

Concurrent Discussion Session I

Maternal Emotional Health:

- a. Kathryn Wouk: The relationship between positive emotions during infant feeding, maternal mental health and breastfeeding outcomes
- b. Tauna Sisco: Breastfeeding patterns and maternal mood

Questions for discussion:

1. Do the results of the studies confirm or challenge what you know from your experience?
2. Do you have examples from your practice/experience which reflect these results?
3. What suggestions would you have for application (practice, policy and research)?
4. What suggestions would you have for future research?