



14th Breastfeeding and Feminism International Conference

***Roots and Wings:
Looking back, Looking Forward***

Wednesday, March 20 - Friday, March 22, 2019

Preconference workshop: March 19

The Sheraton Hotel, Chapel Hill, NC, USA



**UNC
GREENSBORO**
Center for Women's
Health and Wellness

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Table of Contents

Welcome.....	2
Conference Best Practices.....	5
Best Practices for Tweeting/Social media.....	6
Community Gathering Spaces.....	7
Journal of Human Lactation.....	8
BFIC Scholarship.....	8
Nursing Room.....	9
Restrooms.....	9
Continuing Education—CERPS.....	9
Exhibitors.....	10
Ad: Black Mother’s Breastfeeding Association: Motown Experiences.....	11
Ad: The Kindest Cup.....	12
Miriam H. Labbok Award for Excellence.....	13
Invited Speakers.....	16
Visiting Artist.....	18
Program Agenda.....	19
Presenter Biographies.....	28

Welcome to the 14th Breastfeeding and Feminism International Conference

Roots and Wings: Looking Back, Looking Forward

We are pleased to welcome back those of you who have attended this conference in the past as well as those of you who are coming for the first time. This conference continues to attract a wide diversity of presenters and attendees: established scholars, emerging and new scholars, students, health practitioners, lay advocates and supporters, and policy makers. BFIC is the highlight of our year – the ideas and discussions are stimulating, and we enjoy the opportunity to reconnect with old friends and make new ones, and we hope you feel the same.

The theme of the 2019 BFIC encourages us to engage in conversation about *where we come from, where we are, and where we are going*. We have roots—traditions, histories, perspectives and frameworks that provide us with context, identity, community and strength that propel us forward. But can roots also trip us up? What about wings? What novel ideas, innovative forms of practice and research, fresh partnerships, and policies and strategies for educating practitioners/clinicians have emerged from our roots, propelling us forward? What new questions need answers? What new problems demand solutions? Is the state of our science and practice what we need it to be? What are our gaps and blind spots? What excites and stirs our passions? What do we need to do *now* to fly into our future?

Our speakers this year address many of these themes—and much more. Leah Margulies, Margaret Kyenkya, Norma Escobar and Judy Canahuati help us reflect on some deep roots: Nestle Boycott, origins of IBFAN (International Baby Food Action Network), Baby Friendly Hospitals and mother-to-mother support. As we reflect back, we also engage in conversations about our next steps.

Several themes emerge from the work being presented here that offer insights into our future—we need to (and we are!):

- ✓ engage and enhance support for populations that are made vulnerable by discrimination, poverty, and challenging physical, geographic, and social environments
- ✓ transform organizations
- ✓ challenge racism, homophobia and persistent health disparities
- ✓ advance our research agenda and the state of our science
- ✓ engage effectively with new technologies
- ✓ advance feminist frameworks and build partnerships
- ✓ make it possible to parent and work
- ✓ and, not insignificantly tell our stories!

Over the three days we have together we invite all of you into the conversation. We come to BFIC not to just hear the ordinary, the expected and the “been there done that”. We come to be challenged, engaged, and stimulated; to see friends and colleagues; to meet new people who think, live, parent and love in different ways; we come for the diversity of perspective; we look forward to sharing our own stories and truths; and we look forward to also listening and hearing what others have to share.

Organizing this conference annually takes many people and still more are welcome. We want to acknowledge the various people who have helped pull this conference together this year.

- ✓ ***Our Planning team:*** These dedicated partners helped to shape our theme, our call for papers, managed social media, reviewed abstracts and helped plan the program. Please join us in thanking the following women for their service and being generous with their time and talents:
 - **Erica Anstey**, Health Scientist, Nutrition Branch, Division of Nutrition, Physical Activity, and Obesity, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention
 - **Stephanie Carroll**, President Appalachian Breastfeeding Network
 - **Judy Canahuati**, La Leche League Leader, and consultant to USAID, UNICEF among other organizations
 - **Ellen Chetwynd**, Research Scientist, Center for Women’s Health and Wellness, UNC Greensboro
 - **Stacy Davis**, Executive Director, NAPPLSC -- National Association of Professional and Peer Lactation Supporters of Color
 - **Michelle Pensa-Branco**, Safety Fed Canada
 - **Tina Sherman**, Campaign Director for the Breastfeeding and Paid Leave Campaigns, MomsRising
 - **Catherine Sullivan**, Director and Assistant Professor, Carolina Global Breastfeeding Institute, Carolina Global School of Public Health, UNC Chapel Hill
 - **Jennifer Yourkavitch**, Research Scientist, Center for Women’s Health and Wellness, UNC Greensboro

- ✓ ***Our students:*** We want to acknowledge Nijah Toshumba, CWHW Graduate Assistant and 1st year graduate student in Women’s and Gender Studies and Christine Magee, 1st year graduate student in the Department of Public Health Education. Say “howdy” as you see them buzzing about as their work is essential to making the conference run.

- ✓ ***Continuing Education and Registration:*** We want to thank the staff of UNCG Online for their work ---communicating with our authors to collect all the paperwork needed for CERPS and managing registration. Thanks to De Fuller, Bruce Loving and David Mitchell. We also want to thank Thea Calhoun, with the Carolina Global Breastfeeding Institute for handling CERPs.

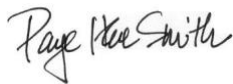
- ✓ ***Hotel and Conference Space:*** We would like to thank the Sheraton Chapel Hill Hotel for our partner for many years in a row now.

We also want to thank the members of our committees. If you are interested in participating in any of these committees/teams please contact Paige Hall Smith at phsmith@uncg.edu.

- ✓ **Action Outreach Team.** This team of people helps spread the work about the conference to help us reach a wider audience. They email their networks about our: call for abstracts, scholarship, Miriam Labbok Award, registration and such. This year we thank: Felisha Floyd, Sara Goomis, Nor Kamariah Mohammad Alwi, Harumi Reis-Reilly, and Tina Sherman.
- ✓ **Miriam H. Labbok Award for Excellence Selection Committee.** This committee, which changes every other year, is responsible for making the difficult decision about the annual recipient for this important award. The membership is held confidential.
- ✓ **Scholarship Committee.** Each year we work to provide scholarships to individuals who will increase the conference's diversity, lack institutional support for attendance, and have financial need. We also seek to give priority to participants who are traveling from outside the U.S. In the past we have awarded a few individuals free registration. This year we decided to award more people a partial scholarship for reduced registration (\$190). This year we awarded scholarships to 14 people. Our team this year was Diane Asbill and Zainab Yate.
- ✓ **Pre-Conference Research Methods Workshop.** Our inaugural workshop was organized by Jennifer Yourkavitch and Ellen Chetwyn, Research Scientists in the Center for Women's Health and Wellness at UNCG. If you would like to see more such workshops, let them know!
- ✓ **Acknowledgements to the Social Media Committee.** We give thanks to our Social Media Committee, again headed by Jodine Chase and Jeanette McCulloch and supported onsite by Tori Spoot and Daina Huntley! Jodine and Jeanette also liaison with the Planning Committee. Tweet on! #BFfem19

Welcome to the 14th BFIC!

We are looking forward to your active participation and contributions,



Paige Hall Smith, MPSH, PhD
Director, Center for Women's Health & Wellness
Professor, Public Health Education
School of Health and Human Sciences
University of North Carolina at Greensboro



Catherine Sposito Sullivan, MPH, RD, LDN,
IBCLC, FAND
Director, Carolina Global Breastfeeding Institute
Clinical Assistant Professor
Gillings Global School of Public Health,
University of North Carolina at Chapel Hill

Breastfeeding and Feminism International Conference Best Practices

The Breastfeeding and Feminism International Conference (BFIC) brings together top researchers with on-the-ground practitioners in policy, programs, advocacy, and communications to identify and respond to the social, economic, and political contexts that affect and shape infant feeding practices and experiences that enhance breastfeeding equity across populations and communities.

The diversity of disciplines, professions, experiences, backgrounds, and cultures represented by our presenters and attendees is a strength of this conference. This breadth expands our individual and collective networks and opportunities for collaboration, exposes us to new ideas, and creates synergies and excitement. It could also lead to conflict and tension related to our different perspectives/backgrounds and strategies for addressing our critical work. This document of best practices is a living document that can be updated to reflect the perspectives of our community.

To ensure that we create an inclusive environment for sharing our ideas and practices we invite everyone to:

- No fixing, no saving, no setting each other straight
- No shaming others
- Interact in ways that reflect the inherent worth and dignity of each person
- Honor the contributions and needs of those who have been historically marginalized and strive to be welcoming
- Value diversity in thought, value and perspective
- Welcome and respect the contributions of those who share views that are different from your own
- Assume good intentions by others and have good intentions ourselves
- Be curious, appreciative and informed about perspectives that differ from our own
- Communicate with and about each other openly, kindly and respectfully
- Describe our own opinions and experiences using the word “I,” mindful that our views may not be shared by others
- Encourage and support the participation of everyone in the way that feels most comfortable for them

Social media practices:

If you choose to take part in social media engagement related to the conference, please be clear, use quotation marks if quoting directly, and do not give away too much information regarding another’s research. Please be respectful, supportive, and have fun!

For further information regarding best practices pertaining to social media engagement, please see the next page.

Best Practices for Live-Tweeting (and using other Social Media) at BFIC

1. Do not tweet while you are on the dais or a part of the group presenting (unless it is part of the presentation and then please make that clear to the audience)
2. Attribution: make sure people know who the main speaker is and what the tweet is about. For conferences, you often see the tweet prefaced by the speaker's last name. Use the conference hashtag or include the event's twitter handle so that people know where you are receiving your information. Try to link back to original works of the individual or the associated websites.
3. Be clear in your tweets about who is saying what. If you don't attribute and/or use quotation marks when reporting what has been said, people can (and rightly will) assume it's you saying it. If the speaker is on Twitter, find out what they are called on Twitter in advance, as their 'handle' will often be shorter than their name.
4. If you are quoting directly, use quotation marks. Think direct and indirect reported speech. Never assume anything you read online is from the public domain. Attribute other people's ideas or anything else you quote. It's not just good manners; it's professional ethics.
5. Don't share too much: it's hard to reveal too much in 140 characters, but you still need to be careful. The goal of live-tweeting is to share and engage, not give details. You don't want to jeopardize someone's research.
6. Be a good colleague by being positive and supportive of your peers. If there is something you want to critique, do it in a constructive not destructive manner. Approach peers in person if you want to have a more extended discussion. Also, respect the wishes of the individual if they ask that you don't share information online.
7. If you are going to take photos, whether you intend to post them online or not, always ask if it's OK first, even if it's impractical to do so. It's better not to take photos of large groups (i.e. the audience) unless you have permission from all of them to do so.
8. If you will be in charge of live-tweeting the whole event or individual sessions, take it seriously. It's a cliché but with great power comes great responsibility.
9. If you are live-tweeting an event, assume that people outside the conference will be interested and/or will read your tweets. This includes people who don't follow you directly. Explain frequently what that obscure hashtag means, so the hashtag achieves the purpose of promoting the event and ideas outside the walls of the event.
10. Link liberally. Search for references as speakers present. Share with your followers the resources the presenters are showing in the room – unless you are not meant to and one should expect speakers and/or organizers to indicate this in advance.
11. Enjoy it. Live-tweeting should be fun, empowering and inspiring. It should create positive opportunities. It's all about engagement, community building and widening participation.

COMMUNITY GATHERING SPACES

You spoke, we listened! Members of our conference community have requested community gather spaces where folks can gather around shared or common interests or identities to reflect, renew and/or engage together. We are pleased to offer space for such gatherings. These spaces are not facilitated but do offer a safe space of relief and support or an opportunity for members of the community to share their experiences. Please be mindful of the fact that most of these rooms will be used during the conference hours for breakout sessions so groups will need to leave the rooms in good shape. Below we describe these spaces.

All of us are affected by racism and homophobia and have to work together to end injustice and inequities. But because we are all on different places in our journey and sometimes have different work to do, we offer the following 3 spaces. Please be respectful of others while using these gathering spaces.

THESE SPACES ARE AVAILABLE

MORNINGS BEFORE 9AM AND EVENINGS AFTER 6PM

PEOPLE OF COLOR SPACE

Room: Paris I

Location: Main floor
adjacent to the buffet area

LGBTQ+ SPACE

Room: Paris II

Location: Main floor
adjacent to the buffet area

WHITE ANTI-RACISM SPACE

Room: Brussels

Location: Main floor behind
main conference room

FOR QUIET SPACE FOR PERSONAL REFLECTION, MEDITATION OR PRAYER THE

ZURICH ROOM IS AVAILABLE 24/7

*The conference is providing cookies in the
registration area Thursday evening
for conference participants*

Multiple spaces in the hotel are available for those interested in gathering:

First floor: Vienna B, Board Room, lounging coaches

Second floor: The bar, restaurant and Coaches Room,

Third floor: Venetian Foyer

BFIC CONNECTS WITH THE JOURNAL OF HUMAN LACTATION

We are pleased to announce **that abstracts from this year's BFIC will be published in the November issue of the *Journal of Human Lactation*.** All presenters -- including keynotes, plenaries, discussion sessions, and poster presenters -- have been invited to submit an abstract for inclusion. **Abstracts are due APRIL 1.** For more information please talk to Paige Hall Smith (phsmith@uncg.edu).

- ✓ Abstracts from the 2017 conference are in the JHL, Vol 33, No. 4, November 2017.
- ✓ Abstracts from the 2018 conference are in JHL, Vol 34, No. 3, August 2018.

BFIC SCHOLARSHIP

We are pleased to have awarded scholarships again this year. In prior years we offered a few people free registration. This year we wanted to offer a reduced registration to more people (\$190 for the full 3 days). Scholarships are offered to individuals who will increase the conference's diversity, lack institutional support for conference attendance and have financial need, and to those who are traveling from outside the United States. We are pleased to have offered 14 people a scholarship this year.

If you or your organization would be interested in donating to the Breastfeeding and Feminism International Conference, please contact **Paige Hall Smith at phsmith@uncg.edu**

NURSING ROOM, RESTROOMS, CERPS

NURSING ROOM

Room 137 is available for those seeking a private space to nurse or pump. You may obtain the key to this room at the hotel's front desk; please return when you are finished using the room. There is a mini refrigerator in this room

RESTROOMS

People are free to use the restroom they believe best corresponds to their gender identity



CONTINUING EDUCATION CREDITS

IBLCE: 16.83
13.5 R CERPS, 1.5 L CERPS, 1.83 E CERPS

Carolina Global Breastfeeding Institute is providing CERPS.

To receive credit, you need to sign in each day of the conference, and complete the electronic evaluation (emailed later)

For more information contact Thea Calhoun
tcalhoun@unc.edu

**PLEASE VISIT OUR EXHIBITORS
THEY WILL BE HERE FOR THE DURATION OF THE
CONFERENCE**

<p style="text-align: center;">Safely Fed Canada</p> <p>A national, non-profit, non-partisan organization dedicated to the protection of infants and young children in emergency through safe and appropriate feeding www.safelyfed.ca</p>	<p style="text-align: center;">Lactation Education Resources</p> <p>A global organization that provides online lactation courses following the IBLCE blueprint designed to prepare students to sit for the IBLCE exam. www.lactationtraining.com</p>
<p style="text-align: center;">La Leche League, USA</p> <p>Their mission is to help parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. LLL USA encourages, informs, educates, supports and promotes the use of human milk and the intimate relationship and development that comes from nursing a child for as long as mutually desired www.lllusa.org</p>	<p style="text-align: center;">Carolina Global Breastfeeding Institute</p> <p>Housed in UNC Chapel Hill's Gillings Global School of Public Health, CGBI works to increase understanding of and support for breastfeeding. Situated in an academic home it offers a comprehensive program of research, service to the greater community, and education, including offering the Mary Rose Tully Training Institute. https://sph.unc.edu/cgbi/carolina-global-breastfeeding-institute/</p>
<p style="text-align: center;">BFIC Table</p> <p style="text-align: center;"><u>Books & Such</u> Kimberly Seals Allers Donna Washington BFIC Kindest Cup Drawing</p>	<p style="text-align: center;">Shannon Cohen</p> <p style="text-align: center;">Books</p>
<p style="text-align: center;">Breastfeeding USA, Inc.</p> <p>This organization provides evidence-based information and support and promotes breastfeeding as the biological and cultural norm. We accomplish this through a network of accredited breastfeeding counselors and comprehensive resources for the benefit of mothers and babies, families, and communities. Breastfeedingusa.org</p>	<p style="text-align: center;">iLactation</p> <p>This organization provides online conferences that are as simple as watching an online video on your computer, phone, or other device with an internet connection. Their conferences are affordable, convenient, enjoyable, and economical. www.iLactation.com</p>

Please note the discount offered to BFIC 2019 participants!

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 January 5 - February 1

\$299 Early Bird
 February 2 - March 1

\$349 Regular Rate
 March 2 - April 17

\$399 Onsite
 After April 17

Breastfeeding and Feminism International Conference Attendees receive 10% discount with Promo Code: **BFIC2019**

Stay updated!
BMBFA.org/Conference

**2019 MOTOWN EXPERIENCE:
 BIRTH & BREASTFEEDING
 CONFERENCE**



KEYNOTE SPEAKER

Dr. Sayida Peprah, PsyD

Assistant Professor, Wayne State University
 School of Health, Behavior, & Society

BMBFA.org/Conference

*Please find a drawing for 2 Kindest Cups at the BFIC exhibitor table!
The drawing will be held during the reception*

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MIRIAM H. LABBOK AWARD FOR EXCELLENCE

For the years 2007-2016 Miriam H. Lobbok was the co-director of BFIC



Dr. Miriam H. Lobbok was legendary in the global breastfeeding community. She was present when what became the Innocenti Declaration was written on a napkin. She helped convene what was probably the first conference on “woman and breastfeeding” in the U.S. She was a pediatrician and an International Board-Certified Lactation Consultant who dedicated her life to enhancing the lives of families across the globe. Over her career she worked for

Georgetown, WHO, USAID, and UNICEF; she was the North American Representative to the Steering Committee of the World Alliance for Breastfeeding Action and a founding member of the Academy of Breastfeeding Medicine. In 2006 was recruited to be the Founding Director of the Carolina Global Breastfeeding Institute (CGBI).

She is well known for her early research in the Lactational Amenorrhea Method of birth control and in the area of Breastfeeding Friendly Healthcare. She was a vocal advocate for women’s rights around birth and breastfeeding. She believed to her core that breastfeeding was not just a child nutrition issue, but that it was the basis for maternal and child well-being and mortality. While Miriam advocated for evidence-based protection and promotion of breastfeeding, she particularly recognized the importance of providing material and structural support for families. She was an avid supporter of collaborations between researchers and practitioners to advance evidence-based practice and meaningful, practice relevant, research.

