through Ohio WIC as well as the “Fan Favorite” award through Lactivist.net. In September of 2012, Stephanie became a Certified Lactation Specialist (CLS). The following year in July 2013, Stephanie completed her Certified Lactation Counselor (CLC) certification. Stephanie also received the award of “Outstanding Breastfeeding Peer” at Ohio Lactation Consultant Association’s (OLCA) annual conference, Breastfest. In 2014, Stephanie ventured back to higher learning in hopes of completing a second degree and to also sit for the IBLCE. She received a scholarship from OLCA to sit for the IBLCE at the 2015 Breastfest Conference. She received her BS in Leadership with a Concentration on Maternal Child Health Lactation Consulting and her IBCLC certification in 2015. She won the Outstanding Innovation at a Cultural Change Agent Award at OLCA’s Breastfest Conference in 2017. Stephanie served as the Breastfeeding Coordinator for Gallia County WIC in Gallipolis, Ohio, as well as Breastfeeding Peer Helper and Clerk. She was the Southeast Ohio Nutrition and Breastfeeding Advisory Council (NBAC) Breastfeeding Representative during her last few years at WIC. Stephanie is currently the lactation consultant at Holzer Health System since January 2017, spearheading the path to Baby Friendly. She currently serves as the Web Editor for OLCA and is co-chair to the OLCA Licensure Taskforce Committee and Media Committee. Stephanie is the Region 7 Representative for Ohio Breastfeeding Alliance (OBA) and well as the Southeast Representative for OLCA. She founded Appalachian Breastfeeding Network in May of 2016 and is currently serving as President of ABN. She is the mother of two adorable girls and when not busy with the above enjoys traveling, Disney, and puzzles.

### **Tiffany (Tipper) Gallagher, BA, IBCLC, RLC**

Tiffany (Tipper) Gallagher, BA, IBCLC, RLC, is an International Board Certified Lactation Consultant, mother of four, and all-around nerd about a whole lot of things. After obtaining a writing degree in 2004, she worked in corporate America as a desktop publisher and editor for accounting and human resources firms, brought forth four new beings into the world in a span of 4 years, and found her passion in lactation on the first day of her Certified Lactation Counselor class. A friend began calling her “The Boob Geek,” and the name stuck. Tipper passed the IBCLC exam in 2015 after attending the University of California—San Diego’s lactation consultant certificate program. In her private lactation consulting practice, Tipper provides in-home visits for families who need help with breastfeeding as well as prenatal and postnatal education in private and group settings. She is also a lactation consultant on staff at Hennepin County Medical Center, a Baby-Friendly designated facility with a level III NICU, that serves the needs of Minneapolis and St. Paul, Minnesota, and its surrounding suburbs. In addition to her clinical work, Tipper melds her passions for writing, advocacy, and sharing evidence-based information by blogging at [www.theboobgeek.com](http://www.theboobgeek.com), serving as a subject-matter expert for authors, and presenting at conferences. Tipper served as the technical editor and advisor for Jessica Shortall’s *Work. Pump. Repeat.*; volunteers as the webinar team leader as part of the International Lactation Consultant Association’s Professional Development Committee; and works with the Minnesota Breastfeeding Coalition as part of the Steering Committee and website subcommittee. Tipper is a member of the International Lactation Consultant Association, United States Lactation Consultant Association, and Minnesota Breastfeeding Coalition.

### **Trevor MacDonald**

Trevor MacDonald is a transgender man from Manitoba, Canada who birthed both his children at home and nurse(d)s them. In 2011, he began a blog, [milkjunkies.net](http://milkjunkies.net), that is popular with both transgender individuals and health care providers looking for information on transgender reproduction and infant feeding. He recently led a University of Ottawa study, funded by the Canadian Institutes for Health Research, that explored the experiences of transmasculine individuals with pregnancy, birth, and infant feeding. Trevor is the first openly transgender person to become a La Leche League Leader, and he is the author of *Where's the Mother? Stories from a Transgender Dad*.

### **Victoria C. Scott, PhD, MBA**

Victoria Scott, Ph.D., MBA, is an enthused mother of two happy-go-lucky girls (Vienna and Sierra). As a community psychologist, she has devoted her professional career to working with health and human service organizations to improve population health through consultation, education, research, and evaluation. Dr. Scott holds an academic appointment at the University of North Carolina Charlotte where she is an Assistant Professor of Psychological Science. With a focus on implementation and improvement science, her research uses interdisciplinary approaches to build the capacity of healthcare systems and community organizations. She is particularly interested in promoting breastfeeding through hospital and workplace interventions, and working with health service organizations to reduce maternal and child health disparities. In 2015, Dr. Scott received the *Society for Community Research and Action Early Career Award* in honor of contributions to the field of community psychology. She also received the *Don Klein Publication Award to Advance Community Psychology Practice* for her co-edited book: *Community Psychology: Foundations for Practice*, which aims to further the competencies of professionals who work in community settings.

**Ms Zainab M Yate (Vice Chair HRA Ethics Committee, MSc, BSc)**

Zainab's background in academia is in Medical Ethics & Law (Imperial College, MSc), her professional background is in Public Health and commissioning with the National Health Service (NHS) in the UK. She is Vice Chair and named qualitative lead of a London pediatric flagged Research Ethics Committee, with the Health Research Authority in the UK (HRA), with special interest in research ethics and lactation. She is also a member of the Kings College London Research Ethics Governance and Policy Committee (KCL). She has been a breastfeeding peer supporter with the National Health Service (NHS) for a number of years and is the owner author of the resource site for mothers and healthcare practitioners on Breastfeeding / Nursing Aversion and Agitation (BAA), [www.breastfeedingaversion.com](http://www.breastfeedingaversion.com), where she researches and writes for the viewers of this site, to try to understand what BAA is and why it arises, and runs a free structured support course for those struggling with aversion.

**Zara Jillani**

Zara Jillani is a senior double majoring in psychology and sociology at the University of North Carolina at Charlotte. She is currently working towards completing an honors thesis addressing the relationship between breastfeeding intentions and breastfeeding durations in the context of the healthcare workplace setting.

## NOTES