Her accolades are many – in 2016 alone she received the US Breastfeeding Committee’s Legacy Award, the Crystal Rose from Reaching Our Sisters Everywhere and the Pat Martens Award for Excellence in Research from the Journal of Human Lactation. Also, in 2016 she was the first recipient of BFIC’s Miriam H. Lobbok Award for Excellence.

Catherine Sullivan, now CGBI Director, writes that Miriam “was a bright, opinionated woman that was moving this work forward when breastfeeding rates were dismal and women did not have voices that were being heard, nor did they have support to meet their goals. She was often the loudest voice in the room and was tenacious in her approach. She believed that it truly takes a village to help mothers and families realize their breastfeeding, birth and family planning goals. She felt there was a place at the table for everyone and that all kinds of families need all kinds of support.

Paige Smith, BFIC founder and co-director recalls, “Miriam was a friend to many of us and always mentored those who came along the many trails she blazed. BFIC was not her only legacy but it was one of which she was proud – this conference and its books attest to the value she placed on providing a space for people from different backgrounds, professions, life

experiences and viewpoints to come together with the shared goal of creating a world where breastfeeding is seen as essential aspect of health, nutrition, women's and human rights."

Each year we remember Miriam by offering the Miriam H. Labbok Award for Excellence to a person in their early or mid-career whose work reflects Miriam's legacy. Our goal with the award is to honor emerging scholars and practitioners who are continuing her work and her legacy.

PLEASE HELP US CONGRATULATE THE 2019 AWARDEES **Camie Jae Goldhammer and Kimberly Moore-Salas**

Breastfeeding and Feminism International Conference is proud to announce that the 2019 Miriam Labbok Award for Excellence is offered this year jointly to Camie Jae Goldhammer and Kimberly Moore-Salas for their amazing and innovative work creating and conducting the [Indigenous Breastfeeding Counselor \(IBC\) program](#). The IBC course, whose creation was funded by the WK Kellogg Foundation was created as an integral component of CHEER's (Center for Health Education, Equity and Research) American Indian/Alaska Native Communities and Hospitals Advancing Maternity Practices (AI/AN CHAMPS) program

Traveling throughout North America, Camie and Kimberly have offered the IBC certification course to empower their Indigenous sisters and brothers to immediately return to their own communities with skills and knowledge to share. The materials and resources used in teaching and training reflect Indigenous culture and experience. In their first year (September 2017-September 2018), they certified 79 Indigenous Breastfeeding Counselors from over 12 tribes and First Nations, 7 (US) states, 3 countries and 2 continents, including one man! In 2019 they are scheduled to do trainings in Standing Rock, Michigan, Oneida and Hawaii with a few more yet to be confirmed. We thank Elizabeth Brooks for sponsoring their joint application.

Camie Goldhammer and Kimberly Moore-Salas demonstrate leadership every day – in their paid work, in their unpaid advocacy and leadership projects, in their watchful (and vocal) presence on the national stage to hold up those historically injured by structural racism and oppression. They are the very manifestation of Miriam Labbok's brand of joyful, heart-felt pleasure in seeing families meet their infant feeding goals, in culturally respectful environments.

Camie Jae Goldhammer

Camie (Sisseton-Wahpeton) is a Clinical Social Worker and Lactation Consultant (2013) living in Seattle, Washington. She received her Master of Social Work degree from the University of Washington in 2006, a first-generation college student, who specialized in Maternal Mood Disorders and the effects of complex/Intergenerational trauma on attachment, bonding and the parenting practices of Indigenous families. She is a founding mother and President Elect of the *National Association of Professional and Peer Lactation Supporters of Color*, a national

organization devoted to the centering the voices of lactation supporters of color as well as diversification of the field of lactation. As a Campaign Director with *MomsRising*, she worked on their campaign to bring paid family and medical leave to Washington State; which was signed into law in July 2017. Most recently (January 2019) Camie began working as the Program Manager for Daybreak Star Douglas a program of United Indians of All Tribes. She is a national leader on racial equity and first food justice. Further describing her work Camie stated: *“This is more than a passion. This is the fulfillment of a prophecy that the 7th generation, our generation, will be the one to heal our people.”*

Kimberly D. Moore-Salas

Kimberly (Dine’/Navajo) is a lactation consultant currently living in Phoenix, Arizona. In 2009, after the births of her children, she returned to work and became a Peer Counselor for Native Health (Phoenix). This experience was instrumental because many of the clients served came from various tribal communities. In 2012, she became an IBCLC. Kimberly currently works for a level I hospital with approximately 2300 deliveries per year. It is a fast-paced environment, clinically intensive, where she cares for an underserved diverse population. Kimberly also works with *Changing Woman Initiative* located in New Mexico creating a lactation program for a non-profit organization to renew cultural birth knowledge to indigenous sovereignty of traditional teachings to promote reproductive wellness, using a holistic approach to strengthen women’s health and community. This initiative holds a space that acknowledges cultural knowledge of identity and motherhood. The end of 2017, she began working with Camie Goldhammer. Kim explained, *“I believe this work has captured empowerment, resiliency and healing among our indigenous women. Allowing others to start the healing process for themselves and their community. By doing this we can slow the manifestation of intergenerational trauma from carrying over to our children. Reclaiming our own power”.*’



Both Camie and Kimberly continue to work with breast/chestfeeding families in their local communities, providing excellent evidence-based care and support. However, they haven’t stopped there, moving their advocacy efforts from the local to the national arena and beyond. Camie and Kimberly were both recently elected to the Board of Directors for the [U. S. Breastfeeding Committee \(USBC\)](#), the first two Indigenous womxn to reach this pinnacle of leadership in the lactation field. In the years before their election, each had been a vibrant part of their tribal/local/state breastfeeding coalitions.

INVITED SPEAKERS

Shannon Cohen

Shannon is co-founder of Sisters Who Lead and recently named among the 50 most influential women in West Michigan by the Grand Rapids Business Journal for 2018. Her work has taken her to the White House Office of National Drug Control Policy as well as systems and organizations across the Midwest. She is a decorated difference-maker with a passion for seeing leaders thrive in every aspect of their lives. Shannon's approach originates from a well-rounded blend of education, research and experimentation. Her approach is rooted in something different than intuition. It's rooted in intelligence—and applying proven methods in a relatable, human centered manner. Shannon will present our opening talk on *“Caring for ourselves, Caring for others”* and will also offer a workshop on Wednesday entitled *“Sisters who lead: Lessons from the Field”*.

Margaret I. Kyenkya

Margaret is a mother of four and grandmother of four, a retired La Leche League Leader, a retired International Civil Servant, a breastfeeding counselor, a farmer and a consumers' rights activist. In 1979, Margaret was one of the founders of the first breastfeeding promotion, protection and support group in Africa and went on to establish many more groups through the International Baby Food Action Network (IBFAN). She joined the United Nations Children's Fund (UNICEF) in 1987 and helped to establish the global policies and programs to improve Infant and Young Child Nutrition, including the Baby Friendly Hospital Initiative (BFHI) and the 1990 Innocent Declaration on Protection, Promotion and Support of Breastfeeding, the UNICEF Nutrition Strategy, and the World Alliance for Breastfeeding Action (WABA). Margaret has also worked with various Organizations to manage USAID funded Health and Nutrition Projects in East and Southern Africa. Margaret will present twice on Wednesday. First, she will co-present with Leah Margulies on *“Deep Roots: An insider's view of the founding of the Nestle Boycott, Baby Friendly Hospitals and Innocent Declaration”*; following this she will be on a panel discussing *“The roots of the modern breastfeeding support movement: The role of La Leche League in developing breastfeeding support in the US and internationally and current challenges: Told through our stories”*

Leah Margulies

Leah is a lawyer, Second Wave Feminist, and member of Veteran Feminists of America. (Bio in Feminists Who Changed America, 1963 –1975.) She is a founder of Corporate Accountability International (formerly Infact), and the International Nestle Boycott. She set up the legal office of the Baby Friendly Hospital Initiative, UNICEF and was legal staff at the Environment Unit of the UN Centre on Transnational Corporations. Currently, she represents low income Brooklynites, defending them against eviction. Publications include *“The International Code of Marketing of Breast milk Substitutes: A Model for Assuring Children's Nutrition Rights Under the Law,”* in *The International Journal of Children's Rights*, Kluwer Academic Publishers (1997); *“A Critical Essay on the Role of Promotion in Bottle Feeding,”* United Nations Protein Advisory Group Bulletin, (1977); *“The Media: New Images of Women In Contemporary Society,”* in *The American Woman: Who Will She Be?* Glencoe Press (1974); and Editor, *Climate Change and Transnational Corporations*, United Nations Centre on Transnational

Corporations, 1992. She is also a musician and founding member of a pioneering women's rock band that played at the first national women's march for abortion rights, 1972, before Roe v Wade was decided. Leah will present twice at the conference. First, she will co-present with Margaret Kyenkya on "*Deep Roots: An insider's view of the founding of the Nestle Boycott, Baby Friendly Hospitals and Innocenti Declaration*"; on Friday she will be part of a 60 minute discussion session entitled *Enhancing breastfeeding protection, promotion and support in the US*, speaking on "*The Nestle Boycott Campaign*" home: *What do we need to do now?*".

Amal Omer Salim

Amal is the Executive Director of the World Alliance for Breastfeeding Action and Coordinator of the WABA Research Task Force. Amal is a nutritionist by profession and is based at the Dept of Women's and Children's Health at Uppsala University, Sweden. She has been involved in the education and research programs at Uppsala and has published two scientific articles which are described briefly below. Her main interests are in the field of infant and young child nutrition, the socioeconomic factors related to nutrition and more recently in the field of gender and nutrition. For many years, she has been working as a consultant to the Swedish International Development Cooperation Agency, Sida. Amal has been working with WABA and its Core Partners in the ILO Campaign for Maternity protection for working women and is now working with WABA on coordinating the Health care practices area, amongst other things. The Logical Framework Approach and other results-oriented methodologies are of great interest to her as well as finding time to balance being a working mother of three children! Amal will present Thursday on "*Advancing the Global Agenda*".

2019 BFIC Visiting Artist

Donna Washington—Storyteller



Donna Washington is an internationally known master storyteller, artist educator, and published author who has been performing for audiences of all ages for over thirty years. Her nine storytelling CDs have garnered over twenty-four national awards. She has authored numerous articles about storytelling and education including contributions to the award-winning book, *Social Studies In The Storytelling Classroom*. She is also the author of four children’s books: *Li'l Rabbit's Kwanzaa*, *A Pride of African Tales*, *The Story of Kwanzaa*, and *A Big Spooky House*. She has served as president of the North Carolina Storytelling Guild and on the editorial board of the National Association of Black Storytellers. She serves on the Theatre and Young Audiences Board for Northwestern University. She lives with her husband and two cats in Durham, NC.

Donna will

- ✓ present a workshop on Wednesday entitled “*Your story is my story: Breaking down walls to build community*”
- ✓ entertain us during our evening reception on Wednesday

BREASTFEDING AND FEMINISM INTERNATINAL CONFERNCE 2019

ROOTS AND WINGS: LOOKING BACK, LOOKING FORWARD

PROGRAM AGENDA

TUESDAY March 19, 2019

Pre-Conference Research Methods Workshop

(separate registration required)

1. Time: 8:30-12. The morning session will feature a **qualitative research skill building session**. The objective of this session is to build skills among participants with beginning to intermediate experience. It will be taught by Stephanie Martin, PhD, Assistant Professor in the Nutrition Department at UNC and Laura Villa-Torres, PhD, post-doctoral research associate at UNC's Center for Health Equity Research. Topics for the morning session: research skills including active listening, question design, note-taking, analysis, and data presentation and display. **This session is \$50 includes drinks and snack. Registration is required on the BFIC registration page.**

2. Time: 1:30-5. The afternoon will feature a discussion about **measurement in breastfeeding research**. This discussion will focus both on breastfeeding as an exposure and as an outcome. A key outcome of this discussion is the initial development of a set of principles outlining measurement in breastfeeding research This session will be facilitated by Ellen Chetwynd, PhD, MPH, BSN, IBCLC and Jennifer Yourkavitch, MPH, PhD, IBCLC. **This session is free, but registration is required on the BFIC registration page.**

Tuesday evening, March 19

Registration 5-8pm

Exhibits 5pm+

6:30: Social media and Just Social meet-up, Coaches Room, 2nd floor

Locations for Concurrent Sessions

We have 5 locations for our concurrent sessions

Brussels—Located behind the main conference room; enter from the reception area

Vienna B—Located behind the main conference room; enter from the reception area

Paris 1: Located near the food tables

Paris II: located near the food tables

Venetian Foyer: Located on the 3rd floor in front of our dining room

Wednesday, March 20

**MATERIALS RECEIVED FROM PRESENTERS ARE LOCATED ON OUR
WEBPAGE**

www.breastfeedingandfeminism1.org/Conference2019/handouts

Time	Session and Speakers
7:30-all day	<ul style="list-style-type: none"> • Registration • Exhibits • Coffee and tea
7:30-9:30	Mingling in the lobby w/coffee, tea and breakfast
9:30-10 MAIN RM.	Opening welcome and overview of the conference <ul style="list-style-type: none"> • Paige Hall Smith, Center for Women’s Health and Wellness • Catherine Sullivan, Carolina Global Breastfeeding Institute • Planning Committee • Donna Washington, Story Teller (short story) • 4-minute essay: Touching Breasts (Ellen Chetwynd)
10:00-11:00 MAIN RM. <u>Moderator:</u> Catherine Sullivan	Panel 1: Caring for ourselves, caring for others <ul style="list-style-type: none"> • Shannon Cohen
11-11:15	Break and exhibitor crawl
11:20-12:20 MAIN RM. <u>Moderator:</u> Erica Anstey	Panel 2: Deep Roots: An insider’s view of the founding of the Nestle Boycott, Baby Friendly Hospitals and Innocenti Declaration Leah Margulies and Margaret Kyenkya
12:30-1 MAIN RM. <u>Moderator</u> Paige Smith	Presentation of the Miriam Labbok Award
1-2	Lunch – 3RD Floor, Venetian Room
2-3:15	<p style="text-align: center;"><i>Poster Extravaganza with Round Tables</i> (see presenters and titles below)</p> <p>This format is new this year. We organized the posters into key topic areas. At the beginning presenters will stand beside their poster, as is</p>

Time	Session and Speakers
	typical. However, as some point – fluid and open –folks can shift to tables for groups conversations on key topics.
3:20-4:20 MAIN RM. <u>Moderator:</u> Michelle Pensa-Branco	Panel 3: Deep Roots The roots of the modern breastfeeding support movement: The role of La Leche League in developing breastfeeding support in the US and internationally and current challenges: Told through our stories <ul style="list-style-type: none"> • Judy Canahuati, • Margaret Kyenkya, • Norma Escobar
4:20-4:35	Break
4:40-5:40	<u>Workshop 1 (choose one)</u> <ol style="list-style-type: none"> 1. Donna Washington: <i>Your Story is my story: Breaking down walls to build community (Brussels)</i> 2. Amber Valentine: <i>Breastfeeding and Neonatal abstinence syndrome. (Vienna B)</i> 3. Elizabeth Brooks: <i>Comply with Confidence! Avoiding Conflicts Of Interest under the Code (Paris 1)</i> 4. Shannon Cohen: <i>Sister who lead: Lessons from the field (Paris 11)</i> 5. Louise Duursma and Elain Burns, Nicole Bridges: <i>Is the “relationship” important to providing effective breastfeeding support (Venetian Foyer)</i>
VENETIAN 3 rd Floor Following	<ul style="list-style-type: none"> • Reception: heavy hors d'oeuvres + Cash bar • Performance by Donna Washington, Storyteller

Thursday, March 21

Time	Session and Speakers
7:30 – 9:00	Registration & Breakfast in the lobby
7:45-8:50 2 nd floor Vienna B	BFIC Breastfeeding Researchers Network meeting: All who identify as researchers are welcome to join this gathering sponsored by the N.C. Breastfeeding Researcher Network. <i>Grab some breakfast and coffee and to Vienna B!</i>
9:00-9:15 MAIN RM.	Opening welcome Tina Sherman, BFIC Planning Team

Time	Session and Speakers
9:15-9:40 MAIN RM.	Storytelling: “Conversations with Bella: Sharing a Six Year journey of Full-term Breastfeeding from a Child's perspective.” (Angela Tatum Malloy)
9:45-11:00 MAIN RM. <u>Moderator:</u> Gigi Lawless	Panel 5-- Engaging with context to address community complexities to support breastfeeding: <ul style="list-style-type: none"> • Tanefer Camara: Breastfeeding Advocacy in the Face of Gentrification and homelessness • Shela Hirani: Breastfeeding in disaster relief camps • Martha Paynter: Feminist, Abolitionist, Non-Profit Organization Serving Criminalized Women in the Perinatal Period
11:00- 11:45	Break and exhibitor crawl
11:50-12:50	<p><u>Concurrent Discussion Session 1: (choose one)</u></p> <p>1) <i>Maternal Emotional Health: (Brussels)</i></p> <p>a) Kathryn Wouk, Christine Tucker, Brian W. Pence, Samantha Meltzer-Brody, Bharathi Zvara, Alison M. Stuebe: The relationship between positive emotions during infant feeding, maternal mental health, and breastfeeding outcomes</p> <p>b) Tauna Sisco, Deborah McCarter, Katherine Warth: Nurturing Newborns and New Mothers: Either/Or, or Both/And?</p> <p>2) <i>Milk expression Practices and Concerns (Vienna B)</i></p> <p>a) Fiona Jardine: Breastfeeding without nursing: What should we do about prejudice against exclusive pumping</p> <p>b) Nor Kamariah Mohamad, Zaharah Sulaiman, Tengku Alina Tengku Ismail: Breastmilk expression practices and experience among mothers worldwide</p> <p>c) Marie Dietrich Leurer, Janet McCabe, Jodie Bigalky, April Mackey, Dana Laczko, Virginia Deobald: “We just kind of had to figure it out”: Information needs of mothers who express breastmilk</p> <p>3) <i>Feminist frameworks (Paris 1)</i></p> <p>a) Jacqueline van Wijlen: Feminist Theories & Frameworks: Applicability to breastfeeding support in the Neonatal Intensive Care Unit (NICU)</p> <p>b) Savannah Taylor: Dismantling Dichotomies Using Breastfeeding</p> <p>4) <i>Collective approach to providing Equitable Care in the Black Community (Paris II)</i></p> <p>a) Angela Tatum Malloy, Tina Braimah, Dietra Dalton, Shatara Het Heru Bey, Daphne Fuller</p> <p>5) <i>Academic-community partnerships to enhance lactation support (Venetian Foyer)</i></p>

Time	Session and Speakers
	<ul style="list-style-type: none"> a) Eleanor Johnson: Realities of WIC Mothers Lives: Photovoice Project
1-1:55	Lunch –Venetian Room
2:00--3:00	<p><u>Concurrent session 2: (choose one)</u></p> <ul style="list-style-type: none"> 1) <i>Normalizing breastfeeding in Asian communities in the US and China: (Brussels)</i> <ul style="list-style-type: none"> a) Emily Fung: Awareness of Low Breastfeeding rate in China b) Wendy Fung, Wendy McGrail, Carmen Rezak, Helen O'Connor, To-Wen Tseng, Cindy Young: Overcoming Barriers to Breastfeeding in Asian-American Communities 2) <i>Working it out (Vienna B)</i> <ul style="list-style-type: none"> a) Yheneko Taylor and Victoria Scott: Lactation support in the workplace: perspectives, outcomes and opportunities b) Elaine Burns: Wings to fly: Transforming Universities into breastfeeding friendly environments c) Ellen Schafer, Taylor Livingston, Maret Wachira, Regina Roig-Romero, Stephanie Marhefka: Facilitators and barriers to implementing the Breastfeeding friendly child care initiative in Florida 3) <i>Enhancing feeding and care in the postpartum period (Paris 1)</i> <ul style="list-style-type: none"> a) Hannah Tello, Joseph E. Gonzales: When motherhood starts with violence: Narrative explorations of infant feeding after traumatic or violent birth b) Jennifer Hoover: A Collaborative Approach to Breastfeeding in an OB/Gyn Clinic c) Beverly Rossman: “It’s my body, it’s my choice”: Reproductive autonomy among mothers of premature infants in the neonatal intensive care unit 4) <i>Intergenerational dynamics affecting infant feeding practices and maternal experiences (Paris II)</i> <ul style="list-style-type: none"> a) Jada Wright Nichols: Spoiling that baby and other myths that impact infant feeding and development b) Mary M. Muse, Jerome E. Morris, Joan E. Dodgson: An exploration of breastfeeding African American mothers’ intergenerational connections to their roots and wings 5) <i>Racial Equity and access to pasteurized donor human milk in a hospital setting (Venetian Foyer)</i> <ul style="list-style-type: none"> a) Aunchalee Palmquist, Ifeyinwa Asiodu, Diane Asbill, Angela Malloy, Kristin Tully, Anitha Muddana, Christine Tucker, & Katherine Bryant

Time	Session and Speakers
3:05-3:50 MAIN RM. <u>Moderator:</u> Ellen Chetwynd	Panel 6: State of the Science: What we do and do not know <ul style="list-style-type: none"> Joan Dodgson
3:55-4:10	Break
4:15-5:00 MAIN RM. <u>Moderator</u> Jen Yourkavitch	Panel 7: Using a gendered analysis of the World Breastfeeding Trends Initiative to prioritize advocacy work: The case of Australia <ul style="list-style-type: none"> Naomi Hull, Julie Smith, Mary Peterson
5:05-5:50 MAIN RM. <u>Moderator:</u> Judy Canahuati	Panel 8--Advancing the Global Agenda Amal Omer-Salim
5:55-6:00	4-minute essay: Fiona Jardine: Human Milk has no gender: 21 st century breastfeeding language
Dinner on your own Opportunities for Conference activities at the hotel	

Friday, March 22

Time	Session and Speakers
7:30 – 9:00	Registration & Breakfast in the lobby
9:00-9:15 MAIN RM.	Opening welcome Erica Anstey, BFIC Planning Team
9:15-9:20 MAIN RM	4-minute essay: Cecilia Barbosa: “Breastfeeding is Hard” ...or is it?
9:25-10:10 MAIN RM. <u>Moderator:</u> Erica Anstey	Panel 9--Making Mothers Milk Count: Using Economic Approaches to the Costs and Benefits of Breastfeeding <ul style="list-style-type: none"> Julie Smith
10:15-11:15 MAIN RM. <u>Moderator</u> Ellen Chetwynd	Panel 10: We Can Do Better-Maximizing Neutral, Compassionate Care Strategies for Vulnerable Populations: Dixie Weber (and on behalf of Melissa Ward & Kristy Schmidt)

Time	Session and Speakers
11:15-11:30	Break and exhibitor crawl
11:35-12:35	<p><u>Concurrent session 3: (choose one)</u></p> <ol style="list-style-type: none"> 1) <i>Decolonizing response to disasters and complex emergencies in the US (Brussels)</i> <ol style="list-style-type: none"> a) Augustina Vidal, Lourdes Santaballa, Angela Malloy, Norma Escobar, Shante Terhune, & Aunchalee Palmquist 2) <i>Enhancing breastfeeding protection, promotion and support in the US (Vienna B)</i> <ol style="list-style-type: none"> a) Sarah Walz: For the field, from the field: Building a breastfeeding legislation and policy toolkit b) Leah Margulies: Bringing the “The Nestle Boycott Campaign” home: What do we need to do now? 3) <i>The Backlash to breastfeeding: Toward a unified response (Paris I)</i> <ol style="list-style-type: none"> a) Kimberly MacKenzie & Deborah Van Wyck 4) <i>The challenges of using technology to enhance breastfeeding support (Paris II)</i> <ol style="list-style-type: none"> a) Krista Olson: Embodying loving connection in innovative technological approaches to extend lactation care b) Nicole Bridges: The faces of breastfeeding support: Exploring breastfeeding support communities online 5) <i>Assessing and measuring breastfeeding to advance change (Venetian Foyer)</i> <ol style="list-style-type: none"> a) Jen Yourkavitch & Ellen Chetwynd: Measuring breastfeeding as an outcome and exposure: Reflections from the BFIC Research Methods Workshop b) Gabriela Maradiaga Panayetti: Milk in the Box: How to use your EMR to capture real time breastfeeding data
12:40-1:40	Lunch –Venetian Room
1:45-2:45	<p><u>Workshop 2: (choose one)</u></p> <ol style="list-style-type: none"> 1. Angela Lober: <i>Storytelling as a way of breastfeeding teaching (Brussels)</i> 2. Amal Omer-Salim: <i>Engaging fathers and other men in breastfeeding: Challenges and opportunities (Vienna B)</i> 3. Stephanie George: <i>Breastfeeding our children for the health of our nations: Healing intergenerational trauma through lactation support (Paris 1)</i> 4. Lilian Scott: <i>When the breast/ chestfed child has dysphagia: (Paris II)</i> 5. Kathleen Marinelli & Joan Dodgson: <i>Writing an excellent case study report for publication in a peer-reviewed journal (Venetian Foyer)</i>
2:45-3:00	Break and exhibitor crawl

3:05 -3:50 45 min MAIN RM. <u>Moderator:</u> Catherine Sullivan	Panel 11-USBC: Building A Leaderful Movement for Racial Justice and Equity in First Food • Kinkini Banerjee
3:55-4:30 MAIN RM.	Final discussion --From roots to wings: where do we fly from here? Facilitated by Michele Pensa-Branco w/ planning committee and key speakers
Post conference conversation in the bar (Dutch treat!)	
Group Dinner for those interested (Dutch treat!) -- Location: Mint (Indian restaurant at 504 West Franklin Street, Chapel Hill) Time: TBD but usually around 7	

Posters & Round Table Discussions

	Topic Areas	Title and presenter
1.	Improving prof. and peer support for mothers	Marina Pearsall, Carl Seashore, Alison Stuebe, Catherine Sullivan: Postnatal Support for Mothers in US Birthing Facilities and Realization of Breastfeeding Goals
2.	Improving prof. and peer support for mothers	Martha Paynter: Whither Breastfeeding?
3.	Improving prof. and peer support for mothers	Mara Rhodenizer, Eric A. Hodge: Maternal health matters
4.	Improving prof. and peer support for mothers	Louise Duursma, Elaine Burns: Right support and the right time: An analysis of presentations to a breastfeeding drop in support service
5.	Social Influences: Race and Ethnicity	Cecilia Barbosa: Taking a closer look: U.S. Breastfeeding Trends by Race and Ethnicity
6.	Social influences: Work	Colleen Payton Niharika Vedherey, Samantha Soprano, Nicole Murray, Martha Romney, Beth H. Olson, Diane J. Abatemarco, Marianna LaNoue, Amy Leader: Employee perceptions of the social-cognitive factors related to workplace lactation support

	Topic Areas	Title and presenter
7.	Social influences: Climate change	Julie Smith, Adlina Suleiman, Alessandro Iellamo, JP Dadhich: Climate change impacts of the infant nutrition transition: Estimates of greenhouse gas emissions from milk formula production:
8.	Social influences: Media	Zara Jillani, Victoria C. Scott, Yheneko J. Taylor : Portrayals of breastfeeding in the new media across the US: 2007-2016
9.	Social influences: Research	Katie Guthmiller, Laurence M. Grummer-Strawn : A Framework for Understanding the Health Consequences of Breastfeeding at the Breast and Milk Expression
10.	Gender perspectives and influences	Jennifer Yourkavitch: Women's status and breastfeeding in the US
11.	Gender perspectives and influences	Christine Toledo, Rosina Canel: Self-objectification: An intrapersonal barrier for breastfeeding
12.	Gender perspectives and influences	Jacqueline van Wijlen: Complex negotiations: A proposed feminist post structural exploration of infant feeding in the Neonatal Intensive Care Unit
13.	Gender perspectives and influences	Christine Field: A Systematic Review of the Maternal Economic Costs of Breastfeeding
14.	Maternal emotional experience	Chiara Creaghan, Deborah McCarter, Tauna Sisco: Intent to Breastfeed and Actual Feeding Pattern: Relationship to Postpartum Depression
15.	Maternal emotional experience	Kyle Silva, Deborah McCarter, Tauna Sisco: Early weaning and postpartum depression: Is there a link?
16.	Maternal emotional experience	Jerrilyn Wilson: Women's responses to electronic messages from nurses in the first six months postpartum:
17.	Maternal emotional experience	Katherine Warth: Statistical Analysis of Postpartum Depression and Breastfeeding Intensity
18.	Maternal emotional experience	Alison M. Stuebe, Samantha Meltzer-Brody, Brenda Pearson, Kathryn Wouk, Karen Grewen, : Disordered eating symptoms and maternal emotional experience of breastfeeding:

PRESENTER BIOGRAPHIES
In alphabetical order by first name

Adlina Suleiman MD, MPH, MBA, FAMM)

Dr. Adlina Suleiman (MD, MPH, MBA, FAMM) is a community medicine specialist and professor at National Defence University of Malaysia. She is the vice president of the Malaysia Breastfeeding Support Association and has worked, mainly at grass root level as a breastfeeding counselor for 26 years. She was on the national panel of accreditation for Baby Friendly Hospital Initiative (BFHI) and is a trainer for the 40 hr. and 20 hr. WHO breastfeeding counselling course. She has worked with Brunei to enhance the lactation counselling for mothers in Brunei and to conduct a mock BFHI accreditation visit, WHO, UNICEF. She has published 25 articles in medical journals and has written two books and contributed to book chapters

Alex Iellamois

Alex Iellamois an independent consultant with extensive expertise in infant and young child feeding(IYCF) policies and practices, particularly in emergencies, and on the WHO International Code. He is presently working for Save the Children, UK. Previous engagements included working with UNICEF and WHO in the Western Pacific Region. He has worked with the WHO's Scientific and Technical Advisory Group (STAG) on the International Code; and has been involved in developing the World Breastfeeding Trends Initiative (WBTI) and IYCF policy tools with the International Baby Food Action Network in Asia. He has also been involved in research on IYCF policies, practices and programs, including work environments, International Code implementation, and financial aspects of the WHO/UNICEF Global Strategy on Infant and Young Child Feeding.

Alison M. Stuebe, MD, MSc,

Dr. Stuebe completed her Obstetrics and Gynecology residency at Brigham and Women's Hospital and Massachusetts General Hospital in Boston. She completed fellowship training in Maternal Fetal Medicine at Brigham and Women's, and she earned a Master's in Epidemiology from the Harvard School of Public Health. She has published more than 130peer-reviewed articles. She is currently an Associate Professor and board certified Maternal-Fetal Medicine subspecialist at the University of North Carolina School of Medicine and Distinguished Scholar of Infant and Young Child Feeding at the Gillings School of Global Public Health. In the clinical arena, she is Medical Director of Lactation Services at UNC Health Care, and she works with an interdisciplinary team of faculty and staff to enable women to achieve their infant feeding goals. Her current research focuses on developing models for integrated care of families during the 4thTrimester. She is a member of the Steering Committee for Moms Rising North Carolina, and she is actively engaged in professional organizations. She is chair of the Communications Committee and president-elect of the Academy of Breastfeeding Medicine. At the Society for Maternal-Fetal Medicine, she is a member of the board of directors and of the SMFM Health Policy and Advocacy Committee. At the American College of Obstetricians and Gynecologists, she is a member of both the Breastfeeding Expert Work Group and the Maternal Mental Health Expert Work Group, and she chaired the Task Force on Reinventing Postpartum Care.

Amal Omer Salim

Amal is the Executive Director of the World Alliance for Breastfeeding Action and Coordinator of the WABA Research Task Force. Amal is a nutritionist by profession and is based at the Dept of Women's and Children's Health at Uppsala University, Sweden. She has been involved in the education and research programs at Uppsala and has published two scientific articles which are described briefly below. Her main interests are in the field of infant and young child nutrition, the socioeconomic factors related to nutrition and more recently in the field of gender and nutrition. For many years, she has been working as a consultant to the Swedish International Development Cooperation Agency, Sida. Amal has been working with WABA and its Core Partners in the ILO Campaign for Maternity protection for working women and is now working with WABA on coordinating the Health care practices area, amongst other things. The Logical Framework Approach and other results-oriented methodologies are of great interest to her as well as finding time to balance being a working mother of three children!

Amber Valentine, MS, CCC-SLP, BCS-S, IBCLC, CNT

Amber Valentine is a Speech-Language Pathologist who graduated from the University of Kentucky with her MS in Communication Disorders. She is a Board-Certified Specialist in Swallowing and Swallowing Disorders and an International Board Certified Lactation Consultant. She recently received her credentials to become a Certified Neonatal Therapist (CNT). She worked for Baptist Health Systems, Inc for 8 years before moving to Florida where she worked for Wolf sons Children's Hospital and Mayo Florida. She is now back in Kentucky working for Baptist Health Lexington. She has experience in adults and pediatrics with feeding and swallowing difficulties including: bedside swallow evaluations, Modified Barium Swallow studies, FEES, and pediatric feeding evaluations including NICU. She has experience with head and neck cancer patient including evaluation and treatment of swallowing difficulties, PMV use, and voice after total laryngectomy including TEP. She has provided guest lectures for the University of Kentucky and the University of Louisville on feeding and swallowing topics. She has presented at the hospital level, local, state, national, and international levels on pediatric feeding/swallowing and breastfeeding.

Amy Leader PH MPH.

Dr. Amy Leader is an Associate Professor in the Division of Population Science, Department of Medical Oncology at Thomas Jefferson University in Philadelphia, where she also teaches behavioral science and research courses in the MPH program at the Jefferson College of Population Health. She is a full research member of the Sidney Kimmel Cancer Center at Thomas Jefferson University. Currently, she is the project lead on two NCI-funded studies to investigate access to cancer care, one related to HPV vaccination, in the Greater Philadelphia area. Her research, broadly speaking, is in the areas of community outreach and engagement, health communication, health disparities, decision making, and cancer prevention and control.

Angela Lober, PhD, RNC, IBCLC

Ms. Lober has been an educator and clinician for over 18 years. She became an IBCLC since 2005 providing evidence-based care within an academic medical center and within her community. She has taught all aspects of breastfeeding to nurses, physicians, speech pathologist, dietitians and many other healthcare professionals and paraprofessionals for more than 15 years. She completed her PhD at Arizona State University's College of Nursing and Healthcare Innovation focused on the breastfeeding complexities of late preterm infants.

Angela Malloy, MAT, BC, IBCLC, RLC, CLC

Angela Malloy is private practice lactation consultant with Alpha & Omega Lactation Services located in Fayetteville, North Carolina. Her experience with breastfeeding began almost 25 years ago but she expanded her breastfeeding knowledge by becoming a Certified Lactation Counselor (CLC). She completed the Lactation program at the Mary Rose Tully Training Initiative at UNC-Chapel Hill and went on to become an International Board-Certified Lactation Consultant (IBCLC). Angela is the Executive Director and Founder of Momma's Village-Fayetteville, Inc., a breastfeeding support group for Black and brown families of color and Founder of Momma's Village Doula Collective, a birthing, postpartum and parenting group for the same local demographic. She is also the Director of the Military Breastfeeding Network of Fort Bragg which serves the military community she was born and raised in as a daughter, granddaughter and spouse of Army veterans. Angela has a Pathway 3 Lactation program, where she trains women of color to become lactation consultants. She is currently transitioning Momma's Village-Fayetteville into a community-based clinic that will focus on reducing racial disparities and improving birth and infant feeding outcomes for families in the Black and brown communities. In the few spare moments that she is not thinking, studying, teaching or researching about breastfeeding, counseling or mentoring mothers, Angela is homeschooling her fifth and last child, Bella (who is still breastfeeding), and enjoying her interestingly chaotic life with her Active Duty military husband, 5 kids, 3 grandkids, one very precocious Shih Tzu and a newly acquired adopted German Shepherd.

Anitha Muddana MBBS, DGO, IBCLC-

Majority of my work experience is around women's health, I am a physician trained in India with Diploma Obstetrics and Gynecology and an IBCLC. My recent work focus is breastfeeding research at University of North Carolina and lactation consultant at NC Women's Hospital. My research interests are "persistent pain in breastfeeding" and "sociocultural aspects of health care disparities". Mother of two, 12 and 5 years old daughters and married to high school sweet heart for 13 years.

Agustina Vidal, MSc

Agustina Vidal, MSc, is a Director of the Icarus Project. She is a versatile thinker and organizer who thrive at the intersection of theory and action. Originally from Argentina, she was five years old when democracy returned to her country and grew up active in the human rights movement which flourished there following the demise of dictatorship. Agustina has been part of The Icarus Project since 2006, and is currently a member of the national collective focused on the development of new tools and resources for both the U.S. and Latin American Icarus communities. She currently lives in South Carolina with her husband and two children.

April Mackey RN, Master's Student

April Mackey is a registered nurse and Master's student at the University of Saskatchewan and is presently a Clinical Associate with the College of Nursing. Her research interests include nursing history, utilizing technology to improve women's health, and the use of technology in education and student engagement.

Aunchalee Palmquist, PhD, MA, IBCLC

Aunchalee Palmquist, Ph.D., MA., IBCLC is an Assistant Professor at the University of North Carolina Chapel Hill, Department of Maternal and Child Health, Gillings School of Global Public Health and an affiliate of the Carolina Global Breastfeeding Institute (CGBI). Dr.

Palmquist is a medical anthropologist and International board-certified Lactation Consultant. Her research addresses the intersectionality of perinatal maternal and child health disparities globally and in the U.S. Specific areas of interest include birthing practices; breastfeeding and birth spacing; human milk sharing, and milk banking; and infant and young child feeding in emergencies (IYCF-E). She has expertise in nutritional anthropology, community-based participatory research, ethnography, social network methods, and mixed-methods research. Dr. Palmquist is the lead for the CGBI Lactation and Infant Feeding in Emergencies (L.I.F.E.) Initiative and the Humanitarian Maternal and Child Health Program. Dr. Palmquist serves as a CGBI representative on the WHO/UNICEF Global Breastfeeding Collective, the Emergency Nutrition Network IFE Core Group, and the CORE group Humanitarian-Development Task Force, and the United States Breastfeeding Committee. Dr. Palmquist teaches courses in the CGBI Mary Rose Tully-Training Initiative as well as in the Department of Maternal and Child Health

Beth H. Olson PhD

Dr. Olson is an Associate Professor in the Department of Nutritional Sciences at the University of Wisconsin-Madison. Her research interests include breastfeeding support for low-income and working women and improving infant feeding practices in low income families.

Bharathi Zvara, PhD

Dr. Bharathi Zvara is an assistant professor with extensive experience as an early childhood developmental scientist whose work informs programs and policies focused on children born into families experiencing risk and challenge from conditions associated with trauma, maternal depression, poverty, and violence. In studying the role of the family as the central context for young children's health and development, she focuses on parenting behavior and parent-child relationships across childhood. Employing diverse methods such as behavioral observation of parent-child interactions and biomarkers, her research centers on identifying the specific effects of childhood adversity across multiple levels of adaptation and influence (e.g., community, family, individual), as well as the processes that underlie the emergence and patterning of these effects impacting health and wellbeing. Her current applied research examines (1) how adversity broadly, and childhood trauma in particular, influence developmental pathways toward psychopathology and competence across multiple generations, and, (2) how the quality of interactions between parents and young children impacts risk for poor self-regulation and childhood obesity.

Brian W. Pence, PhD, MPH;

Dr. Pence is an Associate Professor in UNC's Epidemiology Department. Dr. Pence's research focuses on the links between mental health and HIV-related behaviors and health outcomes in the Southeastern US and in Africa. He is PI or co-PI on three current or recent NIH grants, including a randomized clinical trial to assess whether depression treatment integrated into HIV clinical care in the US improves HIV medication adherence; a study to define the epidemiology of depression among HIV patients in Cameroon and pilot-test a nurse-delivered depression treatment intervention; and a study to define the impact of antidepressant treatment on HIV outcomes among HIV patients in the CNICS network of 8 large clinical sites across the US. With Kathryn Whetten, he recently co-authored the second edition of *You're the First One I've Told: The Faces of HIV in the Deep South* (Rutgers University Press, 2013). This book presents the life histories of 25 individuals infected with HIV and living in the US Deep South, and highlights in particular the high prevalence and profound influence of traumatic life

experiences. In the second edition, the original qualitative findings are substantiated with new quantitative research, primarily drawn from the Coping with HIV/AIDS in the Southeast (CHASE) longitudinal cohort study of over 600 HIV-infected individuals from across the Southeastern US.

Carl Seashore, MD

Dr. Carl Seashore is Professor of Pediatrics in the Division of General Pediatrics and Adolescent Medicine. He is a general academic pediatrician with interests in QI, newborn care, ambulatory pediatrics, and informatics. He was previously Service Line Leader for Newborn Care and is currently Director of Informatics for Children's Services and a Lead Informatics Physician for UNC Healthcare. His QI training includes Yellow, Blue, and Green Belt Six Sigma training and Purple Belt (LEAN) training. Dr. Seashore has worked extensively with the Perinatal Quality Collaborative of North Carolina (PQCNC) on projects relating to newborn care delivery across the state, helping lead several initiatives including those aimed at improving care for babies with NAS and risk for sepsis. Other past QI initiatives include QI coaching and serving as Informatics expert for the EMPOWER Breastfeeding Collaborative, a Center for Disease Control and Prevention initiative coaching hospitals throughout the US to improve mother-baby care during the birth hospitalization and breastfeeding outcomes. He was a participant in the 2018 IHQI project, "LGBTQI", which focused on improving care for patients in the LGBTQ community at UNC's Children's Primary Care Clinic, where he also supervises residents during the clinic experience.

Catherine Sullivan, MPH, RDN, LDN, IBCLE, RLC, FAND

Catherine Sullivan is Director and clinical assistant professor at the Carolina Global Breastfeeding Institute (CGBI). Catherine leads CGBI programmatic efforts in the areas of breastfeeding friendly healthcare, childcare, communities and in lactation training. She facilitates the National Collaborative for Advancing the Ten Steps, and serves as CGBI's Principal Investigator on the core leadership team of CDC's EM Power Breastfeeding Initiative. Additionally, Catherine serves as course coordinator for the Mary Rose Tully Training Initiative. Under her leadership, CGBI is the steward for the US Breastfeeding Committee's Maternity Care Constellation. Catherine served as State Breastfeeding Coordinator in the NC Division of Public Health from 2006-2013 and has worked at the local level as a WIC Director and as field faculty for NC State's Cooperative Extension Service. Additionally, she has been a faculty member and clinician in the Department of Family Medicine at ECU's Brody School of Medicine. She is a registered and licensed dietitian and an International Board-Certified Lactation Consultant. Catherine is a frequent invited speaker with over 100 presentations in the areas of lactation training, maternity care practices, breastfeeding advocacy, and nutrition. She has over twenty years of experience in the fields of nutrition and lactation.

Cecilia E. Barbosa, PhD, MPH, MCP

Cecilia E. Barbosa, PhD, MPH, MCP is principal and owner, cBe consulting. She received a PhD in social and behavioral health from Virginia Commonwealth University (VCU) in 2014; her dissertation was on infant feeding barriers and facilitators among low-income African-American women in Richmond using positive deviance inquiry. Her research and practice interests include the health of children; breastfeeding; health inequities; systemic, social and environmental determinants of health; infectious diseases; public health infrastructure; and global health. She has worked for over 20 years in maternal and child health in Virginia, including several years as an independent consultant, as Director, Division of Child and

Adolescent Health, Virginia Department of Health, and as Executive Director, Virginia Public Health Association. She is Chair of the Governor's Virginia Latino Advisory Board, Board Vice-Chair of Dancing Classrooms of Greater Richmond, and serves on the Board of the Jenkins Foundation. She received Master of Public Health and Master of City Planning degrees from the University of California at Berkeley and a BA degree in Biology from Smith College. A citizen of Brazil and USA, she is fluent in Portuguese, Spanish, and French, has a basic knowledge of German, and is learning Catalan.

Chjara Creaghan

Chiara Creaghan is a senior nursing major and philosophy minor at Saint Anselm College. She was recently inducted into Sigma Theta Tau International Honor Society for Nurses and completed her senior preceptorship this summer at Massachusetts General Hospital in the Cardiac Intensive Care Unit, Ellison 9. She is the vice president of the club Unhooked and is a member of the Student Nurses Association. She will graduate in May and hopes to pursue a career in cardiac nursing. Chiara also has a love for humanitarian work and has been to northern Peru twice on mission trips with The Priestly Fraternity of Saint Peter. There she assisted at a prenatal clinic as well as a hospice house and participated in building homes for members of the community. This summer she had the opportunity to work with Dr. Deborah McCarter, Dr. Tauna Sisco, and fellow students to research the relationship between breastfeeding and postpartum depression and was able to present a poster at the NH-INBRE Annual Meeting. In addition to nursing, Chiara's other interests include philosophy, sacred music, and art history. She recently presented a spotlight presentation entitled Saint John the Baptist: Rustici's Work in Glazed Terracotta at the Currier Museum of Art in Manchester, NH.

Christine Toledo PhD(c), MSN, APRN, FNP-C,

Christine Toledo is currently a PhD candidate at the School of Nursing and Health Studies at the University of Miami, and a McKnight Doctoral Fellow. She received a Bachelor of Science in Biological Sciences at Florida International University, an Associate of Science in Nursing at Miami Dade College, and a Master of Science in Nursing at the University of Miami. Christine is an AANP certified Family Nurse Practitioner. She started her clinical career as a registered nurse on a medical-surgical unit at Mount Sinai Medical Center, and worked as a registered nurse at a level three neonatal intensive care unit for three years at Holtz Children Hospital caring for critically ill infants. It was during these years at the NICU that Christine developed a passion for maternal and child health research. Her research career began as a research assistant on a CDC-funded grant: Communities Putting Prevention to Work, that resulted in county wide implementation of nutrition and physical activity standards within childcare centers. Currently, she works as a research assistant with Dr. Cianelli developing and conducting studies pertaining to women's health in HIV. Her research interests include breastfeeding and postpartum depression. For her dissertation, she will be conducting a secondary analysis using a national dataset to investigate the relationship between breastfeeding and postpartum depressive symptoms. Christine has shown great commitment to promote maternal child health within the community by organizing breastfeeding health education and resource fairs within Miami Dade County with community partners including WIC and Healthy Start.

Christine Tucker, PhD

Dr. Tucker is an assistant professor of maternal and child health. Dr. Tucker is passionate about conducting research to improve women's reproductive health, especially with the Latina community. She has over a decade of quantitative and qualitative research and practice

experience in MCH and Latino health. Her current research focuses on improving health care delivery for postpartum women and evaluating maternal and child health evidence-based programs in North Carolina.

Cindy M. Young, MPH, RD, CLE

Cindy is Program Manager with BreastfeedLA. Cindy manages the Baby-Friendly Hospital Project which provides technical assistance to hospitals pursuing the Baby-Friendly designation. Prior to coming to BreastfeedLA, Cindy worked for over 10 years as a nutritionist for the Los Angeles County's Public Health Nutrition Program. Cindy received her Bachelor's degree in Dietetics from Brigham Young University and Master's degree in Public Health Nutrition from UCLA. She is a registered dietitian with a passion for food and nutrition education and breastfeeding promotion and support. Cindy is a member of the Asian Breastfeeding Task Force.

Colleen Payton PhD MPH MCHES

Dr. Payton is an Assistant Professor of Public Health at Moravian College where she teaches public health courses including health program planning and evaluation, epidemiology, biostatistics, and global health. Her research has focused on the organizational climate for workplace lactation support in Pennsylvania from the perspectives of employers, employees, and workplace lactation experts.

Dana Laczko RN, MN

Dana Laczko is a Registered Nurse, currently working in an outpatient oncology clinic and also as a research assistant at the University of Saskatchewan. She completed a Master's degree in Nursing from the University of Saskatchewan in 2016. Her thesis research used qualitative methods to explore the ways Indigenous women experience cultural safety when interacting with health care professionals in both the prenatal and postnatal periods. Her research and practice interests include maternal-child health, vulnerable populations, health equity and social determinants of health.

Deborah McCarter

Deborah McCarter is a professor of nursing and a nurse researcher from Saint Anselm College in Manchester, NH. She has cared for childbearing mothers for over 35 years as a staff nurse and nursing professor in both the clinical and classroom setting and has been an IBCLC for 30 years. She is a devotee of the Breastfeeding and Feminism International Conference, which has influenced her professional and personal life immeasurably over the years. Her recently completed research addresses outcomes of an electronic nursing intervention for postpartum mothers, but her passion for breastfeeding and maternal mental health motivated her to collect data on both variables for the sample of over 500 women in the study, informing her presentation at BFIC 2019. She is also proud and thrilled to have Dr. Tauna Sisco, a sociology colleague, and a team of interdisciplinary undergraduate students, Kyle Silva, Katharine Warth and Chiara Creaghan, attending and presenting at the conference this year for the first time. Their excitement about analyzing data and learning about breastfeeding and mood has been inspirational, and their support with the statistical analysis has been invaluable.

Deborah van Wyck

Deborah van Wyck is a Lactation Consultant in private practice in Montreal, Quebec, Canada. An IBCLC since 2003, she has extensive background in community Nursing and teaching, as well as academic credentials in Sociology and Counseling Psychology. A lifelong interest in environmentalism, feminism and reproductive rights – as well as personal experience as a breastfeeding mother – led to a desire to work more intensely in the lactation field. Lactation career highlights include establishing a breastfeeding peer-support program and supporting the establishment of Quebec’s professional IBCLC Association - eventually serving on the AQC Board for 4 years. Health-care ethics has also long been an interest, and she served for a number of years on ILCA’s Code and Ethics Committee. A collaborative presentation for the 2009 ILCA conference on *Ethics and Lactation Consultants* brought to light some of the debates around approaches to breastfeeding advocacy, and eventually to a co-presentation with Kimberley Mackenzie at the 2018 ILCA conference entitled *Anti-Lactation Backlash in Public Discourse*.

Diane J. Abatemarco PhD MSW

Dr. Abatemarco is a maternal and child health researcher. Her research interests include pediatric practice transformation, mindfulness-based interventions with women in treatment for opioid addiction, and community connectivity to increase resources for women with children.

Diane Asbill, BSN, RN, IBCLC

Diane Asbill has spent her 40-year professional nursing career in the care of mothers and infants. She began her career in UNC Hospitals as a staff nurse in pediatrics and the neonatal intensive care unit with expanded roles as a transport flight nurse and later research nurse for innovative therapies in the care preterm infants. During these experiences her passion for assisting new mothers to breastfeed and provide maternal breast milk to their sick or premature infants was launched. Diane became a Board-Certified Lactation Consultant in 1989, the 4th year of the profession and certifying exam. Diane has grown as this profession has grown, working as a lactation consultant in a tertiary care NICU, in-patient postpartum units, outpatient clinical sites, and in private practice in the community. She excels as an educator to patients, staff and upcoming lactation professionals. Diane is currently the Lactation Department Coordinator at NC Women’s Hospital at UNC Hospitals, managing 18 professional lactation consultants covering all units of the hospital and outpatient pediatric and obstetric clinics. She is a student mentor and didactic instructor for the Mary Rose Tully Training Initiative, a Pathway 2 program for preparing students for the International Lactation Consultant Exam and leadership in the lactation field. Diane is currently the Chair for UNC Hospitals Baby-Friendly Steering Committee, charged with guiding our multidisciplinary team through the Baby-Friendly re-designation process over the past year.

Dixie Weber MS, BSN, RN,

Dixie Weber is the National Director of Healthcare Programs for Family to Family Support Network, a non-profit based in Denver, Colorado. She is an expert in best practices in the care of Unique Perinatal Populations including, women making an adoption plan, families growing through surrogacy arrangements, the pregnant incarcerated population, women giving birth after sexual assault or domestic violence and social complex families. She has established expectations for healthcare in the delivery of comprehensive, consistent and high-quality medical care for these complex patients. She has developed numerous innovative programs and has spoken across the country on topics including Generational Workforce Management, Neutral

Compassionate Care Models, Adoption and Surrogacy, Bioethics and Leadership Development. Dixie currently serves as the Association of Women's Health, Obstetrics and Neonatal Nursing Idaho Section Leader. For the past 20 years, Dixie has specialized in Maternal-Child Healthcare and has held numerous leadership and programmatic positions within the specialty. Dixie holds a master's degree in nursing leadership, as well as a post-graduate certificate in adult learning theory. Professionally, she is focused on working with states across the country to educate healthcare teams, assisting them to revise their internal infrastructure and workflows to improve patient care and proactively engaging the community in the total care of the Unique Patient Population. Additionally, she is a pro-education healthcare advocate working to influence congressional leaders at both the state and national levels to continue efforts to improve women's health.

Donna Washington

Donna Washington is an internationally known master storyteller, artist educator, and published author who has been performing for audiences of all ages for over thirty years. Her nine storytelling CDs have garnered over twenty-four national awards. She has authored numerous articles about storytelling and education including contributions to the award-winning book, *Social Studies In The Storytelling Classroom*. She is also the author of four children's books: *Li'l Rabbit's Kwanzaa*, *A Pride of African Tales*, *The Story of Kwanzaa*, and *A Big Spooky House*. She has served as president of the North Carolina Storytelling Guild and on the editorial board of the National Association of Black Storytellers. She serves on the Theatre and Young Audiences Board for Northwestern University. She lives with her husband and two cats in Durham, NC.

Elaine Burns, RM, RN, MCN, PhD

Dr. Elaine Burns is a Registered Midwife and Senior Lecturer at Western Sydney University and Chair of the NSW State Branch of the Australian College of Midwives. Elaine has worked in the area of midwifery and women's health for more than two decades and has an established track record as clinician, educator and researcher. Her current research interests focus around midwifery practice during the early postnatal period, peer and professional communication around breastfeeding and gender equity for breastfeeding women. Elaine's PhD work explored professional support during the early establishment phase of breastfeeding. Dr. Burns has explored women's experience of midwifery continuity of care as well as peer support for breastfeeding. Most recently Elaine has been investigating the broader societal facilitators and barriers to women achieving the WHO recommended breastfeeding durations. Findings from Dr. Burns work have been rapidly disseminated through more than 30 peer reviewed publications. She is working on several related projects including a student mentoring project, postnatal maternity care in hospital and return to work and breastfeeding. Elaine is currently supervising 6 HDR students in related work and is passionate about improving support for women who are breastfeeding and the early transition to mothering.

Eleanor S Johnson MSN, RN, IBCLC, RLC

Eleanor S Johnson MSN, RN, IBCLC has been a public health nurse in maternal child since 1979. A large influence in my practice has been an undergraduate study in Anthropology. In her 36 years, she has practiced in Minnesota, Wisconsin, New York State and Indiana. Each place had different issues concerning infant care and feeding. She was working at WIC as a Lactation Consultant when she started a MSN. She found Community Based Participatory Research (CBPR) and Photo voice a fascinating way of getting people to talk about their lives, desires,

concerns and successes regardless of social, economic, race or gender. The information she was very important in discussing the long-term breastfeeding concern that was specific to Muncie IN. What is important to realize about this exploratory research project is that it is not to be used to generalize, but rather to discover relevant information that can add dimension to a concept or to develop qualitatively derived clinical interventions for lactation for a specific population, therefore making our work more successful.

Ellen Chetwynd is a Research Scientist at the University of North Carolina at Greensboro, where she works with Drs. Jen Yourkavitch and Paige Hall Smith on breastfeeding writing, research, and advocacy at the Center for Women’s Health and Wellness. At North Carolina State University, she is a Research Scientist of Clinical Lactation working with Drs. April Fogleman and Nicola Singletary at the Mother and Infant Lactation Knowledge (MILK) Lab to create breastfeeding education for undergraduate and graduate students working toward careers in public health and the medical sciences. As an Adjunct Assistant Professor at UNC Chapel Hill, she is working with the Maternal Child Health team at UNC Family Medicine to build an innovative maternity service at a Critical Access Hospital in rural North Carolina. She balances her academic work with clinical practice at the Women’s Birth and Wellness Center, which is an out-of-hospital birth and lactation center providing full scope lactation services for clients giving birth at the facility, as well as providing care for women referred to the service from other health care practices in the area. Her research focuses on the craft of lactation consulting—from the clinical aspects to practice integration in the medical system. She has served as an expert witness on the topic of reimbursement of lactation consultants in a successful class-action lawsuit, and has made this area one of the focuses of her advocacy work. In clinical research, she looks at breastfeeding pain and dysfunctional suck. She has created a series of techniques that access infant reflexes and learning, guiding babies to think their way to better nursing. These techniques allow lactation consultants to move past the more traditional approaches to assisting the breastfeeding couplet to ones that place breastfeeding within the context of infant movements and body dynamics. She is a founding member of two businesses: Next Level Lactation LLC, which provides advanced education in clinical lactation, and Teaching Babies to Nurse LLC, which promotes new techniques in lactation consulting focused on infant behavior and learning. She serves as the Chair of the North Carolina Breastfeeding Coalition and is a member of the Perinatal Health Committee of the Child Fatality Task Force. Websites: nextlevellactation.com, ellenchetwynd.com, ncbirthcenter.org and breastfeeding.cals.ncsu.edu

Ellen J. Schafer, PhD, MPH, MCHES

Ellen Schafer is an Assistant Professor at Boise State University in the Department of Community and Environmental Health. Ellen’s research broadly covers the social context of health behaviors and she has most recently applied this to work to infant feeding and breastfeeding. Prior to her position at Boise State University, she was a postdoctoral fellow in maternal and child health at the University of South Florida and worked with a research team on issues regarding breastfeeding and human milk provision at child care centers in the Tampa Bay region. She is presenting on the work of this group.

Elizabeth Brooks JD, IBCLC, FILCA

Liz Brooks is a private practice International Board-certified Lactation Consultant (IBCLC) and licensed lawyer, with expertise in public health, ethics, advocacy, criminal, and administrative law. Liz offers in-home lactation consultations, and bedside care in a large Baby-Friendly-designated hospital. She has been a leader in organizations for IBCLCs, breastfeeding promotion, and non-profit human milk banking. She taught at Drexel University's Pathway 2 program for IBCLC candidates, authored the only text book on legal and ethical issues for the IBCLC, and has articles on health care ethics, equity, and conflict-of-interest in several books, blogs, and peer-reviewed journals. She provides Baby-Friendly teaching, and is a popular international conference speaker, offering practical tips with wit and wisdom for anyone who works with lactating and human milk-using families.

Emily Fung

My name is Emily Fung. I am a registered nurse from Hong Kong. I graduated from Queen Elizabeth Hospital and practiced as a nurse at QEH. Then I came to America to continue my nursing education in early 90's. I graduated from UNC Greensboro BSN program. I practiced nursing at different settings in Winston-Salem. Recently I completed my North Carolina Lactation Educator Program. This training gave me information about the role of a Lactation Consultant. Now I am in the Mary Rose Tully Training Initiative –Carolina Global Breastfeeding Institute program. These trainings will help learners to establish a working knowledge of the importance of breastfeeding and how to support mothers and families to meet their breastfeeding goals. I am so proud to be one of their students.

Eric A. Hodges, PhD., FNP-BC, FAAN

Eric Hodges is an Associate Professor at The University of North Carolina at Chapel Hill School of Nursing. Dr. Hodges' program of research bridges nursing and nutrition and relies on a developmental science framework to understand the development of the young child's self-regulation of feeding. His goal is to use this understanding to help families support their child's optimal growth and development, while preventing feeding and nutrition problems, particularly obesity. His research has produced new knowledge and measures toward this goal and has been recognized by federal and foundation funding and citation in national position statements and practice guidelines. For example, Dr. Hodges' work has been cited in the position statement of the Academy of Nutrition and Dietetics: Nutrition Guidance for Healthy Children Ages 2 to 11 Years. Dr. Hodges has published in high impact journals in nursing and nutrition and his work has been cited worldwide. His current work has potential for national implementation. Dr. Hodges received his BSN from The University of Tennessee Health Science Center-Memphis, his MSN from George Mason University, and his PhD from Oregon Health & Science University School of Nursing. He completed a Postdoctoral Fellowship at the USDA/ARS Children's Nutrition Research Center at Baylor College of Medicine.

Fiona Dykes

Dr. Fiona Dykes is Professor of Maternal and Infant Health and leads the Maternal and Infant Nutrition and Nurture Unit (MAINN), School of Community Health and Midwifery, University of Central Lancashire which she established in 2000. Fiona is an Adjunct Professor at Western Sydney University and holds Visiting Professorships at Högskolan, Dalarna, Sweden (paid secondment 0.2WTE) and Chinese University of Hong Kong. Fiona has a particular interest in the global, socio-cultural and political influences upon infant and young child feeding practices; her methodological expertise is in ethnography and other qualitative research methods. Fiona is

the Conference Convenor and Chair of the Scientific Review Committee for the MAINN Conference, a three day, international, peer reviewed event established in 2007 and held bi-annually in the UK and, more recently, on alternate years overseas (Sydney, Australia, Sweden and Florida). Abstracts are published in *Maternal and Child Nutrition*, the Wiley-Blackwell published international journal. The editorial office for *Maternal and Child Nutrition* is in MAINN and Fiona is a member of the editorial board. Fiona is a Fellow of the Higher Education Academy and has worked on WHO, UNICEF, UNFPA, EC, DH NHS, NIHR, Well come Trust, British Council, British Academy, and Australian Research Council (ARC) funded projects. Fiona is author of the monograph *Breastfeeding in Hospital: Mothers, Midwives and the Production Line*(Routledge). She is also joint editor of several books including *Infant and Young Child Feeding: Challenges to implementing a Global Strategy* (Wiley-Blackwell) and *Ethnographic Research in Maternal and Child Health*(Routledge).

Fiona M. Jardine, MA (Cantab.), LLM, MLS, ALC

Fiona Jardine is a lactation consultant, a postpartum doula, and an Information Studies PhD candidate at the University of Maryland's iSchool. Her background is in the law but, following the birth of her daughter and successfully breastfeeding without nursing, she is conducting pioneering research into the experiences of those who exclusively pump (EP) breast milk. She is exploring why EPers initiate and cease exclusive pumping, what their information behaviors and support needs are and whether they change over time, and what their lived experiences are and in what ways can they be improved. However, she is able to provide insights into many different aspects of EPing thanks to the breadth of the data she collected. You can follow along with her findings here: bit.ly/EP_research. As an ALPP Advanced Lactation Consultant and almost-DONA-certified postpartum doula, Fiona provides the support that she believes is so desperately needed, especially in the fourth trimester. She recently redesigned the breastfeeding symbol to be inclusive of both nursing at the breast and pumping (see universalbreastfeedingsymbol.com). Fiona enjoys crafting (predominantly knitting, needle felting, and sewing), is an ardent animal lover(counting bees, prairie dogs, and backyard hens among her animal menagerie), and is progressively failing to live up to the English stereotype of drinking lots of tea as she increasingly realizes that coffee is life. Find out more about Fiona on her website: fionamjardine.com.

Gaberiela Maradiga Panayetti, MD

Gabriela is a board-certified Pediatrician and sees patients at Duke University Medical Center's Children's Primary Care Center and at Duke Healthy Lifestyle.

Hannah Tello, MA, EdM, CLC

Hannah Tello is a PhD candidate at the University of Massachusetts Lowell in the Applied Psychology and Prevention Science program. She received her BA in English and Psychology from Mount Holyoke College, and her EdM in Curriculum and Instruction as well as an MA in Community Psychology from UMass Lowell. Her dissertation research explores the intersection of trauma, birth and infant feeding via mixed methods approaches that incorporate narrative analysis. Her present studies explore the antecedents of traumatic birth with a specific focus on instances of obstetric violence. Variations of her studies have most recently been featured at the International Society for Research on Human Milk and Lactation in Tokyo, Japan and the World Congress on Controversies in Obstetrics, Gynecology and Infertility in London, UK. Hannah is also a community health researcher currently developing a comprehensive needs-assessment for vulnerable populations in the Greater Lowell area, with a specific focus on refugees, the elderly,

and injection drug users. She previously served as a La Leche League Leader and is a certified breastfeeding counselor. She is also a single mom to her son, Pax, age seven.

Ifeyinwa Asiodu PhD, RN, IBCLC

Ifeyinwa Asiodu is an Assistant Professor in the Department of Family Health Care Nursing at University of California, San Francisco (UCSF) School of Nursing. As a researcher, registered nurse, and lactation consultant, her research is focused on the intersection of race, systemic and structural barriers, life course perspective, and access to human milk and breastfeeding support. Dr. Asiodu received her BSN from the University of Southern California and her MS and PhD from UCSF School of Nursing and completed her postdoctoral work at the University of Illinois, at Chicago.

Isabella Renae Malloy

Isabella Renae Malloy, Experienced Full-term Breastfeeder Isabella, better known as Bella, is a 6-year-old, homeschooler who has been breastfed since birth. She has been attending breastfeeding conferences since she was 1 year old and this is her 4th year attending Breastfeeding & Feminism International Conference. Bella has been volunteering with Momma's Village-Fayetteville alongside her mother, helping to support mothers while they receive breastfeeding support. Last year, Isabella requested to present her story about breastfeeding so that she can share what her journey has been like and help to make breastfeeding for older children normal. When Bella is not breastfeeding, she enjoys spending time with her daddy, four adult siblings, her two nephews and her niece, learning to read, learning about science, and being a Girl Scout.

Jacqueline van Wijlen, BScN, MN(NP), RN

Jacqueline is a graduate of St. Francis Xavier University (Bachelor of Science in Nursing with Advanced Major, 2012), Dalhousie University (Master of Nursing/Nurse Practitioner Stream: Family/All-Ages, 2016) and a current PhD student at McGill University in the Ingram School of Nursing. The focus of her PhD research is a qualitative exploration of infant feeding in the Neonatal Intensive Care Unit (NICU) using a feminist post structural lens. Thesis committee members include Dr. Sonia Semenic (McGill University), Dr. Megan Aston (Dalhousie University), Dr. Fiona Dykes (University of Central Lancashire) and Dr. Nancy Feely (McGill University). Jacqueline's nursing practice career began in Pediatric Intensive Care before transitioning into Neonatal Intensive Care. While completing her Masters' degree, Jacqueline continued to work in the NICU as well as in a family practice clinic. In conjunction with her PhD studies, Jacqueline currently holds a tenure-track position in the Rankin School of Nursing at St. Francis Xavier University, teaching courses in research methods, maternal-child and family health and wellness.

Jada Wright Nichols MS, OTR/L, IBCLC

Jada Wright Nichols is women's wellness consultant who lives in Atlanta, GA, and provides family and newborn services in Tennessee and Georgia. She is an occupational therapist, massage therapist, yoga instructor, doula, and lactation consultant. She is the co-founder of Breastfeeding Sisters That Are Receiving Support (BSTARS), a board member of the TN Breastfeeding Coalition, and the Vice-President of Breastfeeding USA. She is a lactation consultant at Children's Healthcare of Atlanta, and the owner of Blossom Health and Maternal Wellness, Bloom Early Intervention, and BirthWright Consultants.

Janet McCabe RN PhD

Dr. McCabe completed a PhD in Nursing from the University of Ottawa. Her graduate work, focused on the nursing experience of providing sexual health care to youth with disabilities, was funded by the Social Sciences and Humanities Research Council. Currently, Dr. McCabe is the Associate Dean (Nursing), at the University of Ontario Institute Of Technology in Oshawa, Ontario. Prior to this, she was with the College of Nursing, University of Saskatchewan, Prince Albert campus from 2009 to 2017 where she supported the remote nursing programs in northern Saskatchewan. Building on a clinical background in both in-patient and out-patient pediatrics, Dr. McCabe's interest in individuals with disabilities has been shaped by her own experiences of living in both rural and urban environments. She has explored the health of athletes with intellectual disabilities, developed educational opportunities for nursing students focused on health promotion and intellectual disability, and worked with community groups to promote community integration for youth with exceptionalities in rural communities. She has also served as a Clinical Director for Special Olympics Saskatchewan, and led the Health Promotion team for the 2016 Special Olympics National games.

Jennifer Hoover, BS, IBCLC

Jennifer Hoover is an International Board-Certified Lactation Consultant and holds a Bachelor's of Science in Maternal-Child Health from Union Institute & University. She has been working with families as a doula, childbirth educator, and breastfeeding counselor for over ten years. Jennifer is also a perinatal educator and licensed massage therapist. In 2016, she created Thrive Lactation Consulting at The Women's Clinic in Fort Collins, Colorado, to offer patients comprehensive care after the birth of their babies. Education and support during the childbearing years are Jennifer's passions. Her goal as an educator is to help families discover their unique path through pregnancy, birth and parenting, and support them with compassion on their journey. As a lactation consultant, she recognizes the individual needs and goals of families and strives to support and empower them as they learn to care for and feed their children. Jennifer acknowledges both the complexity and simplicity of parenthood, which is equal parts worry, wonder, joy, and uncertainty. In her free time, Jennifer serves on the boards of directors of both the Northern Colorado Breastfeeding Coalition and Bike Ft. Collins. She also enjoys road cycling and spending time with her husband and three children in the great Colorado outdoors!

Jennifer Yourkavitch, MPH, PhD, IBCLC

Dr. Yourkavitch is a perinatal/pediatric epidemiologist and lactation consultant whose research and applied work documents and addresses social and structural determinants of health, particularly in relation to lactation and breastfeeding practices, maternal and child health, HIV/AIDS and other infectious diseases, gender, equity, health systems and service delivery, in the U.S. and globally. For 20 years she has designed, implemented, monitored and evaluated public health programs. Dr. Yourkavitch has authored many articles and technical publications on global health issues, including health and nutrition equity in low-and middle-income countries, and several quantitative and qualitative studies on reproductive health, including women's experiences with lactation and social and environmental influences on breastfeeding. Dr. Yourkavitch is a Senior Research Manager at ICF, a consulting firm, where she has managed work for clients including the World Health Organization, the United States Agency for International Development, and the Centers for Disease Control and Prevention. She is a Research Scientist at the Center for Women's Health and Wellness at the University of North Carolina, Greensboro and also holds an adjunct position in the Maternal and Child Health

Department in the Gillings School of Global Public Health at the University of North Carolina, Chapel Hill.

Jerome E. Morris, Ph.D.

Dr. Jerome E. Morris is the E. Desmond Lee Endowed Professor of Urban Education (in conjunction with St. Louis Public Schools) and a Fellow with the Center for Public Policy Research at the University of Missouri-St. Louis. As a social scientist, Morris's interdisciplinary research around schools and communities is grounded in sociology, anthropology, school reform, and urban studies. From 1997-2015, Dr. Morris was a faculty member in the College of Education at the University of Georgia (UGA), rising from Assistant to Professor. As a Research Fellow at UGA's Institute for Behavioral Research, he directed the "Race, Class, Place and Outcomes Research Group" and the "Interdisciplinary Research Project for Communities and Schools." With funding from the Spencer Foundation Major Grants Program and the American Educational Research Association, Morris' research studies provide empirically grounded models for understanding race, education, and identity in post-Brown America. A major theme of his recent scholarship is the race-place nexus and the geography of educational opportunity, and he has been at the forefront of highlighting the centrality of the U.S. South in understanding Black people's experiences in a range of areas, especially education and health. Morris has published extensively in leading research journals and served as the guest editor for a special issue of the Peabody Journal of Education focusing on "Race and Opportunity in the American South." Dr. Morris is a founder of Education for Liberation—a national coalition of teachers, community activists, researchers, youth and parents. He is an active member of the American Educational Research Association (AERA), the American Sociological Association, and the Association for the Study of African-American Life and History.

Jerry Wilson

Jerrilyn Wilson is a nursing student completing her senior year of her Bachelor of Science in Nursing at Colby-Sawyer College in New London, New Hampshire. Jerrilyn has been assisted in this research by recruiting mothers for the study and was then able to analyze the mothers' responses to the electronic messages. Through her time as a nursing student she has been a member of the Student Nursing Association at her school, was a teaching assistant for a nursing class, and completed a medical campaign with her fellow classmates in San Jose, Costa Rica. Her plans following graduation is to be a critical care nurse and work toward a Master's degree in nursing. Her time during this study has shown her what is like during the postpartum period for mothers and that many more resources are needed.

Joan E. Dodgson, PhD, MPH, RN, FAAN

Dr. Joan Dodgson is the Editor in Chief for the Journal of Human Lactation. She has researched teaching/learning and cultural influences on lactation over the past 20 years. Dr. Dodgson has worked with communities in Asia and throughout the US to promote and support breastfeeding families using community based participatory methodologies. Her publications about conducting research, her research and a variety of related issues have been widely published and cited. She has regularly attended this conference.

Jodie Bigalky RN PhD

Dr. Bigalky is a Clinical Associate at the College of Nursing, University of Saskatchewan, and Regina site. She also maintains a casual position on the Labour and Birth unit at the Regina

General Hospital. Jodie obtained her undergraduate degree in nursing from the University of Saskatchewan. Her research interests focus on high-risk pregnancy. Her Master's research was an exploratory study that looked at the prenatal care experiences of Aboriginal women. Jodie recently completed her PhD at the University of Regina, focusing on the experiences of pregnant women with substance use disorders. She holds current certification in perinatal nursing through the Canadian Nurses Association and is a member of the Board of Directors for the Canadian Association of Perinatal and Women's Health Nurses.

Joseph E. Gonzales, PhD

Dr. Joseph E. Gonzales is an Assistant Professor in the Department of Psychology at the University of Massachusetts, Lowell. He received his BA and MA in experimental psychology from California State University, Stanislaus, and his PhD in quantitative psychology from the University of California, Davis. Dr. Gonzales' quantitative research interests are in methods for modeling intraindividual multivariate dynamics and issues of measurement invariance for latent constructs. More substantively, Dr. Gonzales has interests in affective contagion, mate selection, romantic and sexual relationships, ovulatory effects in humans, and romantic and familial dynamics. Presently, Dr. Gonzales is the PI for a seed grant studying the Sexual, Reproductive, and Perinatal Health Disparities (SRPHD) in women. He is also a Co-PI on a grant exploring the relation between physiological reactivity to stress, and how these differences in reactivity predict aggressive behavior.

J P Dadhich (MD, FNNF,PGD-DND)

J P Dadhich (MD, FNNF,PGD-DN) is a senior pediatrician based in Delhi. He is trained in Paediatrics and Neonatology; Developmental Neurology; Infant and Young Child Feeding including HIV; and Research Methods .He has been associated with Breastfeeding Promotion Network of India (BPNI), the premiere organization working in the field of infant nutrition and other related issues in India since 1992 including involvement, since inception, in the development and implementation of a unique research tool for the assessment of the policies and programme on infant and young child feeding: World Breastfeeding Trends Initiative (WBTi).

Judy Canahuati

Recognized internationally for her efforts - as a lactation expert and health and nutrition advisor, Judy has more than five decades of experience in maternal child health and nutrition programming. She edited the first Spanish language breastfeeding community outreach manual for the USAID supported Breastfeeding Support Center (CALMA) project in El Salvador. Subsequently she provided technical services to the USAID supported National Breastfeeding Program PROALMA in Honduras. She was the local project director for a La Leche League International USAID supported Child Survival grant to develop a model for providing peer counseling in breastfeeding. She then went on to work as the Community Outreach Advisor for a USAID funded grant to Wellstart International called Expanded Promotion of Breastfeeding. Canahuati also had experience with more formal education, teaching Anthropology at the National University in Honduras, as director of World Bank Project to Improve Basic Education in Honduras and as superintendent of Escuela Internacional Sampedrana in San Pedro Sula, Honduras. After returning to the US permanently in 2001 after almost 30 years of living in Honduras, Ms. Canahuati worked with CARE USA in its Atlanta office supporting the HIV, health and emergency units. During that time, she helped CARE obtain a grant to work on infant feeding in emergencies and formally and informally advocated

for more support to breastfeeding employees as well as for the importance of breastfeeding in development and emergency programming. During the last dozen years of her career, she brought these many threads of her professional life together through her work with USAID's Office of Food for Peace as maternal child health and nutrition advisor where among other achievements, she was successful in advocating for significant improvements in the first USAID/Washington Lactation Room as well as enhanced support to nutrition, health and gender. She advocated successfully for increased attention to both the nutritional quality of the food that USAID provides as well as the quality of capacity building of the organizations carrying out development work in Food for Peace focus countries. She was able to do that through two focus areas in her time at USAID, as program manager of the Food Aid Quality Review (FAQR) and Activity Manager for the Technical, Operational and Performance Support (TOPS) grant. During her last years, coming full circle, she helped bring about support for development of both a [technical brief](#) as well as model of how a food security focused program could improve its health linkages with family planning providers.

Julie Smith PhD BEc Hons BA

Dr. Julie Smith is currently an Australian Research Council (ARC) Future Fellow and holds appointment as Professor (Associate) at the Menzies Centre for Health Policy, ANU College of Asia and the Pacific. For 10 years to 2014, she held NHMRC and ARC funded research appointments at the Australian Centre for Economic Research on Health at the ANU College of Medicine, Biology and the Environment. She has over a decade of experience in government providing economic and social policy research, analysis and advice to Australian and New Zealand governments and her research has informed international agencies such as WHO, the US Surgeon General's Office, and the Australian Parliament. Dr. Smith's innovative research has contributed to a new understanding of economic aspects of breastfeeding: the resource cost consequences of premature weaning, the gendered basis for invisibility of the economic value of breastfeeding, and the economic and market incentives influencing infant feeding decisions and new mothers' employment decisions. She used epidemiological method to estimate attributable hospitalization costs of premature weaning from exclusive breastfeeding and explored possible early life programming mechanisms for obesity and the metabolic syndrome. She introduced the economic value of Australia's annual human milk production to the nutrition and economic literature and broken ground by calculating values for breastfeeding from prices in human milk markets rather than from the price of infant formula. Her novel critique of global national accounting treatment of breastfeeding and human milk production argues that policy priorities are distorted by economic statistics such as Gross Domestic Product (GDP) not valuing women's unpaid lactation and care work.

Katherine Bryant, MA, MSPH,

Katherine Bryant earned a Master of Science in Public Health at the University of North Carolina at Chapel Hill. She currently serves as a Project Manager for multiple projects with the UNC Center for Maternal and Infant Health. This includes the HRSA funded Care4Moms research project, which will identify the challenges mothers of medically fragile infants have in accessing care as well as propose recommended modifications to the current system of care. She is passionate about public health, with a focus on women's health, social determinants of health, and health equity.

Katherine Warth-Saint Anselm College '21

Katherine Warth is a Sophomore American Studies major at Saint Anselm College in New Hampshire. She has a particular interest in interdisciplinary studies which drew her to conduct statistical research on postpartum depression and breastfeeding. Conducting this research has increased her knowledge of and interest in not only breastfeeding and feminism, but in statistics and nursing as well. She will continue to conduct statistical analysis on this topic in future years and hopes to be able to integrate what she has learned from her research with her love of American history. She would like to thank Professor Sisco and Dr. McCarter for all of their guidance and unending support through the research process and for the opportunity to conduct this research.

Kathleen Marinelli

Kathie is a Clinical Professor of Pediatrics, University of Connecticut School of Medicine, and has served as a neonatologist, and member of the Human Milk Research Center, Connecticut Children's Medical Center, Hartford, Connecticut. She graduated from Cornell University and Cornell University School of Medicine; and completed postgraduate clinical training as a pediatric resident, nephrology fellow and neonatology fellow at Children's National Medical Center, George Washington University, Washington DC.

Having served 12 years on the Academy of Breastfeeding Medicine Board of Directors and many as chair of its Protocol committee, she was in the first group of physicians to receive the designation of Fellow of the Academy of Breastfeeding Medicine (FABM). Kathie is also Past-Chair of the United States Breastfeeding Committee, Chaired the Baby-Friendly Hospital USA NICU Initiative from 2013-2017, serves on the Baby-Friendly USA medical advisory committee, and served on the International Lactation Consultant Association's Board of Directors (2014-2018). She is a member of the 5 Organization-WHO-UNICEF Collaboration on the global implementation of the new BFHI Ten Steps.

She is co-Medical Director of the Human Milk Banking Association of North America, Mothers' Milk Bank of the Western Great Lakes and Associate Editor of the Journal of Human Lactation since 2016. She has authored many chapters, research papers, and ABM protocols. Among her research interests are breastfeeding and human milk in the NICU, Baby-Friendly and Baby-Friendly NICU, donor milk and milk banking, and educating medical professionals. She lectures extensively around the world. Her proudest achievement are her four accomplished children, ages 22 to 32.

Kathryn Wouk, PhD, MS, IBCLC

Dr. Kathryn Wouk is postdoctoral research fellow at the Carolina Global Breastfeeding Institute in the Department of Maternal and Child Health at the UNC Gillings School of Global Public Health and an affiliate of the T32 training program at the Center for Women's Mood Disorders. Dr. Wouk provides research support for a variety of public health projects at the Carolina Global Breastfeeding Institute, including the RISE Project, MRT-TI, the ENRICH Carolinas Project, and the breastfeeding-friendly childcare initiative. Dr. Wouk's primary research interests include maternal mental health and breastfeeding, and she is specifically interested in postpartum healthcare utilization by Latinas to better understand their unmet healthcare needs in the Fourth Trimester. Dr. Wouk trained as an IBCLC through the MRT-TI program, and serves on the boards of the Global Health Foundation and the North Carolina Breastfeeding Coalition.

Katie Guthmiller, BA, BA, MPH Candidate

Katie Guthmiller is an MPH Candidate in the department of Community and Behavioral Health at the Colorado School of Public Health. She previously graduated from the University of Iowa with a BA in Health Promotion, BA in Global Health, and Spanish minor. Katie is currently working with the World Health Organization on a study involving breast milk expression, is a wellness coach in an internal medicine clinic, and serves as the co-chair of the Student Health Promotion Committee on the Anschutz Medical Campus. In the past, she worked for the American Heart Association as a research assistant and is an author on a publication comparing teaching methods of hands-only CPR, served as a medical assistant at a women's health clinic, completed a 3-month-long internship at the WHO where she worked on several breastfeeding projects including updating the Global Breastfeeding Scorecard, fulfilled a practicum at a county public health department, and volunteered as a wellness coach for patients with diabetes and pre-diabetes at a free medical clinic. Katie lives in Denver, Colorado and enjoys many outdoor activities including hiking and skiing.

Kelly Kogan, JD, MS

Kelly Kogan, JD, is currently a graduate student in the Department of Nutrition and Food Studies at George Mason University in Fairfax, Virginia. For more than 20 years, Ms. Kogan worked as a tax lawyer in Washington, D.C., having earned a J.D. from Columbia University in New York City and a B.A. in International Affairs from Transylvania University in Lexington, Kentucky. In 2014, she left the field of law to begin a new career in nutrition and public health. Ms. Kogan's research interests include the use of data to understand the relationships between dietary decision-making, dietary patterns, and health. She is a member of the American Society for Nutrition and the Society for Nutrition Education and Behavior.

Kimberly Mackenzie

Kimberly MacKenzie works in private practice and in clinic settings in Montreal, Canada. Inspired by her personal breastfeeding experience, she volunteered as a *La Leche League Canada* Leader for 15 years including several years in the Leader Accreditation Department. An IBCLC since 2008, she was on the Board of Directors of the Quebec Lactation Consultant Association from 2011-2015 (3 years as President) and is still an active member of the Recognition Committee. She is a Baby-Friendly assessor and a member of the Quebec Baby Friendly Initiative accreditation committee. A certified birth doula since 2005, she has volunteered as a doula and an IBCLC for families in difficult socio-economic circumstances through various community organizations. She has offered training to midwives, community health workers, nurses, and doulas. As a mixed-race person, issues of identity and diversity within the lactation profession and promotional messages are central to her. Recipient of the Concordia University Interdisciplinary Studies Medal, her passion is the intersection of culture, social structure, and breastfeeding.

Kinkini Banerjee, M.S. Nutrition

Kinkini Banerjee is the Coalition Relations Director of the U.S. Breastfeeding Committee (USBC). She leads USBC's capacity building support for the network of state, local, tribal, and territorial breastfeeding coalitions, to increase and enhance their participation in state and national level strategic collaborations in maternal and child health. She facilitates the design and planning of USBC's virtual learning collaborative with four capacity building webinar series, learning communities, and the Annual National Breastfeeding Coalitions Conference. A core component of her work is advancing USBC's equity mission forward. She leads USBC's strategy

development and program evaluation, provides analysis of Federal health reform and appropriations. Kinkini serves on advisory committees of a number of national initiatives, including Children's Healthy Weight Collaborative Improvement and Innovation Network, providing technical assistance to state teams to adopt Policy, Systems and Environmental approaches to eliminate inequities in breastfeeding outcomes. She serves on the Expert Advisory committee of the National Coalition of National Action Partnership to Promote Safe Sleep Improvement and Innovation Network (NAPPSS-IIN) and co-chairs one of the National Action Teams, and serves on the Strengthen the Evidence for MCH Programs initiative. Kinkini is the USBC liaison working with a national coalition to advocate for evidence-based, culturally congruent dietary recommendations for the pregnancy and birth through 24 months groups in the 2020 edition of the Dietary Guidelines for Americans. Kinkini brings her experience in global maternal and child health, systems thinking approach to program design and management, non-profit governance, infrastructure and strategy to her capacity building work with coalitions. Her interests are in multi-sector collaborative paradigms, processes and practices are rooted in racial and social justice, and relational management practices. She is passionately committed to co-creating cross-functional networks that support continuous emergence of leadership geared to strengthening community health and resilience. Kinkini has more than 20 years of experience working closely with social services agencies, public health organizations, policy advocates, and academic partners to build and sustain strong multi-objective initiatives impacting public health outcomes. After beginning her career in clinical practice, as a Hospital-based Dietitian specializing in pediatric nutrition, she transitioned to public health practice, working for a WIC program, and then to public health policy advocacy. Kinkini is the Vice-President of the Board of Trustees of her home county's health system (Alameda Health System), and chairs the Internal Audit and Compliance committee. She is actively involved in reimagining strategies to transform healthcare delivery, and in designing dynamic systems to improve population health. She is the Past-President of the board of Building Futures with Women and Children, a county agency providing Housing and Domestic Violence prevention and support services.

Krista Olson, IBCLC, MC-MCH, BA, CH

Krista is with the Newborn Enhanced Support Team, Family Support Hawai'i (FSH). FSH was founded in 1979 by members of the community who were concerned about the life-long consequences of child abuse and neglect. They began providing prevention and early intervention services through Kapi'olani Women's and Children's Center until 1985, when FSH incorporated and became an independent, community based, not for profit organization. The Newborn Enhanced Support Team (NEST) reaches out to West Hawai'i and Ka'u families when they welcome a new child. The NEST team visits new families who give birth at Kona Community Hospital and accepts referrals for families birthing at home or in other facilities. NEST offers families a range of support during their babies' first year of life.

Kristin Tully, PhD,

Kristin Tully brings an interdisciplinary perspective to health and health care. Her training is in Economics and Honors Anthropology at the University Of Notre Dame, in Biological Anthropology at Durham University, England, as well as postdoctoral fellowship at the Duke University School of Nursing through the Carolina Consortium on Human Development. She is currently a research associate at UNC Chapel Hill through the Carolina Global Breastfeeding Institute in the Department of Maternal and Child Health of the Gillings School of Global Public Health. Dr. Tully is also a research partner and collaborator with the Center for Maternal

and Infant Health at the UNC School of Medicine. Dr. Tully's program of research centers around maternity health care innovation, patient-provider communication, breastfeeding experiences, and parent-infant nighttime interactions. Broadly, she is interested in engaging new families, clinicians, and other key stakeholders to identify unmet needs and co-develop effective, sustainable, and scalable solutions.

Kristy Schmidt MN, RN, NEA-BC,

Kristy Schmidt MN, RN, NEA-BC, St. Luke's Health System Perinatal Program Manager Kristy has a diverse educational background, including attending the University of Minnesota for Music Studies. She holds both an Associate of Art and Associate of Science degree. Kristy graduated from the University of Alaska, Anchorage School of Nursing in 2006 with a Bachelor's of Science of Nursing Science (BS, NS). She earned her Master of Nursing (MN) from Boise State University in 2006 with an emphasis in population health. Kristy currently serves as a program director for St. Luke's Health System Women's Administration and focuses on evolving services for maternal mental health, substance use, lactation, and integrated medicine. One of her main projects currently is expanding access to care and treatment for women with substance use and chronic opioid use who are pregnant. She is passionate about developing lactation services and being a breastfeeding advocate for women who are in recovery, treatment, on prescription medications, or currently using drugs. Kristy serves as an advisor and is involved in local, state, and national nursing organizations including the Association of Women's Health, Obstetrical, and Neonatal Nursing and Idaho American Nurses Association.

Kyle Silva '20

My name is Kyle Silva and I am a Junior at Saint Anselm College pursuing a double major in English and Communication. I was born and raised on the North Shore of Boston. In addition to my academic pursuits on campus I serve as Junior Advisor for Alpha Lambda Delta and am a member of my campus' acapella group. I began working on this project after taking an entry level social statistics course with Prof. Sisco and becoming rather interested in statistics. Last summer I began examining these data sets and was immediately drawn in by the question of breastfeeding duration and postpartum depression. This experience is unlike anything that I have ever done before, and I am extremely excited to continue my work on this topic!

Laurence M. Grummer-Strawn, MPA, MA, PhD

Dr. Laurence Grummer-Strawn is the coordinator of infant and young child feeding at the World Health Organization. Until December 2014, he served as chief of the Nutrition Branch at the U.S. Centers for Disease Control and Prevention (CDC). Having earned his PhD from Princeton University, he worked at CDC for over 23 years, in the areas of Reproductive Health and Nutrition. He is an epidemiologist who has published over 150 scientific publications. He is recognized internationally for his work on vitamin and mineral deficiencies, breastfeeding policy, and development of both the CDC and the WHO Growth Charts. Dr. Grummer-Strawn was the scientific editor of the US Surgeon General's Call to Action on Breastfeeding. He created the CDC Guide to Breastfeeding Interventions, CDC's collection of breastfeeding data in the National Immunization Survey, the State Breastfeeding Report Card, the CDC survey of Maternity Practices in Infant Nutrition and Care (mPINC). At WHO, Dr. Grummer-Strawn leads the Baby Friendly Hospital Initiative, the Code of Marketing of Breast-milk Substitutes, and the Breastfeeding Advocacy Initiative.

Leah Margulies

Leah Margulies is a lawyer, Second Wave Feminist, and member of Veteran Feminists of America. (Bio in *Feminists Who Changed America, 1963 –1975*.) She is a founder of Corporate Accountability International (formerly Infact), and the International Nestle Boycott. She set up the legal office of the Baby Friendly Hospital Initiative, UNICEF and was legal staff at the Environment Unit of the UN Centre on Transnational Corporations. Currently, she represents low income Brooklynites, defending them against eviction. Publications include “The International Code of Marketing of Breast milk Substitutes: A Model for Assuring Children’s Nutrition Rights Under the Law,” in *The International Journal of Children’s Rights*, Kluwer Academic Publishers (1997); “A Critical Essay on the Role of Promotion in Bottle Feeding,” *United Nations Protein Advisory Group Bulletin*, (1977); “The Media: New Images of Women In Contemporary Society,” in *The American Woman: Who Will She Be?* Glencoe Press (1974); and Editor, *Climate Change and Transnational Corporations*, United Nations Centre on Transnational Corporations, 1992. She is also a musician and founding member of a pioneering women’s rock band that played at the first national women’s march for abortion rights, 1972, before *Roe v Wade* was decided.

Lillian Scott, M.S., CCC-SLP, IBCLC

Lillian Scott is a speech-language pathologist (SLP) and international board-certified lactation consultant (IBCLC) with 5 years’ experience with adults and pediatrics in the area of swallowing and dysphagia. While completing her master’s degree at Gallaudet University she discovered a passion for swallowing and dysphagia in the pediatric population. Curiosity regarding infant feeding practices in the NICU, bias towards breastfeeding, and wonderful mentors led her to pursue knowledge and skills in lactation. She enjoys working with families in the inpatient and outpatient setting, completing modified barium swallow studies (MBS), and Fiber optic Endoscopic Examinations of Swallowing (FEES). She views success as when families meet their infant feeding goals. Lillian strives to foster collaboration between the fields of SLP and IBCLCs through professional education, and interdisciplinary discussions. Lillian is on the board for Appalachian Breastfeeding Network. Lillian currently resides in Raleigh, North Carolina

Louise Duursma RN, Post Grad Dip Nursing, IBCLC, Counsellor, Australian Breastfeeding Association

Louise Duursma qualified as a registered nurse in 1986 and has worked in a variety of health settings and roles including Nurse Unit Manager and Clinical Nurse Specialist. For over 20 years she has been a volunteer Australian Breastfeeding Association (ABA) Counsellor and in 2013 she was awarded Honorary Membership of ABA. Louise supports mothers in the community through her roles as an ABA Counsellor and a lactation consultant (IBCLC) in her private practice Nurture Breastfeeding Support. She teaches lactation and workshops for health professionals and is a guest lecturer University of Technology Sydney. Louise is also a Baby Friendly Health Initiative assessor and educator.

Lourdes Santaballa, IBCLC, IYCFS

Lourdes Santaballa is a community activist and organizer, with a background in domestic violence, affordable housing, and economic equity advocacy. A LaLeche League leader from 2009-2017 and IBCLC since 2011, she was the founder of the lactation program at sePARE, providing coordinated services to low income families, leading it to receive the ILCA Care Award and received the Wilson-Clay Hoover Award for Research. Lourdes received the

notorious Drs. Ruth Lawrence and Audrey Naylor Legacy Scholarship in 2016 by the United States Breastfeeding Committee, the Miriam H. Labbok Award for Excellence at the Breastfeeding and Feminism conference in 2018 and is currently completing her master's degree in clinical nutrition. In October 2017, following Hurricanes Irma and Maria, Lourdes co-founded Alimentación Segura Infantil or ASI, an Infant and Young Child feeding program focused on increasing breastfeeding, leadership and training in marginalized communities in Puerto Rico.

Mara Rhodenizer, RN, BSN, C-EFM, IBCLC, Doctoral Student at UNC-Chapel Hill School of Nursing, Predoctoral Fellow of the Carolina Consortium on Human Development

Mara Rhodenizer is a doctoral student at The University of North Carolina at Chapel Hill School of Nursing and a Predoctoral Fellow of the Carolina Consortium on Human Development. She also currently works as a Birth and Parent Educator at Wake Med Health and Hospitals in and around the Raleigh area. Ms. Rhodenizer research interests include gaining a better understanding of how the experiences of Inductions of Labor (IOL) and Cesarean Sections (C/S) coupled with baby-centered postpartum care impact maternal physiological and psychological health and subsequent breastfeeding, infant development, and overall family functioning outcomes. As part of a mixed-methods approach, she will be using selected biomarker data to gain further insight into the physiological effects and lived experiences specific to postpartum fatigue, stress, and pain. Her research is primarily funded through an NIH T32 training grant through the Center for Developmental Science that she was awarded in 2018. She is also currently working as a research assistant for her academic advisor and mentor, Dr. Eric Hodges, coding observational data for his current interventional study examining dyadic communication related to infant and child feeding.

Ms. Rhodenizer worked as a maternal health care nurse for 13 years, primarily in labor and delivery, but also provided nursing care to mother-baby couplets, newborns in both well-newborn nurseries and level II nurseries, high-risk antepartum and postpartum women, and gynecology patients. She has taught community prenatal labor and birth, infant care, and breastfeeding classes since 2006. In 2013, she became an IBCLC and was certified in Fetal Heart rate Monitoring. Similar to her nursing career, she has worked as an IBCLC in both community and tertiary care hospital settings. Throughout her clinical career, she has precepted many nursing students, nurses new to maternal health, medical students, residents, and paramedics. Ms. Rhodenizer received her BSN from the University of Virginia in 2001, and is the mother of three boys, ages 13, 11, and 9.

Maret Wachira, IBCLC

Mary Wachira has worked for the Florida Department of Health for over 3 years. She is an Internationally Board-Certified Lactation Consultant (IBCLC), and is the lead consultant for the Florida Healthy Babies Initiative in Citrus County. Maret is the Advocacy Chair and regional board member of the Tampa Bay Breastfeeding Task Force, and previously served as the taskforce Outreach Chair. She developed and implemented the Citrus County Baby Box Program –helping hundreds of new moms provide a safe sleeping alternative for their newborn infants. She additionally serves as the Maternal Mental Health Advocate for the Citrus County Subcommittee on Behavioral Health and has been instrumental in county efforts to address neonatal abstinence issues through the regional Substance Exposed Task Force. She has worked as a Breastfeeding Peer Counselor in both Arizona and Florida and is an active member of several outreach groups –including the Florida West Coast Breastfeeding Task Force. She is a

board member at-large of “The Seventh Mom Project:” a grass-roots support group focused on perinatal mood disorders, peer-to-peer networking, and breastfeeding education. In her role at the Florida Department of Health in Citrus County, Maret has been instrumental in facilitating the adoption of “Baby Friendly” policies at both local hospitals -working to support mothers and babies to have healthier lives. Maret routinely provides practical advice to mothers and families on dealing with postpartum depression, prenatal care, health equity, and breastfeeding assistance. Maret is the proud mother of 2 boys, aged 10 and 3, and has lived in Florida for over 5 years.

Margaret I. Kyenkya

Margaret is a mother of four and grandmother of four, a retired LaLeche League Leader, a retired International Civil Servant, a breastfeeding counselor, a farmer and a consumers’ rights activist. In 1979, Margaret was one of the founders of the first breastfeeding promotion, protection and support group in Africa and went on to establish many more groups through the International Baby Food Action Network (IBFAN). She joined the United Nations Children’s Fund (UNICEF) in 1987 and helped to establish the global policies and programs to improve Infant and Young Child Nutrition, including the Baby Friendly Hospital Initiative (BFHI) and the 1990 Innocent Declaration on Protection, Promotion and Support of Breastfeeding, the UNICEF Nutrition Strategy, and the World Alliance for Breastfeeding Action (WABA). Margaret has also worked with various Organizations to manage USAID funded Health and Nutrition Projects in East and Southern Africa.

Martha J. Paynter, MSc RN

Martha Paynter is a registered nurse, activist, and scientist. She is a staff nurse at the IWK Health Centre Family Newborn Care Unit, the Chair of Women’s Wellness Within, and a 2ndyearPhD Student in Nursing at Dalhousie University. She holds a Master of Development Economics (2004, Dalhousie) and Master of Science in Health Research Methodology (2007, McMaster). Before joining nursing, she worked for almost a decade in health services and policy management for the Departments of Health in Nova Scotia and New Brunswick. Her doctoral dissertation examines the health outcomes of women in Canada who have experienced criminalization and incarceration during pregnancy, birth and postpartum periods. Ms. Paynter is funded by the Canadian institutes of Health Research, the Killam Trust, Nova Scotia Health Research Foundation, the Canadian Nursing Foundation, the IWK Health Centre, Dalhousie University and other scholarships. In 2012, she founded and continues to chair Women’s Wellness Within (WWW), a non-profit organization that provides volunteer support to criminalized women who are pregnant or parenting young children in Nova Scotia. WWW’s mandate includes support for individuals, political advocacy for the health human rights of prisoners, and education about the intersections between health and criminalization. For dedication to activist nursing, knowledge translation and community volunteerism, she has received numerous honours, including the 2018 Governors’ Award from Dalhousie University, the 2018 Health Advocate Award from the College of Registered Nurses of Nova Scotia, the 2018 CAPWHN (Canadian Association of Perinatal and Women’s Health Nurses) Rising Star Award, the 2018 3M National Student Fellowship, the 2018 Society for Women Academic Administrators of Canada Graduate Award of Merit, and the 2017 Senate of Canada Sesquicentennial Medal for volunteer service to the country. Believing advocacy is foundational to nursing practice, Ms. Paynter works at the intersection of justice and reproductive health to provide care, educate, research, and advance evidence-based change.

Martha Romney RN MS JD MPH

Martha Romney is an Associate Professor at Jefferson College of Population Health in Philadelphia. Her research interests include reducing health disparities in community and healthcare systems through innovative interventions to inform practice and policy; worksite wellness, cancer, obesity, cultural competency and health literacy, medical-legal partnerships and bioethics

Marianna LaNoue PhD

Dr. LaNoue is an Associate Professor and Program Director of the PhD in Population Health Sciences program at Jefferson College of Population Health. She is a quantitative psychologist with primary training in statistical methods for longitudinal analysis and measurement science. Her current research focuses on the testing of methods for engaging patients and stakeholders in the research process.

Marie Dietrich Leurer RN PhD

Dr. Dietrich Leurer is an Assistant Professor, College of Nursing, University of Saskatchewan. Prior to completing her doctoral studies in community health and epidemiology, she provided lactation support in her role as a rural public health nurse. Her research is focused on public health nursing practice and education, maternal/child health, lactation support, and vulnerable populations. Her research explores the perspectives of program recipients to facilitate a bottom-up approach that informs programs and policies at multiple levels. Marie is currently on the Community Health Nurses of Canada Standards and Competency Standing Committee and the Canadian Association of Schools of Nursing's (CASN) Climate Driven Infectious Disease Committee. She participated in the development of both the CASN's Entry-to-Practice Public Health Nursing Competencies for Undergraduate Nursing Education and Guidelines for Quality Community Health Nursing Clinical Placements for baccalaureate nursing students.

Marina Pearsall, MPH

Marina Pearsall is a graduate student in the Department of Nutrition at UNC-Chapel Hill with interests in lactation, maternal and infant nutrition, and prenatal and postpartum nutrition and health. She has worked with the Carolina Global Breastfeeding Institute to study mothers' perceptions of support in the birth facility and their relationship with meeting breastfeeding goals. She is also a La Leche League Leader in Chapel Hill, NC.

Mary Muse, MPH, CHES, IBCLC,

Mary Muse serves as the Project Director for the following research project at the University of Missouri-St. Louis: "Successful African American Breastfeeding Mothers: An Intergenerational Exploratory Investigation." She is an international board-certified lactation consultant (IBCLC) and a member of International Lactation Consultant Association, the United States Lactation Consultant Association, Lactation Consultants of Metro St. Louis, and the St. Louis Breastfeeding Coalition. Mary has been helping mothers to breastfeed since 2005, first volunteering as a La Leche League Leader before becoming an IBCLC. She enjoys supporting mothers on their breastfeeding journeys and is particularly interested in intergenerational breastfeeding. She served as proprietor of Every Woman's Breastfeeding Consultant from 2013-2015 in Stone Mountain, GA before moving to St. Louis, Missouri in 2015. Presently, she serves on the steering committee of the newly formed Black Breastfeeding Caucus of the Black Mothers' Breastfeeding Association. She also volunteers her time and serves as a lactation

consultant with an African American community-based breastfeeding support group, I AM Breastfeeding, in Ferguson, Missouri. She received her Master's in Public Health degree from Emory University Rollins School of Public and has worked with the Association of Black Cardiologists and the Health Education Unit at Grady Hospital in Atlanta, Georgia. Her earlier research investigated the role of African American pastors in educating their parishioners about healthy lifestyles. In addition to this work, she is a public health educator, advocate for African American mothers and families, and community organizer and activist. Ms. Muse has been instrumental in organizing communities in DeKalb County and has provided initial insight on how to reach community residents, educators, religious leaders, parents, and adolescents in DeKalb County.

Mary Peterson BA, Public Relations/Advertising Certificate IV Breastfeeding Education, Counselling Diploma, Childbirth Education

Mary Peterson is a champion for social justice and is determined to drive equity through strategic advocacy. A graduate of The Pennsylvania State University in the United States, Mary's varied career background has touched corporate, governmental, and educational policy, giving her a unique perspective on the strategic planning, organizational growth and governance. Her passion and commitment to supporting women to achieve their full human rights is only overshadowed by her dedication to bringing others along on the journey. Mary lives in Darwin, Australia with her partner and son.

Megan Aston PhD

Dr. Megan Aston is a Professor and Associate Director of Research and International Affairs at the School of Nursing Dalhousie University and has a scientific affiliate position at the IWK Health Centre and Nova Scotia Health Authority. Her program of research focuses on maternal, child and newborn health in the community and hospital both locally and globally. She also conducts research with children with intellectual disabilities, their families and health care professionals who care for them. She uses feminist poststructuralism informed by discourse analysis to examine how nurses and clients negotiate beliefs, values and practices that have been socially and institutionally constructed through relations of power.

Melissa Ward MSN, BSN, RN,

Melissa Ward MSN, BSN, RN, St. Luke's Health System Unique Families Program Manager
Melissa Ward is the System Manager of the Unique Family Program at St Luke's Health System in Boise Idaho and is a frequent speaker at health care conferences, government agencies and in the community. For the past 20 years Melissa has specialized in Maternal Child Healthcare and has held numerous leadership and staff positions in the specialty. Melissa completed her undergraduate nursing degree at Boise State University and holds a master's degree in Nursing Leadership from Benedictine University. Melissa is an innovative leader with an extensive background in program development including the implementation of a NICU, a NICU follow up developmental clinic and currently leads the St Luke's Health System unique family program for which she won the 2016 Idaho Distinguished Nurse of the Year and the 2017 Idaho Diaper Bank Community Leader of the year.

Naomi Hull RN, IBCLC, MPH, Cert IV Breastfeeding Education

Naomi Hull is an RN and IBCLC, she has MPH (Nutrition), and a Cert IV Breastfeeding Education. She is currently the Coordinator of the World Breastfeeding Trends Initiative Australian team and has been a volunteer breastfeeding Counsellor since 2006. She runs a small

Private Practice lactation clinic in Brisbane in her spare time. In 2016 her MPH dissertation looked at the implementation of the Australian National Breastfeeding Strategy (2010-2015). Naomi feels strongly about finding a way to ensure the protection and fulfilment of the rights of women and children to access information and support of their health and nutrition. Dr. Smith (PhD BEc Hons BA) is an Australian Research Council (ARC) Future Fellow at the Australian National University (ANU), College of Health and Medicine. She has worked on economic aspects of breastfeeding for over two decades. Her unique contribution has been in using a feminist economic perspective to highlight the fiscal and economic value of women's breastfeeding work and to strengthen global, national and local advocacy on breastfeeding protection, promotion and support. Her experience includes as expert adviser to the US Surgeon-General Call-to-Action on Breastfeeding, a WHO Western Pacific Consultation on Breastfeeding, and as an NGO delegate to World Health Assembly meetings. She has published around 40 articles in health, medical and economics journals and authored several books and book chapters. Dr. Smith also has over a decade of experience in government including as a senior economist in the Australian and New Zealand Treasuries, and the Department of Environment.

Nicole Bridges B Comm (Hons) MPRIA

Nicole Bridges is a full-time lecturer in public relations who has recently completed her PhD at Western Sydney University, researching online social networking and breastfeeding support. She has over 25 years experience in the retail marketing and public relations field. Nicole holds a Bachelor of Communication (Honours), a Certificate IV in Breastfeeding Education (Counselling and Community), plus a Certificate IV in Training and Education. She has also been a volunteer peer breastfeeding counsellor and community educator for the Australian Breastfeeding Association since 2000. Nicole was also the winner of the Mary Paton Research Award 2015.

Nicole Murray MPH

Nicole Murray is a medical student at Wayne State University School of Medicine. She received her Master of Public Health from Thomas Jefferson University where she conducted qualitative research on perceptions of workplace lactation support among employees and workplace lactation experts.

Niharika Vedherey MPH

Niharika Vedherey is a research associate at Rutgers School of Public Health. She received her Master of Public Health from Thomas Jefferson University where she conducted qualitative research on perceptions of workplace lactation support among employees and workplace lactation experts.

Nancy Feely RN, PhD

Dr. Nancy Feely is Associate Professor in the Ingram School of Nursing, McGill University, and has a cross appointment as a Senior Researcher at both the Centre for Nursing Research and Lady Davis Research Institute of the Jewish General Hospital in Montréal, Canada. She holds a Senior Research Scholar Salary Award from the Fonds de la recherche en santé Québec (FRQS) (Quebec Fund for Research in Health). Since 2010 she is also Co-Director of the provincially funded Réseau de recherche en interventions en sciences infirmières du Québec

(RRISIQ) (Quebec Network on Nursing Intervention Research). She leads a program of research aimed at understanding the psychological adjustment and parenting of parents of newborns requiring extended hospitalization in neonatal intensive care. Dr. Feeley is one of only a few researchers studying fathers in this context. She also has expertise in approaches to intervention development and evaluation, including randomized controlled trials, with a particular interest in the objectives of pilot studies proceeding clinical trials.

Nor Kamariah Mohamad Alwi, IBCLC

Nor Kamariah Mohamad Alwi is a mother of three daughters and currently practices as a lactation consultant in private practice. She obtained her bachelor's degree in Electrical and Electronics Engineering from Univerisiti Sains Malaysia in 1998 and master degree in Information and Multimedia Technology from University Tun Abdul Razak, Malaysia in 2003. She became passionate about breastfeeding since her first born and started up an online mother to mother support named SusuIbu.com in 2004. She received training in lactation management and counselling skill from Baby Friendly Initiative trainings in the local hospital. She is a certified lactation consultant since 2008. Kamariah is currently serving as ILCA board of director since 2017 and WABA local governance task force co-coordinator since 2016. She was co-founder and past president of Malaysian Breastfeeding Peer Counsellor Association, MBFPCA and is a core trainer for peer counselling program. She is a certified translator from English to Bahasa Melayu. She has translated many breastfeeding materials and led translation team for breastfeeding videos series in Malay by Global Health Media Project. Currently, she is pursuing Master of Science by research in Universiti Sains Malaysia in the field of Women's Health. She continues her passion working in community as breastfeeding activist and advocates.

Norma O. Escobar, IBCLC-

Originally from Mexico City, Norma Escobar originally trained as an English as a Second Language Instructor followed by Pastoral Ministry training. After moving to the United States and having children, she found her passion in helping breastfeeding mothers. Norma has been working with breastfeeding women since 1994 as a Leader with La Leche League, where she served in a multitude of roles. She became an International board-certified Lactation Consultant in 2002. She currently serves as the Breastfeeding Coordinator and Breastfeeding Peer Counselor Manager for the New Hanover County WIC program in North Carolina as well as the NC Perinatal Care Region V WIC Breastfeeding Coordinator. She joined the International Board of Lactation Consultant Examiners (IBLCE) in 2014 and serves on several committees. She still volunteers with La Leche League in her home town of Wilmington NC, holding monthly support group meetings. During the 2018 hurricane season, she worked 67 hours in two citizen shelters in Wilmington NC, getting first-hand experience and insight into emergency response and infant feeding in this coastal NC community.

Paige Smith PhD, MSPH

Paige is the founder and director of the Breastfeeding and Feminism International Conference. She is Director of the Center for Women's Health and Wellness (CWHW), School of Health and Human Sciences, and professor of Public Health Education, at the University of North Carolina at Greensboro. She also holds adjunct appointments in the Gillings Global School of Public Health at UNC Chapel Hill (in both Maternal and Child Health and Health Behavior). From 2004-2006 she was the Linda Arnold Carlisle Professor of Women's and Gender Studies, which was the impetus for Breastfeeding and Feminism Symposium. Her research focuses on the relationships between breastfeeding, gender and women's status. As CWHW director she

oversees and collaborates on initiatives that provide interdisciplinary, community-informed solutions to specific social issues that build on the strengths and expertise of our university, faculty, and our partners in the community, while also providing opportunities for students to develop knowledge, expertise and professional skills. CWHW currently has initiatives in four areas: breastfeeding and feminism; gender-based violence; girls and women in sport and physical activity; and LGBTQ+ health and wellness.

Panagiota Kitsantas, PhD

Panagiota (Yiota) Kitsantas is a Professor of Epidemiology and Biostatistics in the Department of Health Administration and Policy at George Mason University in Fairfax, VA. She earned her PhD in Statistics from Florida State University, and a MS degree in Health Sciences from James Madison University. Her research interests pertain to maternal and child health ranging from infant feeding practices to substance abuse during pregnancy, and maternal mortality.

Regina Maria Roig-Romero, MPH, IBCLC

Regina Maria Roig-Romero is a doctoral student and graduate research assistant in the College of Public Health at the University of South Florida. Her research interests include perceived milk insufficiency, effective WIC breastfeeding support, and the breastfeeding needs and experiences of Hispanic/Latinx women in the U.S. Regina has been an International board certified Lactation Consultant (IBCLC) for 22 years. She recently completed six years of service on the Board of Directors of the International Board of Lactation Consultant Examiners (IBLCE), including a term as Chair of the Board. Prior to beginning her doctoral studies, Regina worked for 20 years as a lactation consultant for the WIC program in Miami, Florida.

Rosina Cianelli, PhD, MPH, RN, IBCLC, FAAN

Rosina Cianelli, is a tenured Associate Professor at the University of Miami School of Nursing and Health Studies (UM SONHS) and Adjunct Faculty at the Pontificia Universidad Catolica de Chile Escuela de Enfermeria. Dr. Cianelli is a fellow of the American Academy of Nursing and the Robert Wood Johnson Foundation Executive Nurse Fellow 2014-2017. She is an Ambassador of the FNINR. She is a recognized research expert in women's health among vulnerable populations in the U.S., Chile, and Haiti. She was part of a team that developed an innovative online evidence-based breastfeeding training program based on the UNICEF/WHO breastfeeding curriculum to promote maternal and child health and decrease child nutrition health disparities, with a focus on minority mothers and children. Dr. Cianelli has led studies to decrease maternal/newborn mortality in Haiti funded by the W. K. Kellogg Foundation and Pan American Health and Education Foundation. She also participated in the development of the training of human resources for health to improve the quality of maternal health care in Latin America and the Caribbean that is part of the online platform of the WHO/PAH.

Samantha Soprano MPH

Samantha Soprano is a research coordinator at the University of Pennsylvania in the Department of Biostatistics, Epidemiology, and Informatics. She received her Master of Public Health from Thomas Jefferson University where she conducted qualitative research on perceptions of workplace lactation support among employees and workplace lactation experts.

Samantha Meltzer-Brody, MD, MPH

Dr. Samantha Meltzer-Brody, MD, MPH is a clinician and researcher at the University of North Carolina at Chapel Hill where she is an Associate Professor and Associate Chair of Faculty.

Development in the Department of Psychiatry. She is the Director of the UNC Perinatal Psychiatry Program of the UNC Center for Women's Mood Disorders, a comprehensive clinical and research program that includes the first Perinatal Inpatient Psychiatry Unit in the U.S. Dr. Meltzer-Brody is the recipient of multiple NIH-funded grants that investigate epidemiologic and genetic predictors of postpartum mood disorders. She is the founder and one of the lead investigators on the Postpartum Depression: Action Towards Causes and Treatment (PACT) Consortium that developed and launched the PPD ACT app—a global initiative aimed at understanding why some women suffer from PPD and postpartum psychosis (PPP) and others do not -critical knowledge that will improve 5detection, prevention and treatment of these conditions. She also conducts clinical trials including novel pharmacologic treatments for PPD.

Sarah Walz

Sarah works on advocacy campaigns and communications, plans advocacy events, and assists with legislative strategy at the U.S. Breastfeeding Committee. She also manages the USBC's website and collaborative platform and builds communication campaigns for the USBC focused on simple messages and story-telling. Sarah grew up outside of Chicago and currently lives on the North Side. Outside of the USBC, she writes for several publications with a focus on women's health, gender identity, and inter-generational storytelling, and she volunteers for Chicago Books for Women in Prison.

Savannah Taylor, BA, CD (DONA)

Savannah Taylor has a degree in political science from Southwestern University, where she studied radical feminist philosophy and the role of feminism in deconstructing capitalist norms. Savannah works in the world of birth as a Certified Birth Doula with DONA International, owner of Venus Birth Work, LLC, and believes that birth is one of the few pure revolutionary forces in society. She is also a radical breastfeeding advocate, member of Central Texas Breastfeeding Coalition, and Texas Breastfeeding Coalition. Savannah is also a mother to one-year old Josephine, and lives in Austin, Texas, with her husband, daughter, and loyal Australian Shepherd Wilbur.

Sina Gallo, RD, PhD

Sina Gallo, PhD, MSc, RD is an Assistant Professor in the Department of Nutrition and Food Studies at George Mason University in Fairfax, VA. She earned her PhD in Human Nutrition and B.S. in Dietetics from McGill University in Montréal, Québec, and is a clinician-scientist with a strong research background in child health. She works primarily with ethnic minority populations and in the development of culturally adapted behavioral health interventions. Research interests include adherence and adequacy of infant and maternal vitamin D recommendations. She is an active member of the Academy of Nutrition and Dietetics, serves on the Malnutrition in Pregnancy Evidence Analysis Library, and is a member of the Virginia WIC Medical Advisory Committee.

Shela Hirani, PhD (C), IBCLC, RN, MScN, BScN

Shela Hirani is an experienced neonatal and child health nursing professional, researcher, educator, volunteer and an Internationally Certified Lactation Consultant (IBCLC). Her program of research is surrounding breastfeeding advocacy in diverse care settings, and health promotion of vulnerable group of mothers and young children affected by natural disaster. She has published several papers in the refereed journals pertinent to the theme of maternal and child

health in Pakistani context. She is the recipient of several international, national, and university-based awards and distinctions based on her outstanding performance in the academia.

Shannon Cohen

Shannon is co-founder of Sisters Who Lead and recently named among the 2018 50 most influential women in West Michigan by the Grand Rapids Business Journal. Her work has taken her to the White House Office of National Drug Control Policy as well as systems and organizations across the Midwest. She is a decorated difference-maker with a passion for seeing leaders thrive in every aspect of their lives. Shannon's approach originates from a well-rounded blend of education, research and experimentation. Her approach is rooted in something different than intuition. It's rooted in intelligence—and applying proven methods in a relatable, human centered manner.

Shonte' Terhune, BS, IBCLC

Shonte' Terhune is a breastfeeding advocate, with a background in health education and nutrition. In 2014, she became a certified lactation counselor and continued her outreach work targeted towards African-American women with free support groups. She was the lactation-intern at Hurley Hospital from 2017-2018. In October 2017, she sat for the International Board-Certified Lactation Consultant Exam, and in December she became a board certified lactation consultant. She started her own private practice in Genesee County, while working with community partners that serve women that are at risk for low breastfeeding initiation and duration rates. She has worked with organizations during the Flint water crisis to educate and support pregnant and breastfeeding women about the risk of lead exposure to their families. She has been recognized by the Michigan Breastfeeding Network for her work in Genesee County.

Sonia Semenic, PhD, IBCLC

Dr. Sonia Semenic is an Associate Professor at the Ingram School of Nursing, McGill University (Montreal, Canada) and a Nurse Scientist at the McGill University Health Center. She is also co-leader for the Knowledge Translation platform for the Quebec Nursing Intervention Research Network. Dr. Semenic has a background as an IBCLC and clinical nurse specialist in maternal child health, holds a PhD in Nursing, and completed postdoctoral training in community health nursing. Dr. Semenic's research program focuses on enhancing knowledge translation in perinatal health by exploring contextual influences on the implementation and sustainability of evidence-based practices, with a special focus on the implementation of practices and programs to protect, promote and support breastfeeding.

Stephanie George, IBCLC, Aboriginal Midwife

Stephanie is Oneida Nation, a wife, mom/stepmom, an IBCLC and Aboriginal Midwife from Jarvis, Ontario, Canada. She is passionate about honoring and empowering all women through her healthcare practice. She also pushes this platform through her roles on the Canadian National Aboriginal Council of Midwives, the Baby-Friendly Initiative Strategy of Ontario, and the Expert Panel of the Registered Nurses Association of Ontario. She hopes to continue this important work as a Board Member at ILCA, specifically through increasing access to education for lactation consultants around the world.

Stephanie Marhefka, PhD, CLC,

Stephanie Marhefka is an Associate Professor at the University Of South Florida College Of Public Health. After graduating with her degree in Clinical and Health Psychology in 2002, she completed a fellowship in Pediatric Psychology at University of Maryland Medical School before working as a Research Scientist at New York University School of Medicine, Department of Pediatrics. In 2004, she began a 3-year National Institute of Mental Health T32 postdoctoral fellowship at Columbia University and the New York State Psychiatric Institute. Since joining the

3faculty at the University of South Florida, in 2007, she has been continuously engaged in social and behavioral research as well as implementation and dissemination science (IIDIRH trained, 2015). In 2014 she began conducting breastfeeding research—primarily investigating the implementation of breastfeeding friendly childcare programs.

Tamentanefer L Camara, IBCLC, MS-HCA

Tamentanefer Camara is a lactation consultant and health care administrator with over 10 years' experience in serving families and communities in Alameda county of California. With a degree in Psychology and health education, Tanefer has used her knowledge and skills to tie in psychosocial aspects of health to educate and promote breastfeeding. She has extensive knowledge and experience in workforce training and development in Lactation. She began her career in lactation through the peer counselor program and has continued to serve as a mentor and trainer for other minorities interested in the lactation field. Tanefer has served as a consultant and advisor on several public health initiatives related to breastfeeding as well as developed, planned and implemented lactation interventions in the both hospital and clinical setting. As a leader in the Breastfeeding Cultural Outreach Taskforce she was a part of a team that developed and implemented the Oakland Breastfeeding Promotion Project at a Federally Qualified Health clinic in West Oakland California. She has served on the Alameda County Breastfeeding Coalition and Co-founded the African American Breastfeeding Cultural outreach task force. In January of 2016 she was awarded the Rising Star award by the California Breastfeeding Coalition in recognition for her outstanding community leadership. When she is not serving the community, she enjoys spending time with her Husband and 3 children, dancing, singing and traveling the world.

Tauna S. Sisco, PhD

Dr. Tauna S. Sisco is an Associate Professor and Chair of the Department of Sociology and Social Work at Saint Anselm College. Dr. Sisco's research interests include gender and politics, media studies of social problems, and rhetoric of ambivalence and its impact on congressional support and public policy concerning the homeless women. Her research on women, politics, and public policy has appeared in *Feminist Media Studies*, *The Journal of Women, Politics, and Policy*, several chapters in edited volumes, four edited volumes on US elections, titled *Conventional Wisdom, Parties and Broken Barriers in the 2016 Election* (Lexington Books), *The Role of Twitter in the 2016 US Election* (Palgrave), *Political Communication & Strategy: Consequences of the 2014 Midterms and Race Reforms & Policy: Implications of the 2014 Midterm Elections* (University of Akron Press). In post-election years and in collaboration with the New Hampshire Institute of Politics, she organizes *The American Election: Context and Consequences* Conference that draws scholars from across the nation to dissect the recent election results and impact. Her work also included the *Homeless Access Survey 2010*, a five-year research study and publications with the New Hampshire Department of Health and Human Services, Bureau of Housing and Homelessness, which assessed the needs and access of

New Hampshire adult homeless populations. At Saint Anselm College, Dr. Sisco teaches courses in Political Sociology, Social Problems, Social Theory, Statistics, and Sociology of Family Law.

Taylor Livingston, PhD, IBCLC

Taylor Livingston is a Postdoctoral Scholar at the Center of Excellence in Maternal and Child Health Education, Science and Practice at the University of South Florida in the College of Public Health. She graduated from the University of North Carolina at Chapel Hill with a PhD in Anthropology in 2017, and completed the Mary Rose Tully Training Initiative to become an International Board Certified Lactation Consultant in 2011. Her research interests include: breastfeeding and lactation, Critical Medical Anthropology, Applied Anthropology and Public Health, health disparities, perinatal health outcomes, anthropology of the US South, and the intersections of race, class, and gender.

Tengku Alina Tengku Ismail MD, MCommMed (Family Health), PhD

Dr. Tengku Alina Tengku Ismail is a Public Health Medical Specialist and a senior medical lecturer in the Department of Community Medicine, School of Medical Sciences, Universiti Sains Malaysia Health Campus. She graduated with a Medical Doctor Degree from Universiti Sains Malaysia in 1999, obtained Master in Community Medicine (Family Health) (2007), and Doctor of Philosophy (2014). She is currently teaching and conducting research in the field of Women and Maternal Health, Breastfeeding, and Wellness & Obesity. She counselled and managed clients of the lactation clinic at Hospital Universiti Sains Malaysia, and is the committee of the Baby-friendly Hospital Initiative. She had published more than 50 articles in international and local journals, and presented her research works in various conferences. She is the expert reference for research in her field of specialization, and have more than 10 copyrighted research tools. In addition, she and her team had produced more than 10 books on breastfeeding and women's health. She had received various awards on paper presentations and research products including the Multimedia Breastfeeding Education Kit. She is the reviewers for local and international journals, and a member of Editorial Board, Korean Journal of Family Medicine.

To-wen Tseng, freelance journalist

To-wen writes about parenting, education, family lifestyle, and maternal/infant health for a variety of publications. Prior to freelancing, To-wen was a talk show host at KSCI-TV and then a correspondent at World Journal. She got a rude awakening when returned to her previous newsroom after giving birth to her first child in 2013, since then she's been dedicating her career to advocating for family-friendly policy and gender equity in the workplace, blogging about breastfeeding as a human right, and speaking out about breastfeeding barriers.

Victoria Scott, PhD, MBA

Victoria Scott, Ph.D., MBA, is an enthused mother of two happy-go-lucky girls (Vienna and Sierra). As a community psychologist, she has devoted her professional career to working with health and human service organizations to improve population health through consultation, education, research, and evaluation. Dr. Scott holds an academic appointment at the University of North Carolina Charlotte where she is an Assistant Professor of Psychological Science. With a focus on implementation and improvement science, her research uses interdisciplinary approaches to build the capacity of healthcare systems and community organizations. She is particularly interested in promoting breastfeeding through hospital and workplace interventions, and working with health service organizations to reduce maternal and child health disparities. In

2015, Dr. Scott received the Society for Community Research and Action Early Career Award in honor of contributions to the field of community psychology. She also received the Don Klein Publication Award to Advance Community Psychology Practice for her co-edited book: *Community Psychology: Foundations for Practice*, which aims to further the competencies of professionals who work in community settings.

Virginia Deobald RN, Master's Student

Virginia works part time as a clinical associate with the College of Nursing at the University of Saskatchewan, part time as a Registered Nurse in rural Saskatchewan, and is a full time Master of Nursing student working on her thesis. This was her first time being part of a research team and hopes to be part of many more in the future.

Wendy Fung, MS, RDN, CLE,

Wendy Fung supervising nutritionist at PHFE WIC Wendy received her Master's degree in Family Consumer Sciences from CSU Northridge in 2011, and joined PHFE WIC in 2016. In addition to supervising a WIC site, she is a social media representative for Chinese community at PHFE WIC. Her current social media projects include interactively text messaging and posting with clients using WeChat, and promoting WIC services on various Chinese radio stations and TV channel, and in the Chinese-Language newspaper. Wendy is a member of the Asian Breastfeeding Task Force.

Wendy McGrail, MPH, RDN Senior Nutritionist at PHFE WIC

Wendy serves as the WIC Regional Breastfeeding Liaison for five WIC local agencies in Los Angeles County. As RBL, her duties include collaborating with other organizations and agencies to support and promote breastfeeding within hospitals, medical clinics, with employers and with community-based organizations. She also connects hospitals, medical clinics, employers and community-based organizations with WIC breastfeeding services. She is a lead team member of the Regional Hospital Breastfeeding Consortium and a founding member of the Asian Breastfeeding Task Force. As WIC Senior Nutritionist at PHFE WIC, she oversees and manages the therapeutic formula support at her agency.

Yhenneko J. Taylor, PhD

Yhenneko J. Taylor is a health services researcher whose work focuses on access to care and outcomes of pregnancy, health outcomes in early childhood, social determinants of health and improving health care for people in vulnerable groups. She is a recipient of the Academy Health Minority Scholar Award and the Academy Health New Investigator Small Grant Program Award in collaboration with the March of Dimes. Currently, Dr. Taylor directs the health services research program at the Center for Outcomes Research and Evaluation at Atrium Health, where she and her interdisciplinary team work with clinicians, researchers and other stakeholders to design and implement studies to improve care delivery and patient outcomes. She also holds an appointment as a Research Assistant Professor in the Department of Public Health Sciences at the University of North Carolina at Charlotte where she serves on the Public Health Programs Advisory Board.

Zaharah Sulaiman, MD, IBCLC, PhD

Dr. Zaharah Sulaiman is a medical doctor who is currently a senior lecturer at the Women's Health Development Unit, School of Medical Sciences, Universiti Sains Malaysia. She obtained her medical degree from the University of Adelaide in 1997 and her PhD from La Trobe University, Melbourne in 2014. She is also a certified lactation consultant since 2007. Zaharah is a WABA local governance task force co-coordinator since 2014. She is a passionate women activist and breastfeeding advocates. She does teaching, researching, counselling and consulting work besides she also speaks to the community on women related issues and breastfeeding training and education. Zaharah is a mother of two, she writes in media, an author to a number of international journal publications and breastfeeding books.

Zara M. Jillani

Zara M. Jillani is a master's student studying sociology at the University of North Carolina at Charlotte. She and her co-authors recently completed a study regarding breastfeeding portrayals in U.S. media